

Curriculum Vitae

Female

D.O.B. 17 September 1993

Number of years working in industry:

4 years 0 months



Candidate ID Number: 182333

Nationality: Ugandan

Language Skills:

Fluent: English

Permitted to work in: UAE - United Arab Emirates, Uganda

Position Sought: Fitness Professional, Receptionist

Personal Statement

As a passionate and dedicated personal trainer , i'm comitted to fitness and always push myself to improvement, i dont back down from difficulties ,whether in training,work,or life i keep pushing through exhaustion and keep going.

my goals are i want to keep improving my strength,endurance as well as i seek relationships that are based on depth, authenticity and mutual respect.

whatever i do,i want to align with my values and bring long term satifcation.

Seeking work in international locations and cruise ships

Employment History:

February 2022 - Present - Fitness Professional at (most recent employer hidden for confidentiality) dubai, UAE - United Arab Emirates, (Product Company)

Duties included:

- creating fitness plans based on the clients fitness goals
- coducting assessments to evalute clients fitness level through tests and consultations
- motivating clients by encouraging and inspiring clients t stay committed to their fitness journey.
- staying educated with the latest fitness trends .

Products worked with:

personal training, group exercise, weight management

Education and Qualifications:

2024 GLOBAL HEALTH & FITNESS

DIPLOMA LEVEL 3 PERSONAL TRAINER

PERSONAL TRAINER

2019 MAKERERE UNIVERSITY

3.63 BACHELOR OF PROCUREMENT & SUPPLY CHAIN MANAGEMENT

Product Training:

**March
2025**

GLOBAL HEALTH & FITNESS LIMITED PHYSICAL IQ
LEVEL 3 PERSONAL TRAINER

Vocational Qualifications

FIRST AID/AED

Hobbies and Interests

READING, HIKING, DANCE, SIGHTSEEING, TRAVEL, SPORTS

CV created at www.spastaff.com

