

# Curriculum Vitae

**Male**

**D.O.B. 02 November 1978**

**Number of years working in industry:**

**13 years 1 month**



**Candidate ID Number:** 17989

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: German, Spanish

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist, Holistic Therapist, Area Sales Representative, Retail Professional, Membership Sales Professional

## **Personal Statement**

I am very professional and focused on what I do. I would say that if I am given a task it is done correctly and promptly. I am a peoples person and take great care and interest in others.

From working in an office environment I have gained great skills in professionalism and management, and I am now looking to take these skills, along with the new ones I have learnt, and focus these within an environment that I am passionate about, that being health and well being of others, starting with massage.

Seeking to work in International Locations and Cruise Ships

## **Employment History:**

**January 2013 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) London/Essex UK, UK - United Kingdom, (Home/Mobile)

### **Duties included:**

I have been running my own massage therapy business since the start of 2013. I currently have my own treatment room and also a mobile service. I have a consistent client base of approx 10 private clients a week. I perform a holistic approach to each client, and these can range from an hour full body massage for relaxation, to a dedicated massage on a particular area of the body that requires attention due to aches, pains, stress or injury.

I have several Police officers on my books who come to me weekly or bi weekly to help assist them in injury prevention and muscle tension relief. My client base also includes, teachers, office workers and individuals with sport related needs for a massage.

I have several corporate accounts where I perform onsite acupressure massages once or twice a month, offering a 20 minute seated massage to between 10 and 12 people during an allocated time frame.

## **Education and Qualifications:**

**2013 City Lit, London,**

ITEC diploma in Swedish massage and diploma in acupressure massage

B tec diploma in bursery nursing, and then went on to complete project management and training management.

Since leaving work I have retrained in holistic swedish massage therapy and acupressure massage.

## **1996 roding valley high school**

English lang/lit

Maths

Double Science

Child development

German

Music

All GCSE level

## **Vocational Qualifications**

First Aid.

Customer services

PRINCES 2 project management

Design foundation and delivery principles for training and development

Scuba diving, PADI

Efficient in Microsoft office packages.

## **Hobbies and Interests**

I enjoy most out door activities. I have completed 2 half marathons and the London marsathon. I ride horses, go to the gym. My main focus is within health and wellbeing. I also enjoy interacting with different social groups and learning about different cultures.

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