

Curriculum Vitae

Female

D.O.B. 02 March 1986



Number of years working in industry:

9 years 7 months

Candidate ID Number: 176345

Nationality: American

Language Skills:

Fluent: English

Basic: German

Permitted to work in: USA - United States

Position Sought: Spa Consultant, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist

Personal Statement

i aspire to create a thriving massage and wellness spa, one day of my own and I'm also driven by my passion for exceptional customer service, attentive listening, honesty, and a dedication to detail, while also sharing my love for cooking wholesome vegan food.i want to grow and learn as much as i can from the spa industry .

Seeking work in international locations and cruise ships

Employment History:

July 2016 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Mableton, USA - United States, (Home/Mobile)

Duties included:

- Established and operated a successful home-based massage therapy business focusing on individualized client care and customized treatments.
- Built a loyal client base through exceptional service, communication, and personalized wellness plans.
- Managed all aspects of the business, including scheduling, client consultations and social media marketing.
- Specialized in delivering therapeutic massages tailored to address pain, tension and relaxation needs.
- Skilled in various Massage modalities including: Swedish, deep tissue, and sports massage with a focus on client relaxation, rehabilitation and overall wellness.

Strong knowledge of anatomy, physiology and pressure points.

Managed scheduling and ensured timely sessions to maintain an efficient daily workflow

- Provided therapeutic treatments for 4-5 clients daily.
- Strong interpersonal skills and commitment to delivering personalized care in a fast-paced environment.
- Time management and multitasking abilities.
- Deep commitment to client confidentiality and ethical practices.
- Maintained a detailed record of client progress and adapted sessions accordingly for ongoing care.
- Delivered exceptional customer service, resulting in a high rate of repeat clients and referrals.
- maintianed a neat and clean working space

Products worked with:

boitin pain cream

biotone products

cbd oils

Coconut oil

organic Essential oils

Hot Stones

Education and Qualifications:

2024 Georgia Massage School Suwanee GA

licensed and certified NCBTMB

Over the years i've taken continuing education courses such as:

The Heart of Massage, Deep Tissue Never Felt This Good 2024 (12 credit hours)

Advanced Studies of Massage application and related science home study 2024 (12 credit hours)

Spa Master class 2022 (3 hours)

SMART: Lower Extremities 2021 (24 hour class)

12 Contact Course for GA Massage Therapist 2020 (12 hours)

Elite Learning 2020 (24 hour course)

2013 Georgia Massage School

I passed the MBLEx National Exam with flying colors with 789 score out of 900

I did 500 hours of classwork/coursework in a 6 months training course that was more like 4 years of information.

Intensive training in Medical terminology, Anatomy, Kinesiology, Swedish massage, cross fiber massage, Deep tissue, Hydrotherapy, Stretching and Ergonomic Therapy.

As a student intern I provided over 80, 50 min -1hr massages to clients through a supervised student clinic compared to my fellow classmates.

99.9% customer satisfaction in all modalities specializing in Deep Tissue and Swedish Massage.

Assisted in scheduling clients, advertising and marketing.

Product Training:

December 2013 Biotone

Georgia Massage School in Suwanee, GA 2013

and Wildwood Lifestyle Center 2005

Georgia Massage School

Basic Massage therapy training including Swedish, Deep tissue Trigger Point, Sports Massage, Amromatherapy, Hydrotherapy, Hot stones, Prenatal Massage

Wildwood Lifestyle and Hospital Holistic school for Natural Medicine and natural remedies.

Hydrotherapy, Body wraps, Body scrubs

Vocational Qualifications

I'm trained in CPR and First Aid

I sing like Whitney Houston, I can play the piano as well

Hobbies and Interests

I love to Read, Meditate, travel; cook vegan gormet dishes,gym life and fitness

CV created at www.spastaff.com

