



Curriculum Vitae

Female

D.O.B. 03 May 1986

Number of years working in industry:

4 years 3 months

Candidate ID Number: 17160

Nationality: Portuguese

Language Skills:

Fluent: English, portuguese

Basic: greek, German, Spanish

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Senior Therapist, Massage Therapist

Personal Statement

Seeking work in Portugal and international locations

Employment History:

May 2013 - August 2013 - Massage Therapist at (most recent employer hidden for confidentiality) Athens, Greece, (Day Spa)

Duties included:

- do the massages (swedish, ayurvedic head massage, sport massage, deep tissue, foot massage, ayurvedic, lymphatic, face and body treatments)
- Clean the entire spa
- do the laundry
- do reception if needed
- take care of the client (give tea, hot towels)
- Open and close the spa
- manage the bookings

Products worked with:

- Ahava

February 2010 - May 2013 - Massage Therapist at Health Club Viconde, Cascais, Portugal, (Health Club)

Duties included:

- fix the room
- do massage

May 2009 - May 2013 - Massage Therapist at Recovery Center and Physical Rehabilitation of Oeiras, Oeiras, Portugal, (Hospital / Medical Clinic)

Duties included:

- massage

- eletronic machines (ultrasound.. etc)
- Physioterapy

September 2009 - February 2010 - Massage Therapist at Le Spa, Lisbon, Portugal, (Day Spa)

Duties included:

- massage
- facial and body treatments
- fix the rooms
- reception
- products stock

Products worked with:

- Elemis

Education and Qualifications:

2008 IPEM, Lisbon, Portugal

Diploma

Clinical massotherapy

- course of massage and phisiotherapy
- anatomy and physiology grade: 19 (0 to 20)
- psycology grade: 19 (0 to 20)
- first aid grade: 16 (0 to 20)
- therapeutic massage + hidrotherapy grade: 17 (0 to 20)
- electrotherapy grade: 16 (0 to 20)
- physical rehabilitation grade: 19 (0 to 20)
- final course grade: 18 (0 to 20)

2008 Profestética, Lisbon

Diploma

lymphatic drainage

Product Training:

November 2009 Elemis

ASPA

- Elemis welcome touch
- Elemis deep tissue massage
- Elemis facial and body treatments
- Elemis products and ingredients

CV created at www.spastaff.com

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