

Curriculum Vitae

Female

D.O.B. 07 December 1984

Number of years working in industry: 4 years 1 month

Candidate ID Number: 147671

Nationality: British

Language Skills:

Fluent: English

Good: Spanish

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Therapist

Personal Statement

My present life goal is to expand and upskill my massage techniques and explore different settings around the world. I am adaptable, organised and empathetic.

Seeking work in national and international locations and cruise ships

Employment History:

July 2023 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Brighton and Hove , UK - United Kingdom, (Health Club)

Duties included:

Giving massage treatments 90,60 and 30 min for clients.

swedish, deep tissue and relaxing massage.

Maintaining professional standards, consultation with each client to ask them of their needs, what kind of pressure, any medications taken or injuries.

Career Break - Traveling

January 2022 - Present - Massage Therapist at Self employed , Brighton and Hove, UK - United Kingdom, (Home/Mobile)

Duties included:

Self employed private clients.

August 2022 - September 2022 - Massage Therapist at We are Thirteen , United Kingdom, UK - United Kingdom, (Home/Mobile)

Duties included:

Seasonal festival work.

mobile work from festival to festival, giving treatments to clients in a spa tent.

Swedish, deep tissue, relaxing, Indian head massage.

Education and Qualifications:

2022

Certificate

Ayurvedic Yoga Massage

AYM School

2021 Lashes and Threads Training Academy Brighton and Hove

Level 3 Certificate

Indian Head Massage

2022 Brighton Metropolitan College

VTCT Massage Therapy and Anatomy and Physiology

2013 Northumbria University

Level 5 Fine Art

Newcastle College : A Levels

Fine Art

English Language

English Literature

Vocational Qualifications

TEFL English teacher

Artist

Hobbies and Interests

My daily hobbies are healthy eating, experimenting with ingredients for healthy snacks. Crochet, cycling, CrossFit Gym and yoga.

I also like to take time off and go thru-hiking, I have hiked the Camino De Santiago a few times, and trekked the Annapurna mountains in Nepal.

Travelling is a life passion.

CV created at www.spastaff.com

