



Curriculum Vitae

Female

Number of years working in industry:

1 year 7 months

Candidate ID Number: 17642

Nationality: Polish

Language Skills:

Fluent: English

Good: French

Basic: Hindi, Greek, Spanish

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

I believe that the main source of physical issues lays in mental disorders, therefore, during the treatment I stress the importance of anatomical and emotional aspects of the body by unifying deep tissue stimulation with relaxation methods. I always strive to act professionally towards my patients as well as my employers and I uphold the highest standards of discretion.

Seeking work in London

Employment History:

September 2012 - August 2013 - Massage Therapist at (most recent employer hidden for confidentiality) Gdansk, Poland, (Day Spa)

Duties included:

- Massage servis: Swedish Massage, Isometric (fat reducing) Massage, Lymphatic Drainage, Sport Massage, Ayurvedic Massage. Working with different kinds of oils (Aromatherapy).
- Working in a team with another massagist with Four Hand Massage as well as with another health specialists such us : Dietetics, Cosmetics and Physiotherapists.
- Keeping high standard of Hygiene in massage area

Products worked with:

- Ayurvedic Massage Oils
- Talc

January 2012 - September 2012 - Massage Therapist at Revita, Torun, Poland, (Hospital / Medical Clinic)

Duties included:

- Pathology of human body for massage therapy: Muscles, Bones diseases in general
- First Aid
- Kinezytherapy - complementating massage therapy with suitable exercises. Doing Kinezytherapy with patients as well us prescribing home work exercises

Products worked with:

- Neutral Oil Ziaja

- Talc

Education and Qualifications:

2011 Postsecondary School of Massage

Final exam in my school included theory (which was Anatomy, Introduction to Physioteraphy, Clinical Issues, Psychology) and Massage in practice. However, there is no special exam certificate. I have just Certificate of finishing two years school.

Vocational Qualifications

- Bachelor degree in Univeristy of Nicolaus Copernicus in Torun, Poland, Study of Filology with element of Culture

Hobbies and Interests

- For 6 years I have been doing yoga and meditation, this opened my interes to naturopathic medicine such us Massage and also:
- Phytotherapy
- Dietetic
- Chi-quong
- Aromatherapy
- Out of my University Studies I am highly interested in:
- Learning languages
- World Culture
- Ethnology
- Books
- Theatre

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