

Curriculum Vitae

Male

D.O.B. 18 August 1992

Number of years working in industry: 9 years 1 month

Candidate ID Number: 181139

Nationality: Indian

Language Skills:

Good: English

Permitted to work in: India

Position Sought: Fitness Professional

Personal Statement

Travelling and exploring

Seeking work in international locations

Employment History:

January 2017 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Kolkata , India, (Health Club)

Duties included:

Weight loss management, Time management, Health and Wellness, Sports nutrition

Products worked with:

Personal trainer, SnC coach, PrehabandRehab specialist, Pre natal and Post natal , Nutrition,

Education and Qualifications:

2020 ASCA (trained in house)

ASCA level 1

Sports massage , prehab and rehab

2012 Authpur national model higher secondary school

H.S

B.COM (hnrs)

Product Training:

February 2025

Prehab121 Academy , pune, India.

PrehabandRehab specialist, SnC coach, woman's coach, Nutritionist

Vocational Qualifications

ACE certified fitness coach, Health and wellness coach

Hobbies and Interests

Scuba diving, River rafting, Dancing, Singing

CV created at www.spastaff.com

