

Curriculum Vitae

Male

D.O.B. 18 August 1992

Number of years working in industry: 9 years 1 month

Candidate ID Number: 181139

Nationality: Indian

Language Skills:

Good: English

Permitted to work in: India

Position Sought: Fitness Professional

Personal Statement

Travelling and exploring

Seeking work in international locations

Employment History:

January 2017 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Kolkata , India, (Health Club)

Duties included:

Weight loss management, Time management, Health and Wellness, Sports nutrition

Products worked with:

Personal trainer, SnC coach, Prehab and Rehab specialist, Pre natal and Post natal , Nutrition,

Education and Qualifications:

2020 ASCA (trained in house)

ASCA level 1

Sports massage , prehab and rehab

2012 Authpur national model higher secondary school

H.S

B.COM (hhrs)

Product Training:

**February
2025**

Prehab121 Academy , pune, India.

Prehab and Rehab specialist, SnC coach, woman's coach, Nutritionist

Vocational Qualifications

ACE certified fitness coach, Health and wellness coach

Hobbies and Interests

Scuba diving, River rafting, Dancing, Singing

CV created at www.spastaff.com

