

Curriculum Vitae

Female

D.O.B. 03 August 1971

Number of years working in industry:

15 years 7 months



Candidate ID Number: 17091

Nationality: Irish

Language Skills:

Fluent: English

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Spa Consultant, Spa Manager, Salon Manager, Assistant Manager, Head Therapist

Personal Statement

To act as a healing medium, offering massage services for client's enhanced mobility, better flexibility, and new viewpoint, so as to enable clients to be more winning in all aspects of their individual, professional, physical, mental, financial, and spiritual lives. To obtain a position as a massage therapist in a company that will develop my skills massage therapy and where I can improve excellent client care

My temperate and honest approach to massage, and my zeal for the therapy, makes me a fit candidate for this position.

Seeking work in Ireland, international locations and cruise ships

Employment History:

July 2010 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Cork, Ireland, (Home/Mobile)

Duties included:

- Setting up and developing a full service therapeutic massage treatment room.
- Dealing with clients on a daily basis.
- Setting up treatment rooms before each client arrives for treatment
- Perform Therapeutic massage on clients who I have been able to help through various physical problems.
- Provided and maintained highest standards of professionalism and hygiene at all times.
- Demonstrate excellent communication and listening skills.
- Discuss with clients regarding their medical histories and problems with pressure or pain to decide how massage will be most useful.
- Apply finger and hand force to exact points of the body.
- Develop and suggest client healing plans that state which types of massage are to be used.
- Refer clients to extra types of therapists when essential
- Maintain clients' treatment records.
- Provide clients with assistance and information regarding techniques for postural improvement and stretching, strengthening, recreation, and rehabilitative exercises.
- Evaluate clients' soft tissue condition, joint feature and function, muscle strength, and range of movement.

Products worked with:

Morad, guinot, yonka

August 2014 - Present - Holistic Therapist at Essence spa clarion hotel, cork, Cork, Ireland, (Day Spa)

Duties included:

- Greet customers coming in and provide information about salon services and retail products
- Assist in maintaining reception area and organize salon environment
- Suggest and sell salon services and products
- Assist salon leader with administrative tasks and salon results
- Answer phones, book appointments, maintain accounts and client records
- Performed data entry, filing and file set-up
- Opened and distributed mail
- Scanned documents
- Managed office

supplies • Prepared overnight deliveries SPECIAL SKILLS: • Excellent knowledge of salon equipment, procedures and supplies • Good organization and coordination skills • Demonstrated ability to communicate effectively • Profound ability to understand and follow instructions • Proven ability to perform simple accounting procedures.

Products worked with:

Yonka, Clarins, Guinot

Education and Qualifications:

2008 Natural healing Centre Cork, therapeutic massage.

Diploma

Indian head massage

Therapeutic massage

Ear Hopi Candling.

2008 Manchester school of Massage.

Certificate

Reflexology

1990 St Aidan's Community College, Cork

Leaving certificate. Passed

Product Training:

October 2015 **I am certified in Yonka product and facial training**

Yonka training centre Dublin

Facials,

Vocational Qualifications

Bar technician for 10 years traveling Europe.

Hobbies and Interests

Thai chi, reading, cycling, theatre, water sports, cinema, walking, swimming, camping.

CV created at www.spastaff.com

