

Curriculum Vitae

Female

D.O.B. 10 April 1977

Number of years working in industry:

14 years 2 months



Candidate ID Number: 14507

Nationality: French

Language Skills:

Fluent: English, French

Permitted to work in: European Union, Vanuatu, Guyana, French Polynesia

Position Sought: Massage Therapist, Holistic Therapist

Personal Statement

I am at the beginning of my career in the wellbeing industry and I'm loving every part of it. I also have eight years experience in the hospitality industry and I have developed a good communication and managing skills. I am reliable, responsible and have a high grooming standard.

Seeking work in international locations and cruise ships

Employment History:

January 2012 - Present - Remedial therapist at (most recent employer hidden for confidentiality) Melbourne, Australia, (High Street Store)

Duties included:

Providing:

- Remedial massage
- Therapeutic massage
- Sports massage
- Pregnancy massage
- Lymphatic drainage
- Myofascial release
- Trigger point therapy
- Swedish massage
- Seated massage in corporate environment
- Managing bookings
- Processing payments

October 2012 - Present - Remedial therapist at Northcote Massage, Melbourne, Australia, (Health Club)

Duties included:

Providing

- Therapeutic massage
- Remedial massage
- Sport massage
- Swedish massage
- Pregnancy massage

- Myofascial release
- Trigger point therapy
- Lymphatic drainage

May 2010 - November 2011 - restaurant manager at The Quarter Cafe, Melbourne, Australia, (High Street Store)

Duties included:

Managing a team of 11 people. Operating the till and cashing up at the end of the day. Weekly bar stocktake and ordering. Dealing with customer complaints.

Career Break - Migrate from Scotland to Australia

September 2007 - November 2009 - restaurant supervisor at The Olive Branch, Edinburgh, UK - United Kingdom, (High Street Store)

Duties included:

Supervise a team of 4 people. Managing bookings. Operating the till and cashing up at the end of the day. Weekly bar stocktake and ordering.

September 2006 - September 2007 - waitress/bartender at La p'tite folie, Edinburgh, UK - United Kingdom, (High Street Store)

Duties included:

Welcoming customers. Taking orders and serving meals. Preparing drinks.

Education and Qualifications:

2012 Endeavour College Of Natural Health

Vocational Educational Training (VET) Diploma Remedial Therapist.

- Muscle Energy Techniques
- Assessment including observation, palpation, range of motion tests and special tests
- Neuro-Muscular Techniques
- Positional Release Techniques
- Pregnancy massage
- Sport massage
- Swedish massage
- Deep Tissue massage
- Trigger Point Therapy
- Lymphatic drainage
- Myofascial Release
- Joints mobilisation
- Seated massage

2011 Endeavour College of Natural Health

Certificate IV Massage Therapist.

Vocational Qualifications

First Aid and CPR

Hobbies and Interests

- Swimming
- Yoga
- Hiking
- Reading
- Cooking

CV created at www.spastaff.com

