

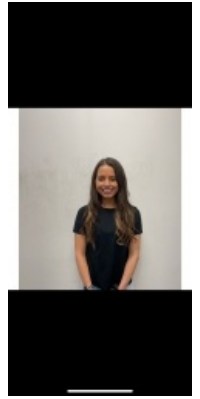
Curriculum Vitae

Female

D.O.B. 15 March 1993

Number of years working in industry:

4 years 8 months



Candidate ID Number: 150721

Nationality: Scottish

Language Skills:

Fluent: English

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist, Fitness Professional

Personal Statement

I am extremely easy to speak to and confident, I'm very kind and bubbly. I am a very physical learner and have learned that a physical job is best suited for me. I'm very clean and organised and very active and driven. My goals are to be happy, busy with a healthy work life balance.

Seeking work in international locations and cruise ships

Employment History:

June 2021 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Glasgow, UK - United Kingdom, (High Street Salon)

Duties included:

Engaging with the public / customer service

providing sports massage to athletes and general public

Providing follow up advice such as stretching

December 2023 - December 2023 - Fitness Professional at Puregym, Glasgow, UK - United Kingdom, (Health Club)

Duties included:

Customer service

taking exercise classes

personal training members of the public

cleaning duties

Gym inductions

Education and Qualifications:

2021 Pegasus training

SVQ LEVEL 3

Sports massage

2020 Future fitness

Diploma level 6 certified for self employment

Nutrition

2019 Pegasus training

SVQ LEVEL 3

Personal training

2011 Mearns castle high school**Vocational Qualifications**

First aid

IT and admin

Reception duties

hospitality experience

Hobbies and Interests

Gym and keeping fit

meditation

socialising with friends

cooking

fashion

CV created at www.spastaff.com

