

Curriculum Vitae

Male

D.O.B. 04 March 1988

Number of years working in industry:

1 year 5 months



Candidate ID Number: 15122

Nationality: Polish

Language Skills:

Fluent: Polish

Good: English

Basic: French, Russian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

“Change is inevitable. Growth is optional.”

John C. Maxwell

Seeking work in London

Employment History:

December 2012 - February 2013 - Massage Therapist at (most recent employer hidden for confidentiality)
Katowice, Poland, (Day Spa)

Duties included:

- full body massage
- classical massage
- deep tissue massage
- sport massage
- lomi- lomi massage
- bamboo massage
- lymphatic therapy
- relaxing therapy
- anti -celulit therapy
- therapeutic massage

Products worked with:

- Habbys
- Kanu Nature
- Balsamique
- Naturalis Professional

January 2012 - May 2012 - Massage Therapist at Body Academy, Dabrowa Gornicza, Poland, (Health Club)

Duties included:

- Therapis raports

- Diagnose
- rehabilitation
- therapeutic massage
- full body massage

Products worked with:

- Thera Band
- Habbys

January 2011 - December 2011 - Massage Therapist at State Fund for the Rehabilitation of Disabled Persons, Jaworzno, Poland, (Hospital / Medical Clinic)

Duties included:

- Raports
- therapeutic massage
- deep tissue massage
- general rehabilitation
- PNF therapy elements
- Bobath for Adult therapy elements

Products worked with:

- Habbys
- Thera band

Education and Qualifications:

2012 Academy of Physical Education in Katowice

Degree, Master of Arts

Physiotherapy

2011 Thera Band Academy

Thera Band Basic

Basic Course of Thera Band Academy

2010 Academy of Massage in Katowice

Deep tissue massage

Fascial Therapy and Massage

2009 Academy of Massage in Katowice

Massage Therapist

- classical massage
- therapeutic massage
- sport massage

2007 Żeromski II High School in Dabrowa Gornicza

- secondary school certificate in Biology, Chemistry, Physics, English, Polish

Product Training:

June 2011 Thera Band

Katowice- Thera Band Poland, instructor Jozef Spalek

- Theory and Basic exercises with usage of THERA BAND products: bands and balls

Vocational Qualifications

- First Aid

- Driving licence
- IT skills: Office
- playing the drums

Hobbies and Interests

- cook
- judo
- swimming

CV created at www.spastaff.com

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