

Curriculum Vitae

Female

Number of years working in industry:

13 years 6 months



Candidate ID Number: 17747

Nationality: British

Language Skills:

Basic: German

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

I am an extremely hardworking, reliable individual. I am highly trained and love what I do. Client satisfaction is my top priority and I appreciate the importance of projecting a professional image. I believe I would be an asset to any future employer. I embrace both teamwork and working alone and consider myself a flexible employee.

Seeking work in international locations

Employment History:

April 2013 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Calgary, Canada, (Day Spa)

Duties included:

Therapist responsibilities include:

Preparation of workspace

Welcoming clients.

Taking medical history and performing client intake interview.

Creating personalized treatment plans for clients needs

Performing Swedish and Deep Tissue massage techniques, hot stone treatments, Thai Hot Stone, Energy work, Indian head and foot massage, Aromatherapy application, Aromatherapy hot compress, Hydrotherapy and Paraffin wax treatments.

Assessing postural dysfunctions and joint mobility for clients requesting therapeutic massage.

Providing advice for muscle health and homecare

Cleaning equipment and disinfecting tools and tables as per protocol.

August 2015 - March 2016 - Massage Therapist at Hyatt Stillwater Spa, Calgary, Canada, (5 Star Hotel Spa)

Duties included:

Preparation of workspace

Greeting Clients and welcoming them to the Spa

Creating tailor made massage treatments for clients

Performing Swedish/Deep tissue/maternity massage

Following Stillwater/Hyatt protocols

August 2012 - April 2013 - Massage Therapist at Health Span, Clagary, Canada, (Home/Mobile)

Duties included:

Contracted work in various 4/5 star Hotels in Downtown Calgary

Greeting Clients

Swedish/Non Swedish massage. Relaxation, Stress relief and Therapeutic techniques utilized.

Scheduling appoinments

Taking payment.

Education and Qualifications:

2014 MH Vicars School of Massage Therapy, Edmonton, AB, Canada

Remedial Massage Therapy

Year 1&2 Remedial Massage Therapy

- Anatomy, physiology and Massage Therapy
- Pathology
- Pharmacology
- Kinesiology
- Treatment planning
- Safety of client and therapist
- Case Management
- Practice Management
- Case study (16 weeks)
- Business planning
- Therapeutic relationship/Client Therapist boundaries
- Total hours 2200

Final Overall Grade 96%

Graduated with Honours

Transcript available on request

2014

Trained and certified to perform the following modalities:

Indian Head Massage

Indian Foot Massage

Fire Cupping

Hot stone

Sugar scrubs

Aromatherapy blends

Energy work

2014 Various

Certification

1997 The Thorpe Bay School, Essex

- English B
- English A
- German B

- Science B
- Mathematics C
- Geography C
- Drama C

Vocational Qualifications

Scuba Diving

First Aid

Hobbies and Interests

I enjoy walking, reading and Yoga. I have travelled extensively and have lived in various locations including Malaysia, Kuwait, Canada and USA

CV created at www.spastaff.com

