

Curriculum Vitae

Female

D.O.B. 22 May 1984

Number of years working in industry: 13 years 4 months

Candidate ID Number: 15875

Nationality: Polish

Language Skills:

Fluent: English, Polish

Basic: Spanish

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Spa Consultant, Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Fitness Professional, Yoga / Pilates Teacher

Personal Statement

Personable and passionate Yoga Teacher, dedicated to sharing the Yoga tradition and lifestyle with eager students. Trained in variety of subtle yet profound healing therapies. Committed to help individuals to connect with their inner wisdom, healing and expansional potential.

Seeking work in Poland, Thailand other international locations and cruise ships

Employment History:

October 2012 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Thailand, Thailand, (Home/Mobile)

Duties included:

Yoga Nidra, Pranayama, Meditation, Hatha Yoga, Yoga Anatomy, Yoga Philosophy, Therapeutic Yoga, Ashtanga Yoga, Reiki, Chakras, Craniosacral Therapy, Healing Crystals Therapy, Lymphatic Drainage Massage

Education and Qualifications:

2012 Rishikul Yogshala, India

Certificate recognised by Yoga Alliance

Hatha Yoga, Ashtanga Yoga, Reiki

2012 Lifetime Studies, UK

Certificate

Chakra and Aura Balancing Therapy

2013 Upledger Institute

Craniosacral Therapy level 1 & 2

2012 TTC Spa School

Lymphatic Drainage Massage Therapy

Vocational Qualifications

Scuba diving, IT skills, Property Managment

Hobbies and Interests

Dancing, Yoga, Diving, Rock Climbing, Music, Healing, Meditation

CV created at www.spastaff.com

