

# Curriculum Vitae

**Male**

**D.O.B. 24 November 1982**



**Number of years working in industry:**

**15 years 0 months**

**Candidate ID Number:** 17074

**Nationality:** British

**Language Skills:**

Fluent: English, Hindi, Urdu, Swaheli

Good: Gujarati

Basic: French, Arabic

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Fitness Professional, Swim / Aqua Fit Teacher

## Personal Statement

I am highly interested in becoming a Swimming Coach because I feel that this is an opportunity that will enable me to exhibit my skills and develop as a person. It is important to coach participants safely whilst allowing them to have fun at the same time. I feel that I am well suited to taking on this role, as I already hold many qualities that are required to instruct Swimming classes.

Working in a school environment has provided me with countless opportunities to take on the role of instructing children and adults on various areas of sport and exercise. I take the lead with sessions in PE lessons and have introduced the school to boxercise which has been a huge success. I also have the responsibility of coaching adult classes that consist of parents and members of staff from the school. This demanding role has enabled me to learn the skills of working with people in a large group and on a one-to-one basis and allowed me to communicate with people at many different levels as I encounter sessions that range from young children to mature adults. I am the lead Swimming Coach of the Primary School I work at. I have taught from beginners to advance level children and adults.

I feel that I hold many qualities that will be suitable for your organisation. I am a well organised, determined individual who has great interpersonal skills through my experience of working in a school. My experiences have taught me that taking a fun approach to coaching makes exercising a lot more enjoyable for individuals and this is something that can be achieved through my personality. I hope that my multilingual ability to communicate in more than five languages would be beneficial to your company because I would be able to communicate with the wider audience. I am a sports and football coach and have a good understanding of health and fitness which will all lend well to the demands of understanding individual needs as a Swimming instructor.

My determination, confidence and evaluative skills have allowed me to develop into a strong, organised and efficient individual who enjoys being a member of an integral team. I hold many skills and I am also continually developing my skills as I have completed my Level 2 Swimming Teaching Aquatics course this July 2013 and due to attend water fitness Aqua Instructor Course in September 2013.

Seeking work in international locations

## Employment History:

**February 2011 - Present - Sports Coach. Swimming Teacher** at (most recent employer hidden for confidentiality)  
Leicester UK, UK - United Kingdom, (College)

### Duties included:

- Teaching kids aged 4 to 11 years
- Coaching kids in sports including Football, Swimming and Fitness
- Organising before and after School Sport sessions

- Boxercise fitness classes for children, teachers and parents
- Organising football tournaments and matches between different schools

Ordering sports equipment for school when required

### **Products worked with:**

Primary Schools

Private one to one Clients

Fitness Centers

Health & Fitness Clubs

Football Clubs

### **Education and Qualifications:**

#### **2013 ASA IOS Loughborough University Pool**

Level 2 ASA Certificate

- Teaching Aquatics
- ASA Coaching Swimming to Disabled People
- Aqua Water Fitness Instructor

#### **2011 ASA IOS Corby International Swimming Pool**

Level 1 ASA Certificate

- Teaching Aquatics

#### **2006 Leicester College Leicester**

Btec National Diploma

Sports Science

#### **2004 Rushy Mead Secondary School, Leicester**

7 GCSE's at grade C or above including English and Mathematics

### **Vocational Qualifications**

Training & Other qualifications

- Jun 2013 Coaching Sports To Disabled People/ Blind Footballers
- Jun 2013 Coerver Coaching Youth Diploma Football -Stoke City FC
- May 2013 RUGBY LEVEL 1 PLUS RUGBY READY COURSE
- May 2013 Level 1 UKCC EBA Basketball
- Apr 2013 Level 2 ECB Certificate in Cricket Coaching
- Apr 2013 Level 1 ECB ACO Cricket Umpire Match Official
- Nov 2012 Boxercise Instructor/Boxercise for Kids
- Jun 2011 FA Level 2 Certificate in Coaching Football (QCF) / Coaching Futsal to Beginners
- Jun 2010 FA Qualified Referee Level 6 / Futsal Referee

Additional Skills

- Full UK Driving Licence
- Fluent in speaking English, Urdu, Hindi, and Swahili. Conversational Arabic, and basic Punjabi, Gujarati, and French.
- Full Clean CRB Enhanced Disclosure Ref: 001324055141 May 2011
- Basic Gymnastics Award, Tennis Coaching Award, Coaching Athletics to Beginners and First Aid Qualified.

### **Hobbies and Interests**

Play Football, Volleyball, Swimming and visit the gym 4 days a week, I'm very keen on maintaining a healthy lifestyle in exercising and diet. I enjoy surfing the net, reading books on interesting topics. I often take part in community fund raising charity events furthermore my motto in life is to treat people exactly how I'd like to be treated.

