

# Curriculum Vitae

**Female**

**D.O.B. 22 February 1992**

**Number of years working in industry:**

**2 years 1 month**



**Candidate ID Number:** 18175

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Beauty Therapist, Massage Therapist

## Personal Statement

Beauty comes as much from the mind as from the eye – Grey Livingston. I believe this to be true that a person can come away from a treatment feeling a sense of happiness without needing the mirror to see the difference.

I am currently 21 years old and have just finished a contract with Steiner Transocean. I was with Steiner for one year which included intense training in their training academy in London. Then a 9 month contract with the company Carnival Cruises. The experience with Steiner was truly outstanding. It opened my eyes and I feel gave me the chance to grow up into a respectable holistic therapist. My 9 months with the company was very demanding and hard working. But every second of working made me stronger as a therapist and gave me valuable experience now for future jobs. I got to see some beautiful islands in the western Caribbean waters and I met some truly unforgettable people that made my contract. Part of my experience with the company was socialising with other crew members from other departments and I feel this shows that as a person outside the spa I am friendly and willing to interact with other people. My work always comes first but I feel you still need to enjoy the experience outside of working hours to gain the most from the opportunity given to me.

Before joining the ship I was in the training academy waiting for my position on the ship to become available. I did intense training on all Elemis products. I also got valuable training on performing seminars and performed one to the Steiner trainers about Aroma Massages. Unfortunately my Carnival ship only did fitness & facial seminars. I was very lucky and was able to be trained in several Elemis treatments including Aroma Stones, Thai Poulitice & Aroma Spa Ocean Wrap.

I enjoyed my experience with Steiner very much and this has given me the drive to continue down the road of working and seeing the world at the same time.

Before Steiner I was at college for two years training up in Level 2 & 3 Beauty Therapy alongside part time courses such as sports massage. Whilst been at college I worked hard to achieve the best and as most as I could that would stand me in good stead of an amazing job when I left. I also have a Business and Media A level as a passion of mine is to grow within the beauty industry and be a manager one day. I was also lucky to get the opportunity to get experience from working in Susan's Beauty salon whilst doing my second year at college. This gave me an insight into how a business is run and for me to gain experience in working as a receptionist. The manager also did small training sessions with me such as Jane Iredale make up tutorials and Geleration.

In my spare time I like to socialise with friends and family. I like to keep my fitness up so I regularly go to the gym and on walks with the family dog. I had 10 weeks' vacation period from my last job and I am now looking into respectable high standard companies to start my next job. Within any job I will always give 100% in my time, effort, determination and courage into making the job a success for myself but also be a credit to the company.

Seeking to work in USA and International Locations

## Employment History:

**October 2012 - July 2013 - Massage Therapist** at (most recent employer hidden for confidentiality) Carnvial

Paradise. Tampa Bay, Florida, USA - United States, (Cruise Ship)

**Duties included:**

I performed spa treatments

I also manned the reception area

I did weekly port cleans

I took part in regular promotional activities on board the ship

Weekly stock takes

Quarterly stock takes

Managing my own column and revenue each cruise

**Products worked with:**

Elemis

Bliss

**Career Break** - Vacation Period - also job hunting

**March 2011 - July 2012 - Beauty Therapist** at Susan's, Settle, UK - United Kingdom, (Day Spa)

**Duties included:**

Reception work included manning the desk, answering calls, booking treatments and greeting clients.

I also did my own column with regular quests. I did Level 2 treatments.

My weekly schedule was divided between being a beauty Therapist and Receptionist.

**Products worked with:**

Elemis

**Career Break** - Started new job one month later

**Education and Qualifications:**

**2012 Kendal College**

NVQ Level 2 & 3 Beauty Therapy. BTEC Media Studies. Alevel Business Studies.

I am trained in Level 2 and 3 Beauty Therapy.

The Level 3 is Massage route which includes the qualifications

Indian Head, Swedish Massage, Hot Stones, Facial Electrics and Aromatherapy Massage.

I also completed my Level 3 in Sports Massage.

**2012 Kendal College**

Level 3 Diploma in Health, safety, Security and Employment Standards.

Level 3 Certificate in Swedish Massage.

Level 3 Diploma in Anatomy and Physiology.

Level 2 NVQ Diploma in Beauty Therapy General.

Level 3 NVQ Diploma in Beauty Therapy (Treatments consisting of Swedish Massage, Aromatherapy Massage, Indian Head, Hot Stones and Facial Electrics.

Level 3 Sports Massage

## **2010 Settle College & 6th Form**

GCSE Qualifications:

Applied Science - C

Business Studies - C

English Language - C

English Literature - C

French - D

Food Technology - C

History - D

Maths - C

Religious Studies - B

Science - C

6th form Qualifications:

A Level - Business Studies - C

BTEC - Media Studies - AA

## **Product Training:**

### **July 2013 Bliss**

On board Carnival Paradise by my Manager and by Steiner's representatives for carnival.

All bliss products.

Trained in the new products that came out over the summer of 2013.

### **July 2013 Elemis**

On board Carnival Paradise by my Manager and by Steiner's representatives for carnival.

All elemis products including body, face and fitness

Elemis treatments:

Deep Tissue Muscle Massage

Aroma-stone Massage

Bamboo Massage

Thai Poultice Massage

Exotic Lime and Ginger Salt Scrub

Body Sculpting & Colon Massage

Aroma Spa Ocean Wrap

Frangipani Scalp Ritual

## **Vocational Qualifications**

Elemis products and treatments during my time with Steiner Transocean.

## **Hobbies and Interests**

Since arriving home from my contract with Steiner I have spent the majority of my time with Family & Friends alongside enjoying my vacation time.

I like to keep myself busy so I also like going out for the day or taking our family dog on walks.

I do try and keep my beauty skills up so I regular do family friends discounted treatments. This normally includes Manicures & Pedicures and Back, Neck and Shoulder Massages.

I am also part of our local gym and go 2-3 times a week.

I saw some beautiful places whist with Carnival and it will always be a passion and drive for myself to see new places alongside doing the job I love.

CV created at [www.spastaff.com](http://www.spastaff.com)

