

Curriculum Vitae

Male

D.O.B. 18 April 1986

Number of years working in industry: 7 years 1 month

Candidate ID Number: 176342

Nationality: South African

Language Skills:

Fluent: English

Permitted to work in: South Africa

Position Sought: Massage Therapist, Fitness Professional

Personal Statement

My life goals as a personal trainer revolve around inspiring others to achieve lasting health and fitness through personalised coaching and holistic guidance. My best qualities include a deep commitment to client success, a wealth of international experience, and a passion for empowering individuals to reach their full potential.

Seeking work in international locations

Employment History:

January 2019 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Durban, South Africa, (Home/Mobile)

Duties included:

Personal Training and nutrition plans.

Products worked with:

Personal Training and Nutrition.

Education and Qualifications:

2024 Health and fitness professionals

Diploma

Diploma in exercise science

Certificate in sport massage

Certificate in nutrition and other fitness classes

2014 Health and Fitness Professionals

Diploma in exercise science

Hobbies and Interests

Soccer, Golf, Squash, Hiking, Strongman, Guitar

