

# Curriculum Vitae

Male

D.O.B. 03 December 1996

Number of years working in industry:

2 years 0 months



**Candidate ID Number:** 183796

**Nationality:** Italian

**Language Skills:**

Fluent: Italian

Good: English

Basic: Spanish

**Permitted to work in:** European Union

**Position Sought:** Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Fitness Professional

## Personal Statement

I am 28 years old and I come from Italy. I am a holistic massage therapist with a solid academic background: I have a bachelor's degree in Motor Sciences (L-22) and a master's degree in Preventive and Adaptive Movement Sciences (LM-47). I have a good knowledge of the English language and I am a serious, committed and punctual person. I am very motivated to work at your facility and willing to further improve my language skills to better integrate into the work environment. I would like to join your team, with the possibility of room and board.

## Employment History:

**February 2024 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Santa Trada di Cannitello, 89010 Villa San Giovanni, Italy, (5 Star Hotel Spa)

### Duties included:

- Holistic Massage Therapist. I perform rituals in the cabin, relaxation and other types of massage.
- Customer management.
- Management of the herbal tea area. (I have a lot of experience in catering).
- Linen management.
- Fitness instructor (2 degrees).

## Education and Qualifications:

**2017 ADAP Professional Institute - Via Mattia Preti 3, Reggio Calabria (Italy)**

CIDESCO

Anatomy, physiology, dietetics, hygiene and first aid.

Lymphatic drainage, anti-cellulite, connective tissue, toning massage.

Relaxing massage, shiatsu, Thai, hot stone.

Foot reflexology.

**2024 Università telematica Pegaso.**

Laurea magistrale in Management dell'attività motoria e sportiva Università Telematica Pegaso

Voto: 104/110

**2015 Liceo scientifico.**

Diploma Liceo Scientifico

Liceo Scientifico Leonardo da Vinci

Voto: 84/100

## **Vocational Qualifications**

WEBSITE PROGRAMMER Diploma - 600 H Calabria Region Course, New Ideas School (RC) IT

## **Hobbies and Interests**

Fitness. Mountain.

CV created at [www.spastaff.com](http://www.spastaff.com)

