

Curriculum Vitae

Female

D.O.B. 01 April 1974

Number of years working in industry: 21 years 1 month

Candidate ID Number: 16646

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Spa Consultant, Spa Manager, Spa Co-ordinator, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist, Bowen Therapist

Personal Statement

I am a well presented, articulate and capable holistic therapist with a proven ability to provide the necessary customer service and care required to ensure overall client satisfaction.

I have the ability to carry out variety of treatments with confidence and competence on customers to help them look and feel the best they can.

I am an excellent communicator who can relate well with people at all levels and is able to work well as part of a team or individually. Comfortable working in a fast paced, hands-on work environment and consider no job too big or too small.

Seeking work in Manchester, UK and international locations

Employment History:

December 2007 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Middleton, UK - United Kingdom, (Health Club)

Duties included:

Responsible for providing body treatments to customers and also creating a calm environment where they can relax. Carrying out all procedures to a high standard and ensuring client confidentiality.

Duties:

Providing guests with the highest standards of care and attention.

Meeting and greeting customers when they arrive.

Providing excellent customer care to clients.

Giving aftercare advice on treatments and skincare matters.

Ensuring my diary was run efficiently and effectively.

Marketing my therapies by actively organizing promotional activities.

Keeping the room to a high standard of hygiene, cleanliness and tidiness.

Charging customers and taking payment from them.

Correctly accounting for all monies taken.

Ensuring that all equipment is in safe working order, maintained and serviced.

Helping client's complete a medical questionnaire before any treatments.

Products worked with:

Massage Creams, Carrier Oils and Essential Oils. Also natural products i.e banana for the natural facials.

Non-specific names.

Career Break - Traveling

January 2005 - Present - Holistic Therapist at Holistic Therapies, Manchester, UK - United Kingdom, (Home/Mobile)

Duties included:

I am a member of the Federation of Holistic Therapists (FHT) and run my own business providing holistic therapies. These include Reflexology, Aromatherapy, Bowen technique, body massage, ear candling, natural facials and Indian head massage.

I have helped many customers to improve their physical, mental and emotional well being and carried out treatments in their homes and at my treatment room. I manage my own accounts, time and diary.

Education and Qualifications:

2013 Gateway Workshops

Certificate to confirm training

Hot and Cold Stones Massage

2010 European College of Bowen Studies

Certificate to confirm training

Bowen Technique

2007 Hands On Training International

Certificate to confirm training

Natural Facial

2005 Hopwood Hall College, Rochdale

VTCT

Aromatherapy Massage

2004 Sandra Day School of Health Studies

Certificate to confirm training

First Degree Reiki (Usui Shiki Ryoho)

2004 Hopwood Hall College, Rochdale

VTCT

Reflexology

2004 Hopwood Hall College, Rochdale

VTCT

Indian Head Massage

2004 Sandra Day School of Health Studies

Certificate to confirm training

Thermo-Auricular Therapy (Hopi)

2003 Hopwood Hall College, Rochdale

VTCT

Swedish Massage

1990 Moorclose Senior High School

5 GCSEs

B-C Grade

Vocational Qualifications

BTEC National in Business and Finance.

I possess excellent IT skills with a good working knowledge of Microsoft Office including MS Word, MS Excel and Outlook, having worked in a contact centre environment including an IT Helpdesk for over 20 years.

Hobbies and Interests

I paint, write poetry, read and I also try and keep fit, by jogging, walking and swimming.

Yoga is also a passion of mine.

CV created at www.spastaff.com

