

Curriculum Vitae

Male

D.O.B. 01 October 1998

Number of years working in industry:

2 years 0 months



Candidate ID Number: 177768

Nationality: Egyptian

Language Skills:

Good: English

Basic: Arabic

Permitted to work in: Egypt

Position Sought: Assistant Manager, Treatment Manager / Spa Trainer, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Fitness Professional, Swim / Aqua Fit Teacher

Personal Statement

I am an ambitious individual, continuously striving to develop my skills and expertise in sports and physical rehabilitation to help others achieve the best version of themselves. I believe that dedication and lifelong learning are the keys to success, and I aim to be a source of inspiration and strength to those around me.

Seeking work in international locations and cruise ships

Employment History:

January 2019 - January 2021 - Spa Consultant at (most recent employer hidden for confidentiality) Cairo, Egypt, (5 Star Hotel Spa)

Duties included:

In my role as a Physical Rehabilitation and Massage Specialist, I provided personalized massage therapy sessions that promoted muscle recovery, enhanced performance, and prevented injuries. I worked closely with athletes from various sports, including professional football teams, ensuring they received comprehensive care tailored to their specific needs. This included conducting regular assessments, developing rehabilitation plans, and applying therapeutic techniques to improve mobility and reduce pain.

I take pride in my attention to detail and ability to create customized massage and rehabilitation programs that address individual conditions and goals. My experience has allowed me to build strong relationships with clients by maintaining a professional yet empathetic approach, ensuring their comfort and trust throughout the healing process.

My background also includes working in health clubs, where I was responsible for providing sports massage services, supporting post-workout recovery, and advising clients on injury prevention techniques. Through these experiences, I have refined my skills in various massage techniques, including deep tissue massage, trigger point therapy, and myofascial release.

Products worked with:

- Chillout Massage
- Al-Moqawelon Alarab Sporting club

Education and Qualifications:

2020 Spa

Certified

- Deep tissue massage
- Lymphatic drainage massage
- Thai massage
- Fire cups

2020 Faculty or physical education

Bachelor's degree

Product Training:

**January
2025**

- Faculty of physical education
- Chillout massage for health clips

Cairo Egypt

- Deep tissue massage.
- Lymphatic drainage massage.
- Thai massage

Vocational Qualifications

Rescue Course

- Granting Body: Egyptian Diving and Rescue Federation

Swimming Instructor Preparation

- Granting Body: Egyptian Diving and Rescue Federation

Hobbies and Interests

- Gain experience quickly.
- Adapt quickly.
- Media production.
- Parkour sport.

CV created at www.spastaff.com

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