

Curriculum Vitae

Male

D.O.B. 19 March 1978

Number of years working in industry:

17 years 11 months



Candidate ID Number: 168475

Nationality: Indian

Language Skills:

Fluent: English, Hindi

Basic: Arabic

Permitted to work in: India, UAE - United Arab Emirates

Position Sought: Spa Consultant, Spa Co-ordinator, Treatment Manager / Spa Trainer, Senior Therapist, Fitness Professional, Physiotherapy Technician

Personal Statement

To make a positive impact and contribute to society in a meaningful way. To achieve personal and professional growth, and to continuously learn and develop new skills. To find balance between work and life, and to lead a fulfilling and contented life.

Seeking work in International locations

Employment History:

November 2005 - October 2023 - Physiotherapy Technician at (most recent employer hidden for confidentiality)
Dubai, UAE - United Arab Emirates, (Health Club)

Duties included:

- Analyzing client in terms of Level of Fitness; Body Classification according to Weight and Standard Measurement; Classification of Body Mass Index (BMI) and Body Composition Analysis (BCA).
- Checking the Physical Activity of the Client base on the calorie intake in coordination with the Dietician and Doctors.
- Consulting using different machine for weight loss including Ifra Red Rays, Low Frequency, Medium Frequency, Electrical Muscle Stimulator, and Vibration Massage.
- Prescribing appropriate exercise in the gym: Treadmill, Ergo meter, Cross Trainer, Weight Lifting accessories, proper stretching and warm-up exercises, dynamic and passive exercises.

Education and Qualifications:

2025

Physiotherapy Subjects

1999 Texcity College of Paramedical Sciences

Diploma in Physiotherapy

Sports and Fitness Cordinator, Therapy Modalities and Scientific Massages

1999 Texcity College of Paramedical Sciences

2 level

1996 High School

2 level

Product Training:

June 1996 Physiotherapy

Diploma in Physiotherapy

Texcity College of Paramedical Sciences,

Coimbatore,Tamilnadu,India

Therapy Modalities, Active and Passive Exercises, Mobilization Technique, Scientific Massage Etc...

Vocational Qualifications

BLS First Aid Certificate (Expired) Ministry of Health, UAE MOH Evaluation Letter

Hobbies and Interests

Cycling, Badminton

CV created at www.spastaff.com

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