

# Curriculum Vitae

**Female**

**D.O.B. 04 December 1995**

**Number of years working in industry:**

**7 years 10 months**



**Candidate ID Number:** 174863

**Nationality:** Polish

**Language Skills:**

Fluent: English, Polish

Basic: German

**Permitted to work in:** European Union

**Position Sought:** Spa Consultant, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Fitness Professional, Receptionist

## Personal Statement

With over five years of experience in art and media sectors, I have honed my communication and problemsolving skills. My career goal is to create immersive, healing experiences that promote balance, relaxation, and rejuvenation, while contributing to collaborative wellness projects that nurture both body and mind.

Seeking work in international locations and cruise ships

## Employment History:

**July 2018 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) Warsaw, Poland, (Home/Mobile)

### Duties included:

Provided personalized Reiki sessions focused on balancing the body's energy flow and promoting overall well-being. Through channeling healing energy, I helped clients remove energy blockages, reduce stress, and enhance the body's natural healing processes. Sessions were designed to support individuals seeking a holistic approach to health, offering a deeply relaxing experience tailored to their unique needs.

**August 2024 - October 2024 - Massage Therapist** at Artemis Hamam Massage & Spa, Tigaki, Kos, Greece, (Day Spa)

### Duties included:

Provided traditional Turkish Hamam treatments, including full-body exfoliation with kese mitt and foam massages to clients, ensuring a relaxing and rejuvenating experience. Delivered high-quality customer service creating a welcoming environment for international clients.

**May 2024 - August 2024 - Customer Service Specialist** at HireRight, Katowice Poland, Katowice, Poland, (Product Company)

### Duties included:

Managed high-volume customer inquiries and issues across phone, email, and chat for global clients in various industries. Maintained a high level of professionalism and empathy, ensuring a positive customer experience.

**April 2018 - April 2024 - Performing Artist/ Dancer** at Polish National Opera at Teatr Wielki, Warsaw, Poland, Warsaw, Poland, (Product Company)

**Duties included:**

Performed in opera productions at international theaters. Theater an der Wien das Opernhaus, Vienna, Austria & Grand Théâtre de Provence, Aix-en-Provence, France Leveraged social media for self-promotion.

**June 2021 - August 2023 - Development and Movement Facilitator** at IFLY Dance Studio & Frajda Active Recreation School, Poland, Poland, (Health Club)

**Duties included:**

Conducted movement and development classes for children, adolescents, and individuals with limited mobility, tailoring classes to meet individual needs

**Education and Qualifications:**

**2024 Trained in house - Artemis Hamam Massage & Spa, Tigaki, Kos, Greece**

not certified

Hamam Therapist

**2021 AMS -Academy of Sports Championship Recreation and Tourism named after Sławomir Szymczak in Wrocław**

Certification

Camp Counselor Certification

**2018 Heilpraktiker Praxis Beate Angelika Mazur**

Certification by Reiki Master: Beate Angelika Mazur

Reiki Usui Shiki Ryoho Natural Energy Healing:  
2018 - Shoden Certification and in 2020 - Okuden Certification

**2020 National Academy of Theatre Arts Krakow Poland**

Master of Arts, Acting, Dance theatre,  
Master's Thesis: "Timeless Therapy: Dance and Its Healing Aspects"

**Vocational Qualifications**

Knowledge of MS Office  
Social media posts in Canva  
English C1, German A2  
Proficiency in CRM systems (Salesforce, Optool, Ring Central, Max Agent)  
Responsive Web Design  
Workshop leadership skills  
Working with Kids & Teenagers  
Working individuals with limited mobility  
Guided meditations  
Movement classes and workshops

**Hobbies and Interests**

Dancing, Crocheting, Hiking, Meditation, Somatic sessions, Grounding in nature

