



Curriculum Vitae

Female

D.O.B. 28 April 1980

Number of years working in industry:

11 years 3 months

Candidate ID Number: 173078

Nationality: British, Iranian

Language Skills:

Fluent: English, Farsi, Azeri

Good: Turkish, Arabic

Permitted to work in: UK - United Kingdom

Position Sought: Spa Consultant, Regional Senior Manager, Spa Director, Spa Manager, Salon Manager, Spa Coordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Skin Clinic Therapist, College Tutor, Area Sales Representative

Personal Statement

A strong leader, a teamworker self-motivated who strives to learn and achieve my goals and targets.

Seeking work in national and international locations and cruise ships

Employment History:

November 2014 - Present - Assistant Manager at (most recent employer hidden for confidentiality) London, Spain, (Cruise Ship)

Duties included:

Cosmetic clinic founder and director established in 2014.

In charge of advanced invasive and non-invasive treatments, inventory and finance, staffing, training, product knowledge, CPD training, marketing, booking, revenue.

Products worked with:

Elemis, Zo Obaji, Medik8, Toskani Cosmetics, Mccosmetics, Heliocare, Bocuture, Dysport, Restylin, Profilho, Lumi, Nunii Laboratory, Dermalogica

November 2023 - Present - Spa Manager at OneSpaWorld, Jeddah, UAE - United Arab Emirates, (Cruise Ship)

Duties included:

Spa Manager on Cruise (AROYA)

Staff rota, stock and inventory, end of day reports, end of voyage reports, finance and discrepancies, events and training guest customer service and complaints, team safety and drills training, performance analysis, promotions,

Products worked with:

Elemis, Zo Obaji, Medik8, Toskani Cosmetics, Mccosmetics, Heliocare, Bocuture, Dysport, Restylin, Profilho, Lumi, Nunii Laboratory, Dermalogica

Career Break - Traveling

November 2024 - March 2025 - Spa Manager at OneSpaWorld, Jeddah, Saudi Arabia, (Cruise Ship)

Duties included:

I'm currently working as a Spa Manager for Saudi Cruise Line since November 2023. I joined as a head and leader of Spa set up team on a new cruise line (AROYA, Saudi Cruise), employed under OneSpaWorld Ltd, preparing the Spa on Saudi's first cruise line, based in Jeddah. I'm responsible to run the Spa with 25 staff over 5 different decks which consists of, Beauty Clinic, Beauty Salon, Barber, Spa and beauty services, Gym, General and also a VIP private Thermal areas.

I have relocated to Jeddah since I started to work for Saudi Cruise, living and working on board at the moment however I would like to continue my career as a Spa Manager in City of Jeddah, on shore-side.

I'm a founder of Avana Cosmetic & Beauty Clinic, stabilised since 2014 in United Kingdom, an experienced and qualified aesthetician practitioner and a certified Spa Manager from OneSpaWorld, a globally recognised company, operating Spa departments on more than 200 vessels around the world.

Products worked with:

Elemis, Zo Obaji, Medik8, Toskani Cosmetics, Mccosmetics, Heliocare, Bocuture, Dysport, Restylin, Profilho, Lumi, Nunii Laboratory, Dermalogica

Career Break - Traveling

January 2017 - December 2017 - Skin Clinic Therapist at The Hair Clinic Experts, London, UK - United Kingdom, (Skin Clinic)

Duties included:

Senior aesthetician, laser trainer, and clinic manager

Products worked with:

n/a

Education and Qualifications:

2024 OneSpaWorld - Miami, United State

Certificate

Spa Management (OneSpaWorld)

OneSpaWorld (Miami, United States) Beautec Academy (London, United kingdom) Spa Therapist

2003 (London Wellness Academy, United Kingdom) Sports Therapy (Glasgow, United Kingdom College of Commerce)

Degree, NVQ4, HND, BABTAC, CIBTAC

PE & Sports Science

Sports Therapy

Beauty Therapy Level 4 / Mesotherapy / Medical Peels

Injectables / PRP / Sclerotherapy / Thread veins Removal / Plasma Fibroblast / Laser & IPL

Additional aesthetic courses

Spa Management

2024 OneSpaWorld

Spa Management Training

2014 Beautec Academy

NVQ2 - NVQ3 - NVQ4

BABTAC

CIBTAC

CITY & GUILD

Product Training:

November 2023	Elemis, Medik8, Environ, Dermalogica, Profilho, Lumi, Aqualyx, Toskani Cosmetic London, United Kingdom Mesotherapy and Peel (Face and Body) Phlebotomy and PRP (Face and Body) IV drip Injection Lumi Eyes Fat Dissolving (Aqualyx) Sclerotherapy and Thread Veins Removal Plasma-Fibroblast Foundation Botox and Dermal Filler Massages, body scrub and body wrap Hot stone massage / Salt restorative massage
October 2020	The Perfect Peel London, United Kingdom The Perfect peel chemical peels protocols and product knowledge
October 2018	Janssen Cosmetics London, United Kingdom Janssen cosmmetics skincare and chemical range for face.
October 2018	Heliocare London, United KIngdom Heliocare product knowledge
January 2018	Toskani Cosmetics London, United Kingdom Toskani skincare and chemical peel range for Mesotherapy, Mesopeel, Microneedling (Face , Body and Hair loss treatments)
October 2015	Environ London, United KIngdom Environ skincare and product knowledge for facial electrical treatments
October 2015	Elemis Trained in London, United Kingdom back in 2015. USA, Mexico and Europe on cruise ships. Had a refresher and CPD courses and training throughout my cruise job since 2023 on board (refresher trainings) and in land (conferences) with Elemis representatives in USA and Europe cruise ships.
August 2015	Elemis London, United Kingdom Elemis: Face and body electrical treatments, body wrap, body salt scrub, stone massage, salt massage, bamboo massage, swedish massage, deep tissue massage. Biotec facial 1.0-2.0, skin lab mapping. Oxygen facial, ultrasound, ultrasonic, radio frequency, microcurrent

Injectables and Dermal Fillers - Comlication

Plasma-Fibroblast

Micro-sclerotherapy

PRP

Mesotherapy (face, body and hair)

Chemical peels

IV drip injection

Fat dossolving

Microneedling

January 2015

Medik8

London, United Kingdom (Medik8 - Skinbrand)

Medik8 skincare and professional chemical peels

Vocational Qualifications

STCW Security Awareness for Seafarers Training (Liberia) Sep 2024

- Personal Survival Techniques

- Fire Prevention and Fire Fighting

- Elementary First Aid

Learning and Development Resources (British Red Cross) Sep 2023

Sitting Volleyball Referee (G3 Volleyball England) 2022

Volleyball Referee (G3R Volleyball England) 2016

Volleyball Coach (G1 Volleyball England) 201

Hobbies and Interests

INTERPERSONAL & MANAGEMENT SKILLS

Openly expresses ideas, listens attentively, confidently speaks in public, work well with others, supportive, motivates others, shares credit, cooperates, delegates effectively, represents others, self-confident, identifies and solve problems, meets goals, defines needs, analyses issues, assesses situations, punctual, manages projects effectively, meets deadlines, sets goals, multi-tasks, leads groups, delegates responsibilities, implements decisions, takes charge, event organiser, mastery of Microsoft Office programs (Word, Excel, Power Point, WordPress, Woo Commerce), kayaking, hiking, playing volleyball & squash, fashion and interior design.

VOLUNTARY POSITIONS & WORK PLACEMENTS

British Red Cross, Walk for Humanity London (September 2023)

Millway Medical Practice, Covid Clinic, London (September 2023)

Liaison officer of BINA "British Iranian Networking Alliance" (2012 - 2017)

Secretary of IVA Volleyball Club, London, United Kingdom (2006 - 2019)

Volleyball Referee (G3R) London Volleyball Premier League

Worked as an admin & event coordinator for Doostan Charity Organisation (2012 - April 2013)

Worked as an interpreter - Farsi/English (2009 - 2011)

Worked as a Sport Therapist in Buckingham Clinic, Glasgow, UK (24th April - 22nd May 2007)

Worked as a Sport Therapist in the Asian Championship Football Cup, Glasgow, UK (Nov 2006)

Worked as a teacher assistant & event organiser in Dundee Women Centre (2003 - 2004)

