

# Curriculum Vitae

**Female**

**D.O.B. 16 March 1986**

**Number of years working in industry: 4 years 5 months**

**Candidate ID Number:** 14806

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Spanish

**Permitted to work in:** Spain, Malta, UK - United Kingdom

**Position Sought:** Senior Therapist, Massage Therapist, Complementary Therapist

## **Personal Statement**

Mature and versatile with experience of working on own initiative, whilst capable and enjoy working in team environments. Self-motivated and always enthusiastic to learn and undertake new challenges with a positive outlook. I am a proven spa therapist with strong track record in my industry. I am passionate about Spa and Holistic Therapies and enjoy working in this industry.

Seeking work in UK and international locations

## **Employment History:**

**February 2011 - October 2012 - Senior Therapist** at (most recent employer hidden for confidentiality)  
Saundersfoot, Pembrokeshire, UK - United Kingdom, (5 Star Hotel Spa)

### **Duties included:**

Carrying out a wide variety of holistic and beauty therapy treatments on clients. Training the other spa therapist in treatment protocols and making sure the therapists maintained the highest standards in their treatments and professionalism around the spa. Managing the stock take of the spa. Managing client bookings using EZbook operating systems. Replying to all enquires about the spa and hotel via phone and email.

### **Products worked with:**

Comfortzone, Thalgo, Voya.

### **Career Break - Traveling**

**April 2010 - February 2011 - Complementary Therapist** at Self Employed, Aberystwyth, UK - United Kingdom, (Home/Mobile)

### **Duties included:**

Performing all manner of holistic and beauty treatments. Managing my stock and budgeting. Advertising my services and managing client bookings.

**April 2009 - September 2009 - Holistic Therapist** at Bali Hai Hotel, Broome, Australia, ( Hotel Spa)

### **Duties included:**

Carrying out all manner of Beauty and Holistic treatments. Achieving sales targets.

**Products worked with:**

This spa made and used their own natural products.

**Career Break - Traveling**

**October 2007 - January 2009 - Massage Therapist** at onboard spa, Ocean Village 1 & P&O Oriana, (Cruise Ship)

**Duties included:**

Performing my specialised Massage treatments, advertising my treatments through seminars, achieving sales targets.

**Products worked with:**

Comfortzone, Guniot.

**June 2007 - September 2007 - Holistic Therapist** at Vale Hotel and Golf Spa, Vale of Glamorgan, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

Performing all matter of Holistic and Beauty treatments. Achieving sales targets.

**Products worked with:**

Elemis, Clarins.

**Education and Qualifications:****2012 Ulearn college**

BTEC Level 3

PTLLS, Preparing to Teach in the Lifelong Learning Sector

**2012 Gateway Workshop**

Certificate to confirm training

Deep Tissue Massage

**2011 TMC Chaing Mai**

Certificate to confirm Training

Thai Massage

**2010 Gateway Workshops**

Certificate to confirm training

Indian Head Massage

**2010 Jane Scrivner**

Certificate to confirm training

Hot and Cold Stone Massage

**2010 Inspira**

Certificate to confirm training

Reiki 1 & 2

**2007 UWIC (University of Wales Institute Cardiff)**

BSC(Hons) Degree

Complementary Therapies- Holistic Massage, Reflexology, Aromatherapy.

**2004 Pembrokeshire College**

NVQ 2 & 3

Beauty Therapy

## **2002 Penglais**

GCSE's Physical Education B, Maths C, Science C, History C, Religious Education C, English literature C, English Language D.

## **Product Training:**

### **May 2011 Voya**

St Brides Spa Hotel, Saundersfoot. Trainer: Sheila

Voya facials, Voya Marine body scrubs and wraps.

### **April 2011 Comfort Zone**

St Brides Spa Hotel, Saundersfoot. Trainer: Vicky

Comfort Zone New life, New mum, Aromasoul signature massage, Face and Body treatments.

### **June 2004 Dermalogica**

Pembrokeshire College, Haverfordwest.

Training steps 1& 2.

## **Hobbies and Interests**

I enjoy keeping fit by swimming, running and bodyboarding. I am passionate about environmental and animal conservation. From November to December 2012 I completed a volunteer program for a marine turtle conservation project. Where I was a research assistant helping with monitoring turtle activity.

CV created at [www.spastaff.com](http://www.spastaff.com)

