



Curriculum Vitae

Female

D.O.B. 04 December 1995

Number of years working in industry:

7 years 10 months

Candidate ID Number: 174863

Nationality: Polish

Language Skills:

Fluent: English, Polish

Basic: German

Permitted to work in: European Union

Position Sought: Spa Consultant, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Fitness Professional, Receptionist

Personal Statement

With over five years of experience in art and media sectors, I have honed my communication and problemsolving skills. My career goal is to create immersive, healing experiences that promote balance, relaxation, and rejuvenation, while contributing to collaborative wellness projects that nurture both body and mind.

Seeking work in international locations and cruise ships

Employment History:

July 2018 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Warsaw, Poland, (Home/Mobile)

Duties included:

Provided personalized Reiki sessions focused on balancing the body's energy flow and promoting overall well-being. Through channeling healing energy, I helped clients remove energy blockages, reduce stress, and enhance the body's natural healing processes. Sessions were designed to support individuals seeking a holistic approach to health, offering a deeply relaxing experience tailored to their unique needs.

August 2024 - October 2024 - Massage Therapist at Artemis Hamam Massage & Spa, Tigaki, Kos, Greece, (Day Spa)

Duties included:

Provided traditional Turkish Hamam treatments, including full-body exfoliation with kese mitt and foam massages to clients, ensuring a relaxing and rejuvenating experience. Delivered high-quality customer service creating a welcoming environment for international clients.

May 2024 - August 2024 - Customer Service Specialist at HireRight, Katowice Poland, Katowice, Poland, (Product Company)

Duties included:

Managed high-volume customer inquiries and issues across phone, email, and chat for global clients in various industries. Maintained a high level of professionalism and empathy, ensuring a positive customer experience.

April 2018 - April 2024 - Performing Artist/ Dancer at Polish National Opera at Teatr Wielki, Warsaw, Poland, Warsaw, Poland, (Product Company)

Duties included:

Performed in opera productions at international theaters. Theater an der Wien das Opernhaus, Vienna, Austria & Grand Théâtre de Provence, Aix-en-Provence, France Leveraged social media for self-promotion.

June 2021 - August 2023 - Development and Movement Facilitator at IFLY Dance Studio & Frajda Active Recreation School, Poland, Poland, (Health Club)

Duties included:

Conducted movement and development classes for children, adolescents, and individuals with limited mobility, tailoring classes to meet individual needs

Education and Qualifications:

2024 Trained in house - Artemis Hamam Massage & Spa, Tigaki, Kos, Greece

not certified

Hamam Therapist

2021 AMS -Academy of Sports Championship Recreation and Tourism named after Sławomir Szymczak in Wrocław

Certification

Camp Counselor Certification

2018 Heilpraktiker Praxis Beate Angelika Mazur

Certification by Reiki Master: Beate Angelika Mazur

Reiki Usui Shiki Ryoho Natural Energy Healing:

2018 - Shoden Certification and in 2020 - Okuden Certification

2020 National Academy of Theatre Arts Krakow Poland

Master of Arts, Acting, Dance theatre,

Master's Thesis: "Timeless Therapy: Dance and Its Healing Aspects"

Vocational Qualifications

Knowledge of MS Office

Social media posts in Canva

English C1, German A2

Proficiency in CRM systems (Salesforce, Optool, Ring Central, Max Agent)

Responsive Web Design

Workshop leadership skills

Working with Kids & Teenagers

Working individuals with limited mobility

Guided meditations

Movement classes and workshops

Hobbies and Interests

Dancing, Crocheting, Hiking, Meditation, Somatic sessions, Grounding in nature

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