

# Curriculum Vitae

**Female**

**D.O.B. 24 March 1986**

**Number of years working in industry:**

**7 years 9 months**



**Candidate ID Number:** 15565

**Nationality:** Spanish

**Language Skills:**

Fluent: English, Hungarian, Spanish

**Permitted to work in:** European Union

**Position Sought:** Spa Consultant, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Massage Therapist, Holistic Therapist, Complementary Therapist, Receptionist

## Personal Statement

I am a certified massage therapist and administrative assistant with over 6 years of international experience of working in spas, hotels and a chiropractic clinic. I am a client-oriented, results-driven and dedicated professional who is always willing to pick up new skills and face challenges.

Fluent in English, Spanish and Hungarian.

## Employment History:

**March 2016 - December 2018 - Assistant Manager** at (most recent employer hidden for confidentiality) Barcelona, Spain, (5 Star Hotel Spa)

### Duties included:

- Satisfying the needs of patrons of the hotel with the highest level of hospitality.
- Organizing duties and shifts of therapists.
- Managing various client accounts.
- Reporting general weekly ongoing to the Director of the Spa.
- Performing therapeutic and medical massage, specialising in a wide range of massage methods and techniques.

### Products worked with:

Natura Bissé, Dr. Perricone

**September 2014 - December 2016 - Massage Therapist** at Mimasaje, Barcelona, Spain, (Day Spa)

### Duties included:

I give medical massages that release chronically contracted muscles and promote better health. I am also qualified in ayurvedic, thai and anticelulitic massages. I have much experience in massaging sportsmen and clients having locomotor disorders. My aim is to help our clients disconnect from daily stress, routine and finally find the balance between body, soul and mind.

### Products worked with:

oils

**April 2012 - April 2014 - Massage Therapist** at Platinum Kiropraktika, Budapest, Hungary, (Hospital / Medical Clinic)

**Duties included:**

As my goal is to contribute to the healing process of guests I give specific massage treatments focusing on the clients' problems and needs. Sometimes I am also responsible for the receptionist duties.

**Products worked with:**

pure grape seed oil

**July 2008 - January 2010 - Receptionist** at Danubius Health Spa Resort Margitsziget, Budapest, Hungary, ( Hotel Spa)

**Duties included:**

I spent my professional practice there. My tasks included helping the guests, making the schedules of the medical treatments with the help of the software Winspa furthermore I was responsible for the billing of the patient's hotel charges.

**Education and Qualifications:**

**2012 The Hungarian Association of Thai Massage Therapists, Budapest (Hungary)**

the title of the certificate: Thai Masseur

Intensive traditional thai massage course

**2010 P.V.A. Ayurvedic School and Hospital (Kattampally, Kannur, India)**

title of the certificate: Ayurvedic Therapist

skills covered: ayurvedic massages (abhyanga, elakizhi, navarakizhi, podikizhi, udwathana, steam bath,pizhichil,shirodhara, vasti treatments) and treatments, herbology

**2005 Xántus János Secondary Vocational Training School for Tourism**

title of certificate: Tour Guide

English speaking tour guide

**2011 Fitness Academy of Budapest**

- title of the certificate: medical masseur
- the grade of my school leaving certificate: excellent (84%)
- skills covered: swedish massage, deep tissue massage, hydro-balneo therapy, passive mobilisation techniques, medical massage, anti-cellulite massage

**2010 Budapest College of Communication and Business (Heller Farkas Faculty of Tourism and Economics)**

- Bachelor degree in economics of tourism and hotel management programme
- grade of diploma: excellent
- specialised in MICE (Meetings, Incentives, Conferences and Exhibitions) and health tourism
- my thesis title: „The investigation into Ayurveda in respect to complementary and alternative medicines existing in Hungary”

**Product Training:**

**December 2011 Germaine de Capuccini**

Corinthia Hotel, Budapest

body wraps, exotic rituals, massage therapies

**Vocational Qualifications**

driving licence B

## Hobbies and Interests

yoga, fitness, hiking, reading and cooking

CV created at [www.spastaff.com](http://www.spastaff.com)

