

# **Curriculum Vitae**

**Female**

**D.O.B. 08 May 1975**

**Number of years working in industry: 5 years 1 month**

**Candidate ID Number:** 16874

**Nationality:** Saint Lucian, British

**Language Skills:**

Fluent: English, French

**Permitted to work in:** Saint Lucia, UK - United Kingdom

**Position Sought:** Massage Therapist

## **Personal Statement**

I am an enthusiastic, energetic, self-motivated person; I work well in groups but I'm quite happy and capable working alone. I have the ability to communicate effectively with a wide range of people at all levels. I am punctual and happy when working and is also capable of working under pressure. I am willing to give 110% to get the job done and give excellent customer service. Problem solving and thinking of solutions come naturally to me. I am proactive and positive in everything I do.

My Goals - Strive to satisfy and be happy at all times.

Seeking work in London, UK

## **Employment History:**

**September 2012 - July 2013 - Kensington close hotel** at (most recent employer hidden for confidentiality)  
Kensington , UK - United Kingdom, (5 Star Hotel Spa)

### **Duties included:**

I am currently working at Kensington Close Hotel as a chef de range for the past 9 months. We deal with various aspects involved in running the restaurant. Serving 500 to 800 + customers per sitting every day at breakfast. My duties include making sure all is in order and set up at my station before customers arrival, manage guest queries in a timely and efficient manner, ensure compliance of the hotel standard, strive to achieve department standard, take and deliver customers orders, to consistently demonstrate high level of customer service, ensure cleanliness of work area at all times, to have excellent grooming standard and positive attitude, ensure 110% customer service at a high level etc.

### **Products worked with:**

I'm employed at the restaurant at present and I'm also continuing with my massages at home.

I'm using products from simply essential

**May 2006 - August 2010 - Massage Therapist** at Ruby King, Castries, Saint Lucia, (5 Star Hotel Spa)

### **Duties included:**

Stock taking and stock control, target levels, quality control, to ensure the customers receive excellent customer service at all times, establish and create relationships with potential clients, keep track of company inventory, creativity and quick thinking, increase sales and profitability of the products, showcase of products, make sure things run smoothly and are done at a high level of standard, etc.

### **Products worked with:**

T'spa, SOMA, Mother Earth products, Pevonia

**Career Break - Traveling**

## **Education and Qualifications:**

### **2009 Holistic School of Therapy, Saint Lucia**

Diploma

Massage Therapy

Hand and Foot reflex therapy, body exfoliation, Anatomy & Physiology, Body wrap, swedish massage, customer care, sales, retail,

During my 4 years of work as a massage therapist I attended the Holistic school of Therapy for a period of 18 months where I did 8 months of theory in anatomy and physiology then went on to doing 10 months hands on different type of massaging strokes at the school.

### **1992 Vieux-Fort Secondary School**

GCSE,

Maths, English

## **Vocational Qualifications**

Secretary, sales/retail, elderly care

## **Hobbies and Interests**

Cycling

Running any type of sports or fitness

Cooking

Language

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