

# Curriculum Vitae

**Female**

**D.O.B. 11 July 1990**

**Number of years working in industry:**

**15 years 9 months**



**Candidate ID Number:** 171806

**Nationality:** Barbadian

**Language Skills:**

Fluent: English

**Permitted to work in:** Barbados

**Position Sought:** Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Massage Therapist, Spa Therapist

## Personal Statement

I am an experienced Spa Therapist with 17 years in the luxury spa industry, dedicated to providing holistic wellness experiences that enhance both physical and emotional wellbeing. My current goal is to leverage my expertise in spa therapy and management to create transformative guest experiences while continuing to grow within the spa industry by leading teams and promoting wellness on an international scale.

Seeking work in international locations

## Employment History:

**May 2014 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) St. James, Barbados, (5 Star Hotel Spa)

### Duties included:

- Delivered world-class spa services, including Swedish massage, deep tissue massage, hot stone massage, and aromatherapy treatments.
- Conducted holistic consultations, tailoring treatments such as lymphatic drainage, integrative reflexology, and advanced skincare to meet each guest's specific needs.
- Consistently achieved retail sales targets by recommending luxury products from brands such as Margy's Monte Carlo, 111Skin, and Aromatherapy Associates.
- Trained extensively in Forbes 5-star service standards and protocols from Leading Hotels of the World, ensuring exceptional guest care.
- Played an active role in training new staff in advanced treatment techniques and maintaining high service standards.

## Products worked with:

Margy's Monte Carlo

111Skin

Margaret Dabbs

Sundari

Pevonia

**April 2007 - April 2011 - Senior Therapist** at Waves Hotel & Spa, St. James, Barbados, (5 Star Hotel Spa)

**Duties included:**

- Led a team of therapists, overseeing day-to-day spa operations including training, performance appraisals, and ensuring service excellence across all treatments.
- Managed inventory control, budgets, and ensured that the spa consistently met sales targets while delivering exceptional guest service.
- Conducted training on treatment protocols, product knowledge, and best practices, helping therapists meet key performance indicators.
- Delivered holistic spa treatments, including reflexology, lymphatic drainage, aromatherapy massage, and advanced skincare services.
- Led promotional efforts, such as the Manager's Cocktail Party, increasing client retention and service bookings.
- Balanced Therapist's roster with client demands to ensure room utilization, therapist availability and client satisfaction.

**Products worked with:**

Pevonia

Creative Nail Design

Sundari

**Education and Qualifications:**

**2017 Marie Claire**

Trained in house with Certification

Integrative Reflexology

Lymphatic Drainage

**2016 Spas2B, Canada, Online**

CIBTAC Certificate

CIBTAC Spa Start Up and Spa Management

**2011 Personal Body Health Care Clinic and School of Holistic Therapies St.Thomas Barbados. This school is now closed.**

Certificate

Indian Head

**2017 Personal Body Health Care Clinic and School of Holistic Therapies**

ITEC Beauty Specialist Level 2

**2009 Personal Body Health Care Clinic and School of Holistic Therapies**

ITEC Holistic Massage and Anatomy and Physiology

**Product Training:**

**June 2020 111Skin**

I was trained at The Spa at Sandy Lane, St. James, Barbados with an international trainer, which the company brought in to train the spa team.

111Skin Black Diamond Facials, Cryo Energy Facials and Master Masking.

**October 2016 Margaret Dabbs**

The Spa at Sandy Lane Hotel

Product Knowledge

Manicures

Pedicures

Treatment of and identifying nail and foot fungus, warts and other conditions of the feet and nails

## **Vocational Qualifications**

Health Coach Certification | Institute of Integrative Nutrition

## **Hobbies and Interests**

Yoga

Coloring

Hiking

Reading

Going to the beach

CV created at [www.spastaff.com](http://www.spastaff.com)

**SPA STAFF.COM**

