

# Curriculum Vitae

Male

D.O.B. 04 March 1988

Number of years working in industry:

1 year 5 months



**Candidate ID Number:** 15122

**Nationality:** Polish

**Language Skills:**

Fluent: Polish

Good: English

Basic: French, Russian

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Massage Therapist

## Personal Statement

"Change is inevitable. Growth is optional."

John C. Maxwell

Seeking work in London

## Employment History:

**December 2012 - February 2013 - Massage Therapist** at (most recent employer hidden for confidentiality)  
Katowice, Poland, (Day Spa)

### Duties included:

- full body massage
- classical massage
- deep tissue massage
- sport massage
- lomi- lomi massage
- bamboo massage
- lymphatic therapy
- relaxing therapy
- anti -celulit therapy
- therapeutic massage

### Products worked with:

- Habbys
- Kanu Nature
- Balsamique
- Naturalis Professional

**January 2012 - May 2012 - Massage Therapist** at Body Academy, Dabrowa Gornicza, Poland, (Health Club)

### Duties included:

- Therapis raports

- Diagnose
- rehabilitation
- therapeutic massage
- full body massage

**Products worked with:**

- Thera Band
- Habbys

**January 2011 - December 2011 - Massage Therapist** at State Fund for the Rehabilitation of Disabled Persons, Jaworzno, Poland, (Hospital / Medical Clinic)

**Duties included:**

- Raports
- therapeutic massage
- deep tissue massage
- general rehabilitation
- PNF therapy elements
- Bobath for Adult therapy elements

**Products worked with:**

- Habbys
- Thera band

**Education and Qualifications:**

**2012 Academy of Physical Education in Katowice**

Degree, Master of Arts

Physiotherapy

**2011 Thera Band Academy**

Thera Band Basic

Basic Course of Thera Band Academy

**2010 Academy of Massage in Katowice**

Deep tissue massage

Fascial Therapy and Massage

**2009 Academy of Massage in Katowice**

Massage Therapist

- classical massage
- therapeutic massage
- sport massage

**2007 Żeromski II High School in Dabrowa Gornicza**

- secondary school certificate in Biology, Chemistry, Physics, English, Polish

**Product Training:**

**June 2011 Thera Band**

Katowice- Thera Band Poland, instructor Jozef Spalek

- Theory and Basic exercises with usage of THERA BAND products: bands and balls

**Vocational Qualifications**

- First Aid

- Driving licence
- IT skills: Office
- playing the drums

## Hobbies and Interests

- cook
- judo
- swimming

CV created at [www.spastaff.com](http://www.spastaff.com)

