

# Curriculum Vitae

Male

D.O.B. 20 August 2000

Number of years working in industry: 3 years 9 months

**Candidate ID Number:** 170401

**Nationality:** French

**Language Skills:**

Fluent: English, French

Basic: Spanish, Arabic

**Permitted to work in:** European Union, Morocco

**Position Sought:** Massage Therapist, Fitness Professional

## Personal Statement

My Life goal : Simply become a best version of myself with taking care of my wife and my cat.

1. Adaptability & Willingness to Learn: I am constantly seeking to expand my knowledge and skill set, and I am comfortable admitting when I don't know something, always willing to learn and improve.

2. Attention to Detail & Problem-Solving: I take a meticulous approach to tasks, ensuring every detail is considered. I am also adept at solving problems efficiently by using both my knowledge and creativity.

Seeking work in international locations

## Employment History:

**May 2022 - Present - Strength and Conditioning Coach** at (most recent employer hidden for confidentiality)  
Tetouan (Morocco), (Home/Mobile)

### Duties included:

As a sports masseur, I have developed a deep expertise in managing muscle recovery and reducing physical pain in athletes. With my skills in massage techniques tailored to the specific needs of sports professionals, I have contributed to improving flexibility, mobility, and injury prevention. I have also had the opportunity to use a variety of methods, from Swedish massage to deep tissue techniques, to treat muscle tension and chronic pain, allowing athletes to perform better and recover more quickly after intense training sessions or competitions.

## Education and Qualifications:

**2025 Claude Bernard University, Lyon, France**

Degree

Sport Sciences, Sport Massage, Réhabilitation

**2023 Claude Bernard University**

Master's Degree in Sport Sciences

**2021 Claude Bernard University**

Bachelor's Degree in Sport Sciences

## Vocational Qualifications

Photo / First Aid

## Hobbies and Interests

Brasilian Jujitsu / Photo / Track & Field / Video Games / Animals / Pastry

CV created at [www.spastaff.com](http://www.spastaff.com)

