

# **Curriculum Vitae**

**Male**

**D.O.B. 02 November 1994**

**Number of years working in industry:**

**9 years 5 months**



**Candidate ID Number:** 175338

**Nationality:** Indian

**Language Skills:**

Fluent: English, Hindi, Gujarati

Basic: French

**Permitted to work in:** India

**Position Sought:** Head Therapist, Senior Therapist, Massage Therapist, Fitness Professional, Physiotherapist

## **Personal Statement**

Seeking work in international locations and cruise ships

## **Employment History:**

**September 2016 - Present - Physiotherapist** at (most recent employer hidden for confidentiality) AHMEDABAD, India, (Hospital / Medical Clinic)

### **Duties included:**

Conduct thorough physical assessments to evaluate patient mobility, strength, and functional limitations. Diagnose musculoskeletal and neurological conditions to formulate appropriate treatment plans.

Create personalized rehabilitation programs based on patient needs, conditions, and medical history. Collaborate with physicians, orthopaedic specialists, and other healthcare providers to develop treatment strategies.

Administer hands-on therapy techniques, including joint mobilization, soft tissue manipulation, and therapeutic massage. Instruct patients in therapeutic exercises designed to improve mobility, strength, and balance.

Utilize specialized equipment, such as ultrasound, electrotherapy, and traction devices, to aid in patient recovery. Teach patients how to use mobility aids like walkers, crutches, and braces to enhance daily function.

Educate patients about injury prevention, body mechanics, and postural correction to promote long-term well-being. Provide guidance on self-care techniques, home exercise programs, and lifestyle modifications.

Track patient progress, document outcomes, and adjust treatment plans accordingly.

Maintain detailed records of patient sessions and assessments in compliance with healthcare regulations.

Employ various therapeutic interventions to help patients manage pain and discomfort.

Work closely with patients to improve their quality of life through non-invasive pain relief techniques.

Collaborate with a multidisciplinary healthcare team to optimize patient care.

Communicate effectively with patients, family members, and other caregivers to ensure consistent treatment.

Develop rehabilitation protocols for post-surgical recovery, such as knee or hip replacements. Guide patients through recovery from sports injuries, work-related injuries, and accidents.

Supervise physical therapy assistants and junior staff in treatment application.

Participate in departmental meetings, case reviews, and continuing education to stay updated on best practices.

**Products worked with:**

n/a

**May 2025 - Present - Massage Therapist** at iCURE Rehab, AHMEDABAD, India, (Home/Mobile)

**Duties included:**

Massage therapist

**Products worked with:**

n/a

**Education and Qualifications:****2024 MTFI, NDS**

Certificate

Cupping, Tapping, Massage, Mobilization, Manipulation

**2016 INDIAN INSTITUTE OF SKILL DEVELOPMENT TRAINING**

Masters degree

Physiotherapist

**Vocational Qualifications**

First Aid, Micro Soft

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