

# Curriculum Vitae

**Female**

**D.O.B. 28 April 1980**

**Number of years working in industry:**

**11 years 3 months**



**Candidate ID Number:** 173078

**Nationality:** British, Iranian

**Language Skills:**

Fluent: English, Farsi, Azeri

Good: Turkish, Arabic

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Consultant, Regional Senior Manager, Spa Director, Spa Manager, Salon Manager, Spa Coordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Skin Clinic Therapist, College Tutor, Area Sales Representative

## Personal Statement

A strong leader, a teamworker self-motivated who strives to learn and achieve my goals and targets.

Seeking work in national and international locations and cruise ships

## Employment History:

**November 2014 - Present - Assistant Manager** at (most recent employer hidden for confidentiality) London, Spain, (Cruise Ship)

### Duties included:

Cosmetic clinic founder and director established in 2014.

In charge of advanced invasive and non-invasive treatments, inventory and finance, staffing, training, product knowledge, CPD training, marketing, booking, revenue.

### Products worked with:

Elemis, Zo Obaji, Medik8, Toskani Cosmetics, Mccosmetics, Heliocare, Bocuture, Dysport, Restylin, Profilho, Lumi, Nunii Laboratory, Dermalogica

**November 2023 - Present - Spa Manager** at OneSpaWorld, Jeddah, UAE - United Arab Emirates, (Cruise Ship)

### Duties included:

Spa Manager on Cruise (AROYA)

Staff rota, stock and inventory, end of day reports, end of voyage reports, finance and discrepancies, events and training guest customer service and complaints, team safety and drills training, performance analysis, promotions,

### Products worked with:

Elemis, Zo Obaji, Medik8, Toskani Cosmetics, Mccosmetics, Heliocare, Bocuture, Dysport, Restylin, Profilho, Lumi, Nunii Laboratory, Dermalogica

**Career Break** - Traveling

**November 2024 - March 2025 - Spa Manager** at OneSpaWorld, Jeddah, Saudi Arabia, (Cruise Ship)

**Duties included:**

I'm currently working as a Spa Manager for Saudi Cruise Line since November 2023. I joined as a head and leader of Spa set up team on a new cruise line (AROYA, Saudi Cruise), employed under OneSpaWorld Ltd, preparing the Spa on Saudi's first cruise line, based in Jeddah. I'm responsible to run the Spa with 25 staff over 5 different decks which consists of, Beauty Clinic, Beauty Salon, Barber, Spa and beaury services, Gym, General and also a VIP private Thermal areas.

I have relocated to Jeddah since I started to work for Saudi Cruise, living and working on board at the moment however I would like to continue my career as a Spa Manager in City of Jeddah, on shore-side.

I'm a founder of Avana Cosmetic & Beauty Clinic, stabilised since 2014 in United Kingdom, an experienced and qualified aesthetician practitioner and a a certified Spa Manager from OneSpaWorld, a globally recognised company, operating Spa departments on more than 200 vessels around the world.

**Products worked with:**

Elemis, Zo Obaji, Medik8, Toskani Cosmetics, Mccosmetics, Heliocare, Bocuture, Dysport, Restylin, Perfilho, Lumi, Nunii Laboratory, Dermalogica

**Career Break** - Traveling

**January 2017 - December 2017 - Skin Clinic Therapist** at The Hair Clinic Experts, London, UK - United Kingdom, (Skin Clinic)

**Duties included:**

Senior aesthetician, laser trainer, and clinic manager

**Products worked with:**

n/a

**Education and Qualifications:**

**2024 OneSpaWorld - Miami, United State**

Certificate

Spa Management (OneSpaWorld)

**OneSpaWorld (Miami, United States) Beautec Academy (London, United kingdom) Spa Therapist  
2003 (London Wellness Academy, United Kingdom) Sports Therapy (Glasgow, United Kingdom College of Commerce)**

Degree, NVQ4, HND, BABTAC, CIBTAC

PE & Sports Science

Sports Therapy

Beauty Therapy Level 4 / Mesotherapy / Medical Peels

Injectables / PRP / Sclerotherapy / Thread veins Removal / Plasma Fibroblast / Laser & IPL

Additional aesthetic courses

Spa Management

**2024 OneSpaWorld**

Spa Management Training

**2014 Beautec Academy**

NVQ2 - NVQ3 - NVQ4

BABTAC

CIBTAC

CITY & GUILD

## Product Training:

**November  
2023**

**Elemis, Medik8, Environ, Dermalogica, Profilho, Lumi, Aqualyx, Toskani Cosmetic**

London, United Kingdom

Mesotherapy and Peel (Face and Body)

Phlebotomy and PRP (Face and Body)

IV drip Injection

Lumi Eyes

Fat Dissolving (Aqualyx)

Sclerotherapy and Thread Veins Removal

Plasma-Fibroblast

Foundation Botox and Dermal Filler

Massages, body scrub and body wrap

Hot stone massage / Salt restorative massage

**October  
2020**

**The Perfect Peel**

London, United Kingdom

The Perfect peel chemical peels protocols and product knowledge

**October  
2018**

**Janssen Cosmetics**

London, United Kingdom

Janssen cosmetics skincare and chemical range for face.

**October  
2018**

**Heliocare**

London, United Kingdom

Heliocare product knowledge

**January  
2018**

**Toskani Cosmetics**

London, United Kingdom

Toskani skincare and chemical peel range for Mesotherapy, Mesopeel, Microneedling (Face , Body and Hair loss treatments)

**October  
2015**

**Environ**

London, United Kingdom

Environ skincare and product knowledge for facial electrical treatments

**October  
2015**

**Elemis**

Trained in London, United Kingdom back in 2015.

USA, Mexico and Europe on cruise ships.

Had a refresher and CPD courses and training throughout my cruise job since 2023 on board (refresher trainings) and in land (conferences) with Elemis representatives in USA and Europe cruise ships.

**August  
2015**

**Elemis**

London, United Kingdom

Elemis: Face and body electrical treatments, body wrap, body salt scrub, stone massage, salt massage, bamboo massage, swedish massage, deep tissue massage. Biotec facial 1.0-2.0, skin lab mapping.

Oxygen facial, ultrasound, ultrasonic, radio frequency, microcurrent

Injectables and Dermal Fillers - Comlication

Plasma-Fibroblast

Micro-sclerotherapy

PRP

Mesotherapy (face, body and hair)

Chemical peels

IV drip injection

Fat dossolving

Microneedling

**January  
2015**

**Medik8**

London, United Kingdom (Medik8 - Skinbrand)

Medik8 skincare and professional chemical peels

## **Vocational Qualifications**

STCW Security Awareness for Seafarers Training (Liberia) Sep 2024

- Personal Survival Techniques

- Fire Prevention and Fire Fighting

- Elementary First Aid

Learning and Development Resources (British Red Cross) Sep 2023

Sitting Volleyball Referee (G3 Volleyball England) 2022

Volleyball Referee (G3R Volleyball England) 2016

Volleyball Coach (G1 Volleyball England) 201

## **Hobbies and Interests**

### **INTERPERSONAL & MANAGEMENT SKILLS**

Openly expresses ideas, listens attentively, confidently speaks in public, work well with others, supportive, motivates others, shares credit, cooperates, delegates effectively, represents others, self-confident, identifies and solve problems, meets goals, defines needs, analyses issues, assesses situations, punctual, manages projects effectively, meets deadlines, sets goals, multi-tasks, leads groups, delegates responsibilities, implements decisions, takes charge, event organiser, mastery of Microsoft Office programs (Word, Excel, Power Point, WordPress, Woo Commerce), kayaking, hiking, playing volleyball & squash, fashion and interior design.

### **VOLUNTARY POSITIONS & WORK PLACEMENTS**

British Red Cross, Walk for Humanity London (September 2023)

Millway Medical Practice, Covid Clinic, London (September 2023)

Liaison officer of BINA "British Iranian Networking Alliance" (2012 - 2017)

Secretary of IVA Volleyball Club, London, United Kingdom (2006 - 2019)

Volleyball Referee (G3R) London Volleyball Premier League

Worked as an admin & event coordinator for Doostan Charity Organisation (2012 - April 2013)

Worked as an interpreter - Farsi/English (2009 - 2011)

Worked as a Sport Therapist in Buckingham Clinic, Glasgow, UK (24th April - 22nd May 2007)

Worked as a Sport Therapist in the Asian Championship Football Cup, Glasgow, UK (Nov 2006)

Worked as a teacher assistant & event organiser in Dundee Women Centre (2003 - 2004)

