

# Curriculum Vitae

**Female**

**D.O.B. 18 January 1979**

**Number of years working in industry:**

**17 years 3 months**



**Candidate ID Number:** 151960

**Nationality:** Filipino

**Language Skills:**

Fluent: English

Good: Arabic

Basic: Spanish

**Permitted to work in:** Bahrain, Philippines

**Position Sought:** Assistant Manager, Fitness Professional, Receptionist, Membership Sales Professional

## Personal Statement

I am a hardworking person, flexible and easy going

Seeking work in international locations and cruise ships

## Employment History:

**November 2008 - Present - Health Club Supervisor** at (most recent employer hidden for confidentiality) Sitra, Bahrain, Bahrain, (5 Star Hotel Spa)

### Duties included:

- previous experience as fitness instructor and personal trainer
- knowledgeable in spa treatments and massages
- previous experience as pool bar waitress
- prior kids camp activities experience
- prior experience in handling club membership and boat mooring
- knowledgeable of Micros, Opera and Winman System
- solid analytical, problem-solving, communication and organizational skills
- a high level of computer proficiency including MS Office and excel

### Products worked with:

Elemis beauty products

Technogym brand for gym equipments

**January 2020 - Present - Recreation Supervisor** at Al Bander Hotel & Resort, Manama, Bahrain, (5 Star Hotel Spa)

### Duties included:

- previous experience as fitness instructor and personal trainer
- knowledgeable in spa treatments and massages
- previous experience as pool bar waitress
- prior kids camp activities experience
- prior experience in handling club membership and boat mooring
- knowledgeable of Micros, Opera and Winman System
- solid analytical, problem-solving, communication and organizational skills

- a high level of computer proficiency including MS Office and excel

**Products worked with:**

Elemis Beauty products

technogym brand of gym equipment

**Education and Qualifications:****2001 Emilio Aguinaldo College Manila, Philippines**

Degree in BS Physical therapy

Sports Science

**2001 Emilio Aguinaldo College**

Graduate and passed

**Product Training:**

**September  
2023**

Graduate of Bachelor in Science Major in Physical Therapy

Elemis beauty products

**Vocational Qualifications**

First Aid & CPR

**Hobbies and Interests**

Dancing, water sports, gym workout, reading and listening to music

CV created at [www.spastaff.com](http://www.spastaff.com)

