

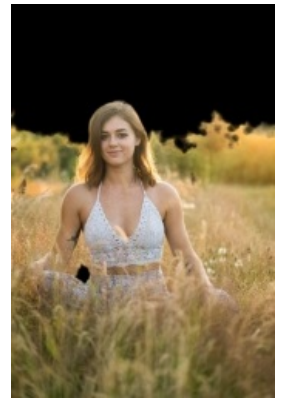
Curriculum Vitae

Female

D.O.B. 01 June 1996

Number of years working in industry:

6 years 10 months



Candidate ID Number: 157247

Nationality: Canadian

Language Skills:

Fluent: English, French

Basic: Spanish

Permitted to work in: Canada

Position Sought: Massage Therapist, Holistic Therapist, Complementary Practitioner, Yoga / Pilates Teacher

Personal Statement

My best qualities are my gentleness and compassion for others. I naturally offer a calming and safe environment to those around me. I have a strong work ethic, I approach tasks with enthusiasm and deliver high-quality results. I thrive in dynamic environments, adapting easily and staying self-motivated. My creativity adds a unique touch to my work, and I am a collaborative team player with a positive attitude. I excel in problem-solving, addressing challenges with a solution-oriented mindset. Eager to contribute my skills and enthusiasm, I am confident in my ability to enhance any team and make a positive impact.

Seeking work in national and international locations

Employment History:

November 2016 - September 2023 - Massage Therapist at (most recent employer hidden for confidentiality)
Moncton, New Brunswick , Canada, (Day Spa)

Duties included:

Clinic Owner and Operator

Provide tailored massage therapy treatments to clients

Develop at home self care routine, stretching and strengthening, rehab exercises

Marketing, Online Ads, Social Media, Website development and upkeep

Billing, Scheduling, Bookkeeping, charting

Volunteering and community outreach

Budgeting and Expense management

Continued education and supplementary modalities to treatment

Teach public and private yoga classes

October 2018 - July 2019 - Massage Therapist at VIP Fitness and Lifestyle, Vancouver British Columbia, Canada, (Health Club)

Duties included:

Provide Wellness Education, at home rehab exercises

Provide massage therapy hands on treatment

Assist clients in stretching and strengthening exercises

Ensure sanitary clinic environment

Participate to monthly education sessions provided by clinic

Participate in weekly training sessions with staff

October 2018 - July 2019 - Massage Therapist at Myodetox Vancouver, Vancouver British Columbia, Canada, (Health Club)

Duties included:

Provide Wellness Education, at home rehab exercises

Provide massage therapy hands on treatment

Assist clients in stretching and strengthening exercises

Ensure sanitary clinic environment

Participate to monthly education sessions provided by clinic

May 2017 - May 2018 - Massage Therapist at Bodywise Yoga, Pilates and Massage, Moncton New Brunswick, Canada, (Health Club)

Duties included:

Provide Wellness Education, at home rehab exercises

Provide massage therapy hands on treatment

Assist clients in stretching and strengthening exercises

Ensure sanitary clinic environment

Participate to monthly education sessions provided by clinic

Education and Qualifications:

2019 College Atlantique de Massage Therapeutique Dieppe New Brunswick College Osteopathic Studies Halifax NS and Vancouver BC Blissology Yoga Teacher Training Bali Indonesia

Diploma in Massage Therapy 2200 hours Osteopathy 3 years Yoga Teacher Training 200 hours

- Cupping Therapy
- Hot Stone Massage
- Reiki
- Osteopathy
- Sports Massage
- Yoga
- Emotional Freedom Technique
- Perinatal Massage

2019 Blissology Yoga Teacher Training

200 hour Yoga Teacher Training

2016 College Atlantique de Massage Therapeutique

2200 hour massage therapy training

- Biology 100
- Microbiology 100
- Nutrition 91
- Biopathology 100
- Arthrology 96
- Myology 96
- Osteology 95
- Somatic Anatomy 96

- Clinical Theory 92
- Pharmacology 98
- Medical Terminology 97
- Practical Exam 95
- Neurology 100
- Pathology 95
- Cardiac Physiology 95
- Muscular Physiology 100
- Renal Physiology 99
- Respiratory Physiology 100
- Endocrinology 100
- Gastro-Intestinal Physiology 91
- Visceral Anatomy 100
- Cardio Lymphatic Anatomy 99
- Sensorial Organ Anatomy 97
- Ethics 95
- Business 93
- Communication 90
- Clinic Documentation 100
- Professionalism 100

Transcript available

Vocational Qualifications

- First Aid
- Website Development
- Logo Making
- Video and photo editing
- Free Diving
- Spear Fishing
- Energy Work
- Cooking
- Interior Design
- Aromatherapy
- Sailing
- Musician (Guitar and singing)

Hobbies and Interests

- Reading
- Yoga
- Journaling
- Cooking
- Sailing
- Musician (Guitar and singing)

CV created at www.spastaff.com

