

Curriculum Vitae

Female

D.O.B. 09 July 1991

Number of years working in industry: 4 years 10 months

Candidate ID Number: 178659

Nationality: Portuguese, Brazilian

Language Skills:

Fluent: Portuguese

Good: English

Basic: Spanish, French

Permitted to work in: European Union, Brazil, UAE - United Arab Emirates

Position Sought: Spa Manager, Assistant Manager, Fitness Professional, Yoga / Pilates Teacher, Swim / Aqua Fit Teacher

Personal Statement

Focused and determined with passion for growth!

Seeking work in international locations

Employment History:

April 2021 - Present - Club Manager at (most recent employer hidden for confidentiality) Ajman, UAE - United Arab Emirates, (Health Club)

Duties included:

- Managed club operations for seamless customer experience.
- Created, implemented and controlled administrative processes.
- Led membership sales and reception team.
- Reported for stakeholders - identifying opportunities for cost savings and strategies for business growth, through P&L understanding.
- Recruited and trained staff.
- Implemented effective sales strategies and led effectively sales team meeting sales targets.
- Led KPI's to increase company standards.
- Managed team conflict, addressing issues and solve problems in an efficient and professional way.
- Over reached all yearly targets, best achievement 2023-2024 overcoming income by 152%.
- Led Personal Training for VIP Royal Family of Ajman.

Education and Qualifications:

2025 PMA Active IQ

Diploma

Mat Pilates and Reformer Pilates

2024 Active IQ

Certificate

Pre and post pregnancy exercise specialist

2023 Manz and Lusofuna University of Lisbon

Post graduation

Gym Management

2023 Prime Physio Dubai

Certificate

Pilates in Rehabilitation

2022 UNES

Certificate

Basic Pilates

2022 Lqimon

Diploma certoficate

Business and leadership

2019 Lea mills

Certificate

Body Comvat and Core

2015 Higher school of sports Rio Maior - Politecnic instituto of Santarem

Bachelor Degree

Sports Coaching

2015 Promofitness

Certificate

Crossttaining

2023 Lusofona University and Manz

pos graduation in gym management

2015 Politecnic Institute of Santarem - ESDRM

Bachelor degree in Sports training

Vocational Qualifications

Financial Planing - online for selflewrning

Excell - Online self learning

Hobbies and Interests

Reading

Playing guitar

swiming

CV created at www.spastaff.com

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