

# Curriculum Vitae

Male

D.O.B. 08 August 1995

Number of years working in industry:

4 years 2 months



**Candidate ID Number:** 179062

**Nationality:** Indian

**Language Skills:**

Fluent: English, Malayalam, Tamil

Good: Hindi, Kanada

Basic: Arabic

**Permitted to work in:** India

**Position Sought:** Head Therapist, Senior Therapist, Physiotherapist

## Personal Statement

I strive to be a thoughtful, adaptable conversationalist, helping people find clarity, inspiration, or solutions to their questions. My goal is to foster engaging, meaningful conversations and continuously improve at understanding and assisting others in creative, insightful ways.

Seeking work in national and international locations and cruise ships

## Employment History:

**December 2021 - Present - PHYSIOTHERAPIST** at (most recent employer hidden for confidentiality)

VALANCHERY, MALAPPURAM , India, (Hospital / Medical Clinic)

### Duties included:

"As a dedicated and compassionate physiotherapist, I am passionate about helping individuals improve their quality of life through movement and rehabilitation. With 3 years of experience in treating a variety of musculoskeletal and neurological conditions, I specialize in pain management, injury recovery, and preventative care.

I believe in a personalized approach to treatment, focusing on empowering my patients with the tools and techniques they need to take control of their health. Whether it's recovering from an injury, managing chronic pain, or enhancing overall mobility, my goal is to guide my patients toward a pain-free and active lifestyle.

I am committed to continuing my professional growth and keeping up with the latest techniques in the field to provide the best possible care. I thrive in collaborative healthcare environments and am always looking for opportunities to learn and grow alongside other professionals."

**December 2021 - February 2025 - Physiotherapist** at CDC VKM SPECIAL SCHOOL, India,kerala, India, (Hospital / Medical Clinic)

### Duties included:

"As a dedicated and compassionate physiotherapist, I am passionate about helping individuals improve their quality of life through movement and rehabilitation. With 3 years of experience in treating a variety of musculoskeletal and neurological conditions, I specialize in pain management, injury recovery, and preventative care.

I believe in a personalized approach to treatment, focusing on empowering my patients with the tools and techniques they need to take control of their health. Whether it's recovering from an injury, managing chronic pain, or enhancing overall mobility, my goal is to guide my patients toward a pain-free and active lifestyle.

I am committed to continuing my professional growth and keeping up with the latest techniques in the field to provide the best possible care. I thrive in collaborative healthcare environments and am always looking for opportunities to learn and grow alongside other professionals."

**Products worked with:**

- Ultrasound
- IFT
- TENSE
- ELECTRO THERAPY
- TRACTION

**Education and Qualifications:**

**2023 Kims alshifa multi specialty hospital, india ,Kerala**

- Degree
- Dry needling
- cupping dry and wet
- IASTM -instrument assisted soft tissue mobilization
- PMA-pediatric milestone approach
- fitness & conditioning

**2020 Garden city college banagalore**

- Completeed bachelor's of physiotherapy

**2020 Garden city college banagalore**

- Bachelor of Physiotherapy

**Vocational Qualifications**

- BLS - baisic life support
- IT SKILLS
- hardware and software
- microsoft office, exel , power point
- adobe photoshop
- and
- digital marketing
- content creation
- photography and videography

**Hobbies and Interests**

Sure! Here’s an example based on my capabilities:

In my downtime, I enjoy exploring various topics, including technology trends, philosophy, literature, and creative writing. I also “dabble” in creative projects, such as generating art and brainstorming innovative solutions. When it comes to staying engaged, I’m always exploring new ways to interact with people and improve my understanding of the world around me.

Iam passionate in bike riding , iam a traveler love to travel and adventure activities

hiking, water sports

CV created at [www.spastaff.com](http://www.spastaff.com)

