

# Curriculum Vitae

**Female**

**D.O.B. 10 March 2002**

**Number of years working in industry: 3 years 4 months**

**Candidate ID Number:** 155004

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Senior Therapist, Beauty Therapist, Massage Therapist

## Personal Statement

I am a well trained, high performing beauty/massage therapist. I have experience working at a very high standard and am competent in doing so.

Working in a 4 star spa has taught me a lot of valuable things about presentation, detail and performance at a high level. I have a thorough knowledge of a wide range of treatments and products, and can provide unique skincare regimes for each client.

I am extremely client orientated and incredibly passionate about the service I provide, I take a huge amount of pride in what I do and always give the best treatment possible.

I am used to working with a team and have gained many communication skills as a result of that. I have also undertaken different roles at the spa such as an attendant, this role relied on presentation and cleanliness but also efficiency. In this role I learnt a lot about time management and this helped me to excel in other areas of my career.

I am always eager to learn new things and never shy away from a challenge. I'd say as a person I'm very easy to get on with and find many strengths in working as a team, but can also work extremely well individually.

Seeking work in international locations

## Employment History:

**April 2023 - September 2023 - Beauty Therapist** at (most recent employer hidden for confidentiality) A superyacht based in south of France , France, (Cruise Ship)

### Duties included:

Part of an interior team of 9.

Performed all interior duties including cabin turn overs, bed making, detailing, updating inventories, guest cabin and common area maintenance, collecting and delivering guest laundry.

Maintaining crew areas and making sure they are clean and stocked. I enjoyed providing the crew with treatments and carried them out after work hours.

Always have an eye for detail to ensure the boat was looking it's best at all times to meet the very high standards.

Responsible for maintaining the spa (including a hammam), as well as providing a variety of treatments including massages, facials, mani/pedis, and waxing mainly.

Worked well in a fast paced environment with up to 25 guests on board at any given time.

Assisted in manoeuvres when needed on deck.

### Products worked with:

Maria Galland

**Career Break** - Training - industry-related

**February 2020 - January 2023 - Beauty Therapist** at St Michaels resort, Falmouth cornwall, UK - United Kingdom, (Hotel Spa)

**Duties included:**

Started out as an apprentice but was then hired in a permanent full time roll.

Experienced in carrying out a range of treatments to a very high standard.

Treatments include massage, facials (electrical also), body scrubs and wraps, manicures and pedicures (including gel polish), waxing and eyelash and eyebrow treatments.

Learnt both technical and communication based skills in the role.

Worked confidently in a busy and dynamic work environment.

Enhanced my communication skills at the spa, catered to people of all different ages, backgrounds and ethnicity.

Proved to work efficiently in a large team.

**Products worked with:**

Elemis

ishga

OPI

mylash

**Education and Qualifications:**

**2021 Truro college cornwall**

NVQ level 2 with level 3 elements

Beauty diploma VTCT NVQ level 2 apprenticeship

**2021 Truro college**

Beauty diploma VTCT NVQ level 2 apprenticeship passed

**2018 Helston community college**

9 GCSEs grades 6 - 4

btech health and social merit

**Product Training:**

**May 2021 Elemis**

Elemis in house trainer at St Michaels resort Tamara Carroll

OPI in house trainer at St Michaels resort

ishga in house trainer at St Michaels resort Lucy Mingo

Elemis deep tissue massage

Elemis garden of England massage

Elemis hot mineral body boost

Elemis peaceful pregnancy massage

Elemis poultice powered muscle release massage

Elemis biotech

Elemis exotic scrubs and wraps

OPI gel nails

ishga marine detox

ishga facials

ishga full body massage

ishga poultice massage

Elemis hands on facials

## **Vocational Qualifications**

STCW marine qualifications

PDSD marine security qualification

## **Hobbies and Interests**

Gym

hiking

walking

reading

CV created at [www.spastaff.com](http://www.spastaff.com)

