

# Curriculum Vitae

**Female**

**D.O.B. 30 July 1989**

**Number of years working in industry: 4 years 3 months**

**Candidate ID Number:** 181501

**Nationality:** Mexican

**Language Skills:**

Fluent: Spanish

Good: English

Basic: French

**Permitted to work in:** Mexico, Canada

**Position Sought:** Assistant Manager, Treatment Manager / Spa Trainer, Massage Therapist, Holistic Therapist

## Personal Statement

I AM AN OPTIMISTIC PERSON, DYNAMIC, CHERFUL AND ALWAYS WILLING TO HELP WHO NEED IT, IF IT IN MY POSSIBILITIES, I HAVE EASE OF LEADERSHIP, I LIKE TO LEARN NEW THINGS WHENEVER POSSIBLE, I AM A RESPONSIBLE PERSON AND FRIENDLY.

Seeking work in national and international locations and cruise ships

## Employment History:

**November 2021 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) charlevoix, Canada, ( Hotel Spa)

### Duties included:

- TRAIN NEW THERAPISTS WITH THE BRANS PROTOCOLS OR WITH DIFFERENT MASSAGE TECHNIQUES
- HELP AT THE RECEPTION, SCHEDULING APPOINTMENTS, INVENTORYING THE PRODUCTS
- IN GENERAL AS ASSISTANT MANAGER AND TAKE CARE OF THE SPA IN HER ABSENCE

### Products worked with:

- NATURA BISSE
- SOTHYS

## Education and Qualifications:

**2010 INSTITUTO HOLISTICO MAYA, CANCUN, QUINTANA ROO, MEXICO**

Trained

THERAPEUTIC MASSAGE: COMBINATION OF ALL TECHNIQUES OF MY KNOWLEDGE FOR THE BENEFIT OF THE PERSON, EITHER BY APPLYING REFLEXOLOGY, HOT STONES, COLD AND HEAT THERAPY, CUPPING OR AROMATHERAPY AND ALSO INCLUDING BASIC OSTEOPATHY

**2010 INSTITUTO HOLISTICO MAYA**

- SOBADA MAYA
- TECNICAS BASICAS DEL MASAJE
- TEJIDO PROFUNDO
- AYURBEDA
- REFLEXOLOGIA PODAL
- DRENAJE LINFATICO

- SHIATSU
- PIEDRAS CALIENTES

## **Product Training:**

**February  
2025**

INSTITUTO HOLISTICO MAYA, CANCUN, QUINTANA ROO, MEXICO

- BASIC MASSAGE TECHNIQUES
- RELAX MASSAGE
- PRENATAL MASSAGE
- AROMATHERAPEUTIC MASSAGE
- SPORT MASSAGE
- DEEP TISSUE MASSAGE
- HOT STONE MASSAGE
- SHIATSU
- FOOT REFLEXOLOGY
- AYURVEDA
- LYMPHATIC DRAINAGE
- COLD AND HOT CUPPING
- BASIC OSTEOPATHY
- BASIC COSMETOLOGY

## **Vocational Qualifications**

- DENTIST

## **Hobbies and Interests**

- HIKING
- DANCE
- GYM
- COOK
- WATERSPORTS

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