

Curriculum Vitae

Female

D.O.B. 16 August 1976

Number of years working in industry:

12 years 2 months



Candidate ID Number: 17927

Nationality: British

Language Skills:

Fluent: English

Basic: Spanish

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Yoga / Pilates Teacher

Personal Statement

Employment History:

March 2015 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Brighton, UK - United Kingdom, (Day Spa)

Duties included:

Massage Therapist using Swedish Massage, Deep Tissue Massage, Trigger Point Therapy, Myofascial Release and Sports Stretching.

Building and maintaining a regular client base.

Supporting other therapists.

Excellent time keeping and maintaining a high standard of cleanliness.

January 2015 - March 2015 - Massage Therapist at Fitness First, Brighton, UK - United Kingdom, (Health Club)

Duties included:

Massage Therapist using Swedish Massage, Deep Tissue Massage and Advanced Clinical Massage techniques. Booking in clients.

November 2013 - December 2014 - Massage Therapist at Equilibrium Complimentary Health Centre, Lewes, UK - United Kingdom, (Day Spa)

Duties included:

Massage Therapist using Swedish Massage, Deep tissue Massage and Advanced Clinical Massage Techniques.

Education and Qualifications:

2015 Jing Institute, Brighton

Certificate in Advanced Clinical Massage

Advanced Clinical Massage for treating pain, include trigger point therapy, soft tissue release, streyching and sports massage techniques.

2013 The College of Classical Massage, Brighton

ITEC in Holistic Massage, Anatomy and Physiology

Holistic Massage, Ananatomy and Physiology

2012 Amrit Nam Sarovar School, France

Level 2 certificate in Kundalini yoga

Kundalini yoga training

2009 Amrit Nam Sarovar, France

Level 1 teacher training certificate

Kundalini Yoga training

2001 Salford College, Manchester

NVQ 3

Childcare training

1998 Plymouth College, Plymouth

NVQ 2

Childcare training

1994 PLYMSTOCK

10 GCSE's grade A-D

Vocational Qualifications

I hold a current first aid certificate.

I have worked as a reception in a Holistic Health Centre and in different office enviornments.

CV created at www.spastaff.com

