

Curriculum Vitae

Male

D.O.B. 28 August 1978

Number of years working in industry:

22 years 3 months



Candidate ID Number: 15838

Nationality: Nepalese

Language Skills:

Fluent: English, hindi

Basic: Arabic

Permitted to work in: Nepal

Position Sought: Spa Consultant, Spa Co-ordinator, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist, Receptionist, Area Sales Representative, Retail Professional

Personal Statement

I am a hardworker, honest and loyal with company

exceed customers expectation

kind, best team player and enjoy working with other

Seeking work in international locations 5* hotel and cruise ships

Employment History:

September 2011 - Present - Senior Therapist at (most recent employer hidden for confidentiality) Abu Dhabi, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

- Provided massage & facial, waxing, hand and feet treatment services to clients using safe, appropriate and effective techniques.
- Performed health history on clients and updated prior to each session; ascertained precautions contradictions for massage prior to each session.
- Explained procedures and applied techniques appropriate to client needs and preferences.
- Observed client reaction to massage and modified as necessary.
- Solicited feedback and responded accordingly.
- Documented all sessions performed according to established guidelines.
- Other responsibilities included: Maintaining client confidentiality and sensitivity to age and gender related issues during all client interactions; reporting any unusual client interactions to management team immediately, scheduling and maintaining appointments; assisting receptionist for guest payment.

Products worked with:

ESodashi, Therae, Aromatherapy, Amala

February 2013 - Present - Head Therapist at Cleopatra Spa, Wafi, Dubai, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

- Provided massage & facial and body treatment services to clients using safe, appropriate and effective techniques.

- Performed health history on clients and updated prior to each session; ascertained precautions contradictions for massage prior to each session.
- Explained procedures and applied techniques appropriate to client needs and preferences.
- Observed client reaction to massage and modified as necessary.
- Solicited feedback and responded accordingly.
- Documented all sessions performed according to established guidelines.
- Responsibilities included: Maintaining client confidentiality and sensitivity to age and gender related issues during all client interactions; reporting any unusual client interactions to management team immediately, scheduling and maintaining appointments; assisting receptionist for guest payment, consulting with appropriate treatment staff regarding treatment plans when necessary and conducting training, as well as Handling monthly products stock count to maintain stock level.

Products worked with:

- Elemis
- Sodashi
- Aromatherapy
- Therae
- Amala
- Shiffa
- Eminence

September 2010 - September 2011 - Massage Therapist at Jumeirah Emirates Tower, Dubai, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

- Provided massage & facial, waxing, hand and feet treatment and hammam services to clients using safe, appropriate and effective techniques.
- Performed health history on clients and updated prior to each session; ascertained precautions contradictions for massage prior to each session.
- Explained procedures and applied techniques appropriate to client needs and preferences.
- Observed client reaction to massage and modified as necessary.
- Solicited feedback and responded accordingly.
- Documented all sessions performed according to established guidelines.
- Other responsibilities included: Maintaining client confidentiality and sensitivity to age and gender related issues during all client interactions; reporting any unusual client interactions to management team immediately, scheduling and maintaining appointments; assisting receptionist for guest payment, consulting with appropriate treatment staff regarding treatment plans when necessary and conducting training, as well as Handling monthly products stock count to maintain stock level.

Products worked with:

Aromatherapy, Peter Thomes Roth

November 2005 - August 2010 - Massage Therapist at Jumeirah Emirates Towers Hotel, Dubai, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

- Provided massage & facial, waxing, hand and feet treatment services to clients using safe, appropriate and effective techniques.
- Performed health history on clients and updated prior to each session; ascertained precautions contradictions for massage prior to each session.
- Explained procedures and applied techniques appropriate to client needs and preferences.
- Observed client reaction to massage and modified as necessary.
- Solicited feedback and responded accordingly.
- Documented all sessions performed according to established guidelines.
- Other responsibilities included: Maintaining client confidentiality and sensitivity to age and gender related issues during all client interactions; reporting any unusual client interactions to management team immediately, scheduling and maintaining appointments; assisting receptionist for guest payment.

Products worked with:

Aromatherapy, Amala, Peter Thomas Roth

September 2003 - October 2005 - Receptionist at Jumeirah Emirates Towers, Dubai, UAE - United Arab Emirates,

(5 Star Hotel Spa)

Duties included:

- Ensure smooth and efficient daily operations of reception area
- Advise and promote treatments to guests
- Welcome all guests to H2O and ensure their needs are met
- Perform daily and assist with monthly audits
- Attend weekly department meetings
- Assess and amend booking schedule to maximize utilization
- Actively promote and up sell the products used in H2O to increase sales.

Products worked with:

Aromatherapy, Amala, Peter Thomas Roth

Education and Qualifications:

2014 Cleopatra spa

Supervisor and trainer

Supervisor and trainer

2009 Cleopatra Beauty Institute, Dubai,UAE

CIBTAC,ITEC

Massage Therapy

Facial Therapy

Body Treatment

2009 Cleopatra Beauty Institute, Dubai UAE

ITEC Level 3 diploma CIBTAC diploma

- Swedish massage diploma in CIBTAC
- Holstic massage diploma in ITEC
- Waxing
- Facial Therapy
- Hand & Feet Treatment
- Leadership Training
- Trainer

2008 Cleopatra's beauty institute

CIBTA and ITEC

CIBTA and ITEC diploma

1995 Amaruwa Higher Secondary School, Nepal

School leaving certificate

Product Training:

July 2016 Leadership

Mkm commercial holding

Training department at wafi dubai UAE

April 2013 Facial and Eye treatment

SRI ,WAFI, Dubai UAE

Elemis Body, facial and Eye treatment

March 2013

Elemis

DUbai, UAE with SRI

Elemis Facial, Eye and Body therapy training

September 2012

Sodashi, Therae,Aromatherapy,Peter Thomas routh,Amala

Etihad Towers Hotel

Face and Body treatment

Vocational Qualifications

first aid, health and safety

DHA license holder

Hobbies and Interests

play sports and games

CV created at www.spastaff.com

