

Curriculum Vitae

Female

D.O.B. 15 March 1993

Number of years working in industry:

4 years 8 months



Candidate ID Number: 150721

Nationality: Scottish

Language Skills:

Fluent: English

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist, Fitness Professional

Personal Statement

I am extremely easy to speak to and confident, I'm very kind and bubbly. I am a very physical learner and have learned that a physical job is best suited for me. I'm very clean and organised and very active and driven. My goals are to be happy, busy with a healthy work life balance.

Seeking work in international locations and cruise ships

Employment History:

June 2021 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Glasgow, UK - United Kingdom, (High Street Salon)

Duties included:

Engaging with the public / customer service

providing sports massage to athletes and general public

Providing follow up advice such as stretching

December 2023 - December 2023 - Fitness Professional at Puregym, Glasgow, UK - United Kingdom, (Health Club)

Duties included:

Customer service

taking exercise classes

personal training members of the public

cleaning duties

Gym inductions

Education and Qualifications:

2021 Pegasus training

SVQ LEVEL 3

Sports massage

2020 Future fitness

Diploma level 6 certified for self employment

Nutrition

2019 Pegasus training

SVQ LEVEL 3

Personal training

2011 Mearns castle high school

Vocational Qualifications

First aid

IT and admin

Reception duties

hospitality experience

Hobbies and Interests

Gym and keeping fit

meditation

socialising with friends

cooking

fashion

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