

Curriculum Vitae

Female

D.O.B. 17 September 1993

Number of years working in industry:

4 years 0 months



Candidate ID Number: 182333

Nationality: Ugandan

Language Skills:

Fluent: English

Permitted to work in: UAE - United Arab Emirates, Uganda

Position Sought: Fitness Professional, Receptionist

Personal Statement

As a passionate and dedicated personal trainer, I'm committed to fitness and always push myself to improvement. I don't back down from difficulties, whether in training, work, or life. I keep pushing through exhaustion and keep going.

My goals are to keep improving my strength, endurance, as well as to seek relationships that are based on depth, authenticity, and mutual respect.

Whatever I do, I want to align with my values and bring long-term satisfaction.

Seeking work in international locations and cruise ships

Employment History:

February 2022 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Dubai, UAE - United Arab Emirates, (Product Company)

Duties included:

- creating fitness plans based on the clients fitness goals
- conducting assessments to evaluate clients fitness level through tests and consultations
- motivating clients by encouraging and inspiring clients to stay committed to their fitness journey.
- staying educated with the latest fitness trends.

Products worked with:

personal training, group exercise, weight management

Education and Qualifications:

2024 GLOBAL HEALTH & FITNESS

DIPLOMA LEVEL 3 PERSONAL TRAINER

PERSONAL TRAINER

2019 MAKERERE UNIVERSITY

3.63 BACHELOR OF PROCUREMENT & SUPPLY CHAIN MANAGEMENT

Product Training:

**March
2025**

GLOBAL HEALTH & FITNESS LIMITED PHYSICAL IQ

LEVEL 3 PERSONAL TRAINER

Vocational Qualifications

FIRST AID/AED

Hobbies and Interests

READING, HIKING, DANCE, SIGHTSEEING, TRAVEL, SPORTS

CV created at www.spastaff.com

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