

Curriculum Vitae

Female

D.O.B. 23 May 1979

Number of years working in industry:

13 years 2 months



Candidate ID Number: 152567

Nationality: Azerbaijani

Language Skills:

Fluent: English, Turkish, Azerbaijan, Russian

Permitted to work in: Azerbaijan, Turkey

Position Sought: Spa Consultant, Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist

Personal Statement

Licensed Spa Therapist & Cosmetologist with a positive attitude and 13+ years experience. Skilled in performing the most current massage treatments and techniques, variety of spa and cosmetology treatments, laser epilation, waxing, manicure and pedicure, Turkish, Moroccan hamams and much more. Experienced in organizing Hotel Spa openings. Created and published spa treatments catalogs for hotels. I provide services with respectfulness, patience, and tact to help guests feel more comfortable and at ease.

Seeking work in international locations

Employment History:

January 2024 - April 2024 - Massage Therapist at (most recent employer hidden for confidentiality) Maldives, Maldives, (5 Star Hotel Spa)

Duties included:

Providing various types of massage, including Structural-plastic modeling massage for rejuvenation and face lifting without the use of anti-aging injections, Yoga massage, Bali massage, Shiradhara Ayurvedic massage, Chiropractic, Classic relax massage and much more; Selling additional sessions to guests, according to their medical history, as well as selling promotional services; Selling spa services on the hotel premises, providing information to guests about spa procedures; Booking spa procedures and selling cosmetic products from the Swiss company "Valmont".

Products worked with:

Products from the Swiss company "Valmont".

January 2019 - December 2022 - Beauty Therapist at La Blanche Island 5-Star Hotel, Mugla, Bodrum, Turkey, (5 Star Hotel Spa)

Duties included:

Massage Therapy Expertise: Proficient in a wide range of massage techniques, including Swedish, deep tissue, hot stone, aromatherapy, yoga massage, Balinese massage, Shiatsu, Chinese presser point therapy, foot reflexology, classic relaxation massage, anticellulite massage (by hands/ cups/ bamboo sticks /brazilian way), manual therapy, Shiradhara Ayurveda massage and other. In the course of my work, clients referred to me and I provided them massage courses for healing spinal and joint injuries. Clients felt a positive effect from the first sessions. I also helped clients lose weight through a course of massages. Skincare Knowledge: Well-versed in various facial treatments, body scrubs, and skincare products (June Jacobs - USA, Charme D'Orient - France, Forlle'd - Japan, Elemental Herbology and more). I am skilled in

analyzing clients' skin types and concerns to recommend and perform the most suitable treatments. Exceptional Customer Service: I prioritize creating a welcoming and comfortable spa environment for clients, actively listening to their needs, and providing recommendations for maintaining their wellness beyond their spa visit. I pride myself on ensuring each client leaves feeling relaxed, rejuvenated, and satisfied. Continual Learning: Committed to staying current with industry trends and emerging spa therapies through ongoing training and education. I am always eager to expand my knowledge to offer the latest treatments to clients. Currently I'm taking a course of rejuvenation without anti aging injections, by using massage techniques - structural plastic modeling of face and body . At the same time I'm studying: Nutrition, Dietetics, Hirudotherapy, Allergology, Dermatology, Face – building at Moscow Business Academy. Hygiene and Safety: Strictly adhere to sanitation and safety protocols, maintaining a clean and safe spa environment for clients and colleagues. I also have intensive experience in sales and marketing. Using these skills, I upsell spa procedures and cosmetic products. I'm inspired by my profession because I can help people achieve the results they want - look young and fresh inside and out, and have a positive impact on their state, health and mood!

Products worked with:

June Jacobs - USA, Charme D'Orient - France, Forlle'd - Japan, Elemental Herbology and more

January 2010 - September 2019 - Senior Therapist at Kempinski Badamdar, , Baku, Azerbaijan, (5 Star Hotel Spa)

Duties included:

Performing different types of face & body massages and beauty treatments; Providing guests with information on spa procedures, hammam, health benefits of massages and cosmetology treatments; Suggest and promote retail products or additional services; Purchasing cosmetic products for spa treatments, carrying out product inventory; Assistance to the manager with the selection of furniture for spa rooms (interior design advice, assistance in choosing of massage tables and beauty chairs); Publication of advertising and promotion of spa services in social media, as well as local beauty and health magazines; Recruitment of new clients, tourists from different countries: Turkey, Qatar, Oman, Saudi Arabia, Kuwait, Bahrain, UAE, Russia, Great Britain, Germany, Netherlands, Austria, and other.

Products worked with:

(June Jacobs - USA, Charme D'Orient - France, Forlle'd - Japan, Elemental Herbology and more)

January 2013 - November 2018 - Massage Therapist at Hyatt Regency; Bilgah Beach (JW Marriott Autograph Collection); Pik Palace, Park Chalet (Shahdag, Autograph Collection), Baku, Azerbaijan, (5 Star Hotel Spa)

Duties included:

Provide a range of therapeutic / Spa massages and beauty treatments depending on guests' needs and preferences.; Performing various types of massages: Yoga massage, Balinese massage, Shiatsu, Chinese presser point therapy, Deep tissue massage, Foot reflexology, Thai foot reflexology, Swedish massage, Classic relaxation massage, Hot stone massage therapy, Aroma massage therapy, Anti Cellulite massage (by hands/ cups/ bamboo sticks / brazilian way), Manual therapy, Shiradhara Ayurveda massage, Medical massages, Massage for pregnant women, Herbal bags & hot oil; Performing manicure and pedicure; Managing reservations for clients; Receiving cosmetic products, keeping records of received goods and reporting to the spa Manager, inventory of products; Providing guests with a form to check if they have diseases or allergies in order to avoid any accidents during / after the treatment; Monitoring the cleanliness of the SPA salon; Social media advertising; Providing exceptional customer service according to the standards of 5-star hotels.

Products worked with:

June Jacobs - USA, Charme D'Orient - France, Forlle'd - Japan, Elemental Herbology and more)

Education and Qualifications:

2001 Chechen State University

Bachelor

Finance and Banking

2001 Chechen State University (Grozny, Russia),

Finance and Banking

Product Training:

September 2023 Courses

- Nutrition, Dietetics, Hirudotherapy, Allergology, Dermatology, Face – building, Moscow Business Academy (2023);
- Structural plastic modeling of face and body, School for cosmetologists by Olga Matyash (2023);

Hobbies and Interests

History, culture, traditions of countries and nations, opera and ballet, music, F1, rally, carting, tennis, horse racing, traveling, charity for homeless animals, I'm always strive to learn new things to develop myself and my knowledge.

CV created at www.spastaff.com

