

Curriculum Vitae

Female

D.O.B. 16 February 2001

Number of years working in industry:

5 years 8 months



Candidate ID Number: 146110

Nationality: South African

Language Skills:

Fluent: English

Permitted to work in: South Africa

Position Sought: Head Therapist, Senior Therapist, Massage Therapist, Receptionist, Retail Professional

Personal Statement

I love people and believe in always returning compassion to others. I am very delightful once you get to know me, I like my career and appreciate making people alleviate their stressful lives from time to time. I love making people look beautiful and feel comfortable in their skin and bodies. Wellness is my passion. I am a certified sound healer and spa therapist.

Seeking work in local and international locations and on cruise ships

Employment History:

December 2024 - Present - Head Therapist at (most recent employer hidden for confidentiality) Bahrain , Bahrain, (5 Star Hotel Spa)

Duties included:

Spa therapist doing deep tissue massage and sports massage

Swedish massage

Inner calm massage

Abhyanga massage

Four hands massage

Balinese massage

Thai massage

Sound healing

ESPA Facials

Hot stones massage

Aromatherapy

Slimming massage

Facials

Book4time system

Opera cloud

Microsoft office

Reception work

Client consultation

Retailer

Products worked with:

Environ

Dermalogica

Maison Dasa

ESPA

Aromatherapy Associates

Proverb

January 2022 - November 2024 - Massage Therapist at Physique aid , DURBAN, South Africa, (Day Spa)

Duties included:

Spa therapist doing deep tissue massage and sports massage

Pedicure

Manicure

Facials

Reception work

Client consultation

Retail

Hot stones massage

Aromatherapy

Products worked with:

n/a

March 2020 - November 2021 - Massage Therapist at Lagoon day spa, Durban, South Africa, (Day Spa)

Duties included:

Waxing

Swedish massage

Deep tissue massage

Classic manicure and pedicure

Hot stones massage

Aromatherapy

Products worked with:

n/a

Education and Qualifications:

2022 Durban University of Technology

Diploma in Somatology

Standard facials

Advanced facials using galvanic facial machine

Trained to used environ and dermalogica facial products

Reflexology

Pregnancy massage

Deep tissue massage

Swedish massage

Sports massage

Indian head massage

Standard manicures and pedicures

Reception work

Client consultation

Volunteer work at a local old age home

Community service

Aromatherapy

Brow and lash tinting

Waxing therapies

Microsoft office

2022 Durban University of Technology

2022 Durban university of technology

Product Training:

February 2025 ESPA

Bahrain

February 2025 Espa

ESPA

Espa inner calm massage

Espa prenatal massage

Espa deep muscle massage

Espa cleanse and balance facial

Espa natural lift facial

Espa glow facial

Espa cryo globes

Espa means facial

Espa hotstone massage

Espa product knowledge

November 2022 Environ and Dermalogica

Durban University of Technology

Environ facials

Hobbies and Interests

Reading books

Hiking

Chess

Gym

Running

Yoga

CV created at www.spastaff.com

