

# Curriculum Vitae

Male

D.O.B. 19 March 1978

Number of years working in industry:

17 years 11 months



**Candidate ID Number:** 168475

**Nationality:** Indian

**Language Skills:**

Fluent: English, Hindi

Basic: Arabic

**Permitted to work in:** India, UAE - United Arab Emirates

**Position Sought:** Spa Consultant, Spa Co-ordinator, Treatment Manager / Spa Trainer, Senior Therapist, Fitness Professional, Physiotherapy Technician

## Personal Statement

To make a positive impact and contribute to society in a meaningful way. To achieve personal and professional growth, and to continuously learn and develop new skills. To find balance between work and life, and to lead a fulfilling and contented life.

Seeking work in International locations

## Employment History:

**November 2005 - October 2023 - Physiotherapy Technician** at (most recent employer hidden for confidentiality)  
Dubai, UAE - United Arab Emirates, (Health Club)

### Duties included:

- Analyzing client in terms of Level of Fitness; Body Classification according to Weight and Standard Measurement; Classification of Body Mass Index (BMI) and Body Composition Analysis (BCA).
- Checking the Physical Activity of the Client base on the calorie intake in coordination with the Dietician and Doctors.
- Consulting using different machine for weight loss including Infra Red Rays, Low Frequency, Medium Frequency, Electrical Muscle Stimulator, and Vibration Massage.
- Prescribing appropriate exercise in the gym: Treadmill, Ergo meter, Cross Trainer, Weight Lifting accessories, proper stretching and warm-up exercises, dynamic and passive exercises.

## Education and Qualifications:

2025

Physiotherapy Subjects

**1999 Texcity College of Paramedical Sciences**

Diploma in Physiotherapy

Sports and Fitness Coordinator, Therapy Modalities and Scientific Massages

**1999 Texcity College of Paramedical Sciences**

2 level

**1996 High School**

2 level

## **Product Training:**

### **June 1996    Physiotherapy**

Diploma in Physiotherapy

Texcity College of Paramedical Sciences,

Coimbatore,Tamilnadu,India

Therapy Modalities, Active and Passive Exercises, Mobilzation Technique,Scientific Massage Etc...

## **Vocational Qualifications**

BLS First Aid Certificate (Expired) Ministry of Health, UAE MOH Evaluation Letter

## **Hobbies and Interests**

Cycling, Badminton

CV created at [www.spastaff.com](http://www.spastaff.com)

