

# Curriculum Vitae

Male

D.O.B. 24 July 1996

Number of years working in industry: 5 years 3 months

**Candidate ID Number:** 178714

**Nationality:** Cameroonian

**Language Skills:**

Fluent: English, French

**Permitted to work in:** Cameroon

**Position Sought:** Fitness Professional

## Personal Statement

As a personal trainer, my best qualities are empathy, dedication, and adaptability, and my current life goal is to inspire lasting positive change in my clients' fitness and well-being.

Seeking work in international locations

## Employment History:

**March 2018 - June 2023 - Fitness Professional** at (most recent employer hidden for confidentiality) Dubai, UAE - United Arab Emirates, (Hotel Fitness Centre)

### Duties included:

As a personal trainer, I design and guide personalized fitness programs to help clients achieve their health, strength, and wellness goals safely and effectively.

## Education and Qualifications:

**2024 Square one fitness academy**

Level2 and 3

Sport science

**2017 Dt fredrick high school**

## Hobbies and Interests

Reading,music, cycling