

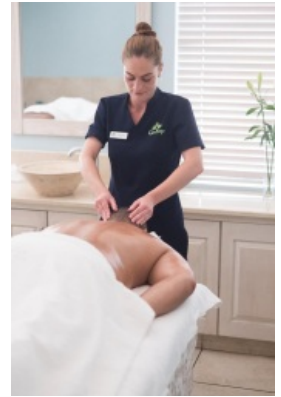
Curriculum Vitae

Female

D.O.B. 28 May 1987

Number of years working in industry:

18 years 2 months



Candidate ID Number: 174358

Nationality: South African

Language Skills:

Fluent: English

Permitted to work in: South Africa

Position Sought: Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist

Personal Statement

I'm very open to learning. Quick learner and I am very self motivated

Seeking work in national and international locations and cruise ships

Employment History:

May 2019 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Nottingham rd and now JHB, South Africa, (Home/Mobile)

Duties included:

Massage therapy and treatments

February 2014 - April 2019 - Massage Therapist at Ginkgo spa- CEO Peter Krug, Cape Town , South Africa, (5 Star Hotel Spa)

Duties included:

- Spa saunas, rasul and relaxation setup- meet and greet and serving fruit platters and tea
- reception- answering phones and taking bookings on esp and other booking platforms
- stocktakes
- cleanliness and hygiene daily
- managing stock room
- treatments
- hotstones
- reflexology
- head and shoulders
- full body massages
- deep tissue
- wraps
- scrubs
- facials
- back facials
- couples

Products worked with:

- Babor
- thalgo
- ginkgo clay
- qms
- mamma mio
- thalgo
- nuxe
- kalahari

October 2009 - December 2013 - Massage Therapist at Taj Hotel - Jiva spa Cape town, Cape Town , South Africa, (5 Star Hotel Spa)

Duties included:

- Meet and greet, leading guests through the spa and wellness centre.
- making sure lockers and change rooms are impeccable and ready at all times
- making welcome drinks and giving consultation forms - checking consultation forms
- setting up for rituals - like washing feet with rosepetals
- trollies
- ayevedic spa treaments
- setring up coupes rose petal baths
- scrubs
- wraps
- massages
- facials
- stock take and stock room
- cleanliness
- meetings

Products worked with:

- Jiva spa house products from India

June 2008 - April 2009 - Massage Therapist at Steiner transoceanic limited- , Norwegian jewel - from New York , Caribbean islands , baltics, Europe to Dover , (Cruise Ship)

Duties included:

- Spa meetings daily
- stock take
- trollies
- Detox treatments
- massages

Products worked with:

- Elemis
- la thermy

March 2007 - June 2008 - Retail Professional at Woodridge country estate- Sue macglashin, Lidgeton - Kzn , South Africa, (Hotel Spa)

Duties included:

- Ran a soap shop where I held courses to teach people how to make soaps.
- stock take
- ran a retail store where I sold natural created products
- Massages and body treatment for guests staying on property for weddings

Products worked with:

- I worked with over 500 oils and products and made natural creams, soaps, bath products and butters , perfumes.
- created all naturals handmade products for the skin and body

Education and Qualifications:

2024 Trained in-house and at Steiner academy London and Ida carstens cape town

Certificates

Anatomy and physiology

2008 Trained onsite Cape Town and at Steiner academy London and at Isa carstens Cape town

Aromatherapy

- Aromatherapy
- making natural soaps and products

2004 Abbots colledge

Matric

Physiology and anatomy

2008 Steiner academy london

Mandara spa treatments

2003 Abbots colledge - Claremont - Cape town

Matric exemption- Abbots colledge Cape town

Product Training:

**November
2024**

- Steiner academy London
- ias Carstens beauty academy - trainers from india for Jiva spa
- claudia Reyhana Badrudeen for reflexology and Indian head massage
- Thalgo detox
- babor face and body
- qms face
- mama mio body
- kalahari products scrubs
- theravine facials
- ellemis body and face

**November
2024**

- I trained at Steiner academy London and at Isa carstens Cape Town with trainers from India for Jiva spa
- ginkgo spa training onsite

Treatments and products mentions training

body and face

Vocational Qualifications

First aid

fire fighting

Hobbies and Interests

- Nature
- health
- organic foods and cooking

CV created at www.spastaff.com



