

Curriculum Vitae

Female

D.O.B. 04 August 1977

Number of years working in industry: 3 years 6 months

Candidate ID Number: 151264

Nationality: Italian

Language Skills:

Good: English, Portuguese , Italian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

Best qualities

Attention to detail. My interactions with both clients in my professional practice and the individuals I volunteer to assist have taught me the critical significance of paying meticulous attention to the intricacies of their bodies. This awareness allows me to discern areas of heightened stress or specific needs, which I then address through tailored massage techniques. By coupling this massage approach, I am dedicated to delivering an entirely personalized experience for each individual.

Punctuality is essential and serves as a sign of respect and consideration. The relationship between a massage therapist and a client is one of vulnerability and trust. I firmly believe that arriving on time not only creates a positive first impression but also establishes reliability as the foundational element for the entire session.

Current Life Goals

To become a highly experienced Complementary Therapist. I've studied 6 massage courses to date and I am soon to begin an online course with the School of Natural Skincare, aligning with my aspiration to eventually launch my own skincare line.

I wish to continue to help vulnerable people which is why I volunteer at Cancer Research Centre as a Massage Therapist. One memorable experience involved a client with significant stiffness akin to cerebral palsy. Following the massage session, observing the fluidity in their movement was truly heartening. It is these moments of tangible positive impact that further reinforce my dedication to my life goals.

Seeking work in international locations

Employment History:

August 2022 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Glasgow, UK - United Kingdom, (Home/Mobile)

Duties included:

My responsibilities include setting up a comfortable therapy room equipped with a soft and firm massage bed, perfect indirect lighting, a relaxing atmosphere and soothing music. I maintain cleanliness by routinely changing the bed covers and cleaning the room. Additionally, I ensure a safe entrance and guarantee a well-equipped bathroom.

Moreover, I am responsible for budgeting, scheduling and of course, well-coming clients!

Education and Qualifications:

Cardonald College

VTCT Level 3

All education and qualifications are noted in the resume, there is nothing further to mention.

Product Training:

August 2023

FHT Certificate

Calman Cancer Support Center at Gartnavel Hospital Glasgow.

Oncology Massage

August 2022

ABT Accredited Certificate

Aga&Ola 103 West Regent St G2 2DQ Glasgow

Balinese massage

April 2022 ABT Accredited Certificate

Aga&Ola 103 W Regent St, Glasgow G2 2DQ

Deep Tissue massage

March 2022

ABT Accredited Certificate

Aga&Ola Glasgow, 103 W Regent St, Glasgow G2 2DQ

Ayurvedic massage ABT accredited certificate

March 2022

IGCT Certificate

Amethyst Holistic Training in Glasgow

Hot Stone massage

June 2018 VTCT Level 3

Cardonald College, Glasgow

Complementary Therapies Level 3, Reflexology, Aromatherapy, and Facial massage.

Vocational Qualifications

National Certificate in Professional Cookery SCQF Level 5

Hobbies and Interests

My hobbies include meditation exercises, swimming going to the gym and expanding my knowledge of massage and aromatherapy. Moreover, I have a passion for blending oils and continuously improving my skills in skin product formulation

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