

# Curriculum Vitae

**Female**

**D.O.B. 12 February 1990**

**Number of years working in industry:**

**11 years 8 months**



**Candidate ID Number:** 164837

**Nationality:** British, American

**Language Skills:**

Fluent: English

Basic: French

**Permitted to work in:** USA - United States, UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Director, Spa Manager, Spa Co-ordinator, Treatment Manager / Spa Trainer, College Tutor

## Personal Statement

Experienced spa therapist and international spa trainer. Dedicated to elevating the spa industry through training and sustainable practices. Delivering world class spa experiences. Advocating for inclusive skincare. Proven track record of successfully transforming concepts into reality.

Seeking work in national and international locations and cruise ships

## Employment History:

**February 2019 - Present - Treatment Manager / Spa Trainer** at (most recent employer hidden for confidentiality)  
Margate, UK - United Kingdom, (Day Spa)

### Duties included:

- Planning and delivering treatment training programs to spa partners. Training the therapist teams of 5 star hotels and resorts- Rosewood Le Guanahani, Saint Barth. COMO Metropolitan, London. Patina, Maldives.
- Head of Haeckels Academy. A VTCT training center offering level 2 and 3 qualifications in massage and skincare. Directing this project from the idea stage to a thriving academy- In 2024 Haeckels Academy achieved the highest standard rating from VTCT external quality assurance inspection.
- Responsible for internal training and development of spa therapists in Margate and London locations.
- Researched and wrote an acclaimed course Facial Treatment for Skin of Colour, accredited by the Beauty Guild.
- Expert knowledge on sustainability credentials and practices in the spa and skincare industries.
- Facial and body treatment creation.
- Conducting training courses through lecturing, live demonstration, online delivery, video creation, assessing and other training techniques.
- Creating training manuals, company policy handbooks, and extensive learning materials.
- Communicating training outcomes to CEO and Global Head of Commercial via meetings and reports.

### Products worked with:

Haeckels

**October 2020 - August 2021 - College Tutor** at East Kent College, Folkestone, UK - United Kingdom, (College)

### Duties included:

- Delivered engaging lessons to students on Level 2 and 3 VTCT beauty qualifications.

- Produced high-quality teaching material for supporting and developing student learning.
- Housekeeping and stock taking.
- Fostered a supportive learning environment, encouraging active participation and helping students develop subject-specific skills and knowledge.

**October 2018 - March 2019 - Beauty Therapist** at Bannatyne, Broadstairs, UK - United Kingdom, (Health Club)

**Duties included:**

- Provided a range of treatments - facials, facial electrotherapy, massage, spa body treatments, manicure and pedicure.
- Used product and skincare knowledge to promote and sell services and retail products.
- Advising clients on skincare and service recommendations.
- Adhering to housekeeping and health safety protocols at all times.

**Products worked with:**

Elemis

**November 2014 - August 2018 - College Tutor** at West London School of Beauty, London, UK - United Kingdom, (College)

**Duties included:**

- Provided teaching for beauty VTCT NVQ qualifications to students, both one-on-one and in group sessions.
- Providing treatment demonstrations for students.
- Coached students on all aspects of their course criteria, enabling them to successfully complete assessments.
- Assessed students' progress throughout specific criteria.

**Products worked with:**

Dermalogica

**March 2014 - October 2014 - Beauty Therapist** at Pamper Puff Girls, London, UK - United Kingdom, (Home/Mobile)

**Duties included:**

- Providing beauty treatments to clients including manicure, pedicure, nail art and nail extensions.
- Carrying out treatments at fashion events in London.
- Performing high quality services using OPI products.
- Working at a fast pace and dealing with a high volume of clients.

**Products worked with:**

- OPI

## Education and Qualifications:

**2024**

**2014 West London School of Beauty**

- Level 3 NVQ Diploma in Massage VTCT
- Level 3 NVQ Diploma in Beauty Therapy General VTCT
- Level 2 NVQ Diploma in Beauty Therapy General VTCT
- Level 2 NVQ Diploma in Nail Services VTCT
- Level 4 Certificate in Laser and IPL Treatments VTCT
- Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practices Level 3 Certificate in Assessing Vocational Achievement VTCT

- Level 4 Award in Preparing to Teach in the Lifelong Sector VTCT

## **2012 University of Kent**

BA (Hons) Visual and Performed Art (2:1)

## **Vocational Qualifications**

QN UK Level 3 Award in Emergency First Aid at Work (2022).

Certificate in Safeguarding and Prevent (2021).

## **Hobbies and Interests**

- Spending time outdoors, hiking, swimming, gardening.
- Meditation
- Qigong
- Cooking
- Reading and art

CV created at [www.spastaff.com](http://www.spastaff.com)

