

Curriculum Vitae

Female

D.O.B. 24 February 1987

Number of years working in industry: 2 years 2 months

Candidate ID Number: 17444

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Therapist

Personal Statement

I have been a holistic therapist for almost a decade. In that time I have continued to expand my knowledge and skill to ensure that my clients receive treatments which are relaxing and focused towards their particular needs.

I am qualified in Reiki, Swedish massage, Aromatherapy and have taken workshops in Hands- free massage, Indian head massage and I also recently spent some time in India learning about the principles of Ayurveda and learning new massage techniques. I also have some experience offering holistic facials.

I am also a Reiki Master/Teacher and a member of the Federation of Holistic therapists and help to co-ordinate the monthly support group meetings for practitioners.

I feel I am friendly and approachable. I enjoy helping others and get a sense of achievement when my clients and colleagues are satisfied and content.

I am creative and enjoy collaborating with others to find solutions to problems and generate new ideas.

I am currently studying for my access to healthcare so I can go to college and become a physiotherapist. I am caring and take pride in my work.

I enjoy a challenge and learning new techniques.

Seeking work around Milton Keynes

Employment History:

June 2011 - August 2013 - Holistic Therapist at (most recent employer hidden for confidentiality) Milton Keynes, UK - United Kingdom, (Home/Mobile)

Duties included:

Massage, Reiki, Facials, Indian Head.

Teaching Reiki

General Housekeeping

Products worked with:

Neals Yard Organic

Lush

Career Break - Traveling

June 2013 - August 2013 - Massage Therapist at Massage By Kate, Milton Keynes, UK - United Kingdom, (High Street Salon)

Duties included:

I work for myself as a mobile therapist. I promote myself through flyers and facebook pages and groups. I give the client a consultation to find out what their needs are and any contraindications and I structure the massage/reiki/facial treatment accordingly.

I ensure my workspace is clean and tidy. I ensure clients are content and I provide aftercare advice.

I have worked in day spas and clinics previously.

Products worked with:

Neals Yard Organic

Lush

Career Break - Traveling

Education and Qualifications:

2011 Barnfield College

NVQ Level 3

Aromatherapy and Massage.

2010 Milton Keynes College

NVQ Level 3

Swedish Massage

2005 Various

Unregulated

Reiki Master/Teacher/Practitioner

2003 Stantonbury Campus

- English (Speaking and listening) B
- English Language C
- English Literature C
- Media Studies C
- Design (Textiles) C
- Maths C
- Science (Double award) C
- Music C
- Drama D
- German D

Product Training:

June 2011 Essential Oils for Aromatherapy

Barnfield College - Luton

Aromatherapy NVQ Level 3

Vocational Qualifications

First Aid

Customer Service

Hobbies and Interests

Aside from holistic therapies, my hobbies include hula hooping, zumba, yoga, dog walks and reading.

CV created at www.spastaff.com

