

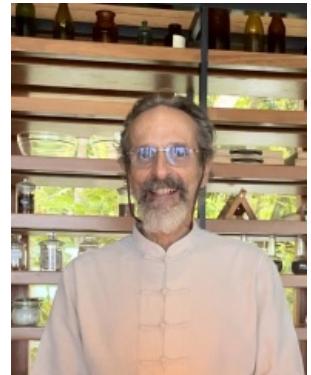
# Curriculum Vitae

**Male**

**D.O.B. 14 February 1959**

**Number of years working in industry:**

**8 years 3 months**



**Candidate ID Number:** 145056

**Nationality:** American, Italian

**Language Skills:**

Fluent: English, Italian

Basic: Spanish

**Permitted to work in:** European Union, Maldives, USA - United States

**Position Sought:** Holistic Therapist, Complementary Practitioner, Complementary Therapist, Doctor of Acupuncture, Integrative Medicine

## Personal Statement

My vision is to foster each individual person into achieving their optimal state of health and wellbeing, where they can keep on thriving by feeling a zest for life, a true sense of fulfillment, and inner joy.

Seeking work in national and international locations and cruise ships

## Employment History:

**March 2025 - March 2025 - Holistic Therapist** at (most recent employer hidden for confidentiality) Maldives, Maldives, (5 Star Hotel Spa)

### Duties included:

Guest sessions, acupuncture therapy, Facial sculpting massage, facial rejuvenation acupuncture, Microneedling, acupoint stimulation facial massage, facial guasha, Transformational breath, EFT, Hypnosis, Nutrition consultations, Qi Gong sessions, electroacupuncture, moxabustion, cupping, herbal medicine and supplements consultations

**Career Break - Training - industry-related**

**August 2024 - September 2024 - Doctor of Acupuncture and Chinese Medicine** at The One & Only Rethi Rah, Rethi Rah, Male Atoll, Maldives, (5 Star Hotel Spa)

### Duties included:

Clients session, acupuncture therapy, Facial sculpting massage, facial rejuvenation acupuncture, Microneedling, acupoint stimulation facial massage, facial guasha, Transformational breath, EFT, Nutrition consultations, Qi Gong sessions, electroacupuncture, moxabustion, cupping, herbal medicine and supplements consultations

## Products worked with:

Espa beauty masks and facial serum

**May 2024 - June 2024 - Qi Gong & Tai Chi teacher** at Fabs-Health, Morphè Danza, Wudang Taoist Wellness Academy, Bologna Italy, Italy, (Health Club)

**Duties included:**

Workshop organized in collaboration with Master Gu, Tai Chi Master from Wudang mountain in China

**February 2024 - March 2024 - Complementary Practitioner** at Amilla Fushi Resort, Amilla Fushi, Baa Atoll, Maldives, (5 Star Hotel Spa)

**Duties included:**

Visiting Practitioner

-- Functional Medicine

Comprehensive consultation, develop personalized treatment plan focused on root causes. Utilizing the patient-centered FM framework identify and treat the root causes of any condition, not just symptoms. Unravel how and why unwellness did occur, and restore optimal health by addressing the specific underlying dysfunctions.

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

Celluma® Light Therapy Duration: 30 minutes

-- Microneedling:

Microneedling with Hyaluronic Acid Duration: 90 minutes

Microneedling with Human Growth Factor Duration: 90 minutes

Microneedling with Chinese Herbal Medicine Duration: 90 minutes

Nano needling Duration: 60 minutes

Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

**Products worked with:**

**October 2023 - January 2024 - Wellness Consultant** at Wudang Taoist Wellness Academy, Wudang Shan, Hubei China, China, (College)

**Duties included:**

Apprenticeship in Taoist self-cultivation practices: Taiji, Qigong, Meditation, Calligraphy healing session with both international and Chinese students.

**July 2023 - July 2023 - Holistic Therapist** at Fabshealing.com, Nendaz, Swiss Alps, Canton of Valais, Switzerland, (Home/Mobile)

**Duties included:**

-- Functional Medicine

Comprehensive consultation, develop personalized treatment plan focused on root causes. Utilizing the patient-centered FM framework identify and treat the root causes of any condition, not just symptoms. Unravel how and why unwellness did occur, and restore optimal health by addressing the specific underlying dysfunctions.

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

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Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

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Microneedling with Human Growth Factor Duration: 90 minutes

Microneedling with Chinese Herbal Medicine Duration: 90 minutes

Nano needling Duration: 60 minutes

Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

**Products worked with:**

Celluma, BioMat, Theragun, Herbal prescriptions, nutritional supplements

**March 2022 - June 2023 - Holistic Therapist** at Soneva, Soneva Fushi Resort, Maldives, (5 Star Hotel Spa)

**Duties included:**

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Electro-Acupuncture Duration: 60 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

Cranial Electrotherapy Stimulation (CES) Duration: 20 minutes

Blood electrification Duration: 30 / 60 / 90 minutes

Celluma® Light Therapy Duration: 30 minutes

BioMat® Duration: 30/60 minutes

-- Microneedling:

Microneedling with Hyaluronic Acid Duration: 90 minutes

Microneedling with Human Growth Factor Duration: 90 minutes

Microneedling with Chinese Herbal Medicine Duration: 90 minutes

Nano needling Duration: 60 minutes

Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

Acupuncture Points Injections Duration: 30 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

Remote Energy Transmission & Remote Acupuncture Treatment Duration: Overnight effect

Qi Gong Duration: 60 minutes

**Products worked with:**

Celluma, BioMat, Theragun, Herbal prescriptions, nutritional supplement suggestions

**January 2022 - March 2022 - Holistic Therapist** at Whispering Spirit, Tucson, AZ, USA - United States, (Day Spa)

**Duties included:**

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

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Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

**Products worked with:**

Celluma, Theragun, Herbal prescriptions, supplement suggestions

**Career Break - Getting new Arizona License**

**May 2021 - October 2021 - Holistic Therapist** at Alianza Bellesa y Salut, Barcelona, Catalonia, Spain, (Day Spa)

**Duties included:**

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

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Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

**Products worked with:**

Celluma, Theragun, Herbal prescriptions, supplement suggestions

**Career Break - Pandemic lockdown**

**May 2020 - August 2020 - Clinic Internship** at Pacific College of Health and Science, San Diego, USA - United States, (College)

**Duties included:**

General telemedicine practice, focusing mostly on anxiety and stress management due to coping with the Covid-19

pandemic with a focus on Chinese herbal formulas - Provided adjunctive therapies; Qi Gong, self-massage, acupressure, Nutrition, Food Therapy, lifestyle modification, psycho- emotional support

**Products worked with:**

Telemedicine Clinic, Nutrition support with supplements, herbal prescriptions

**January 2020 - April 2020 - TCM Doctor internship** at Pacific College of Health and Science/ UCSD RIMAC, La Jolla, CA, La Jolla, CA, USA - United States, (College)

**Duties included:**

Sports acupuncture practice focused on UCSD athletic teams. Provided adjunctive therapies, Qigong, Nutrition, Tui Na, Food Therapy, Gua Sha, Cupping, Moxibustion

**Products worked with:**

Massage oils, topical herbal extracts

**September 2019 - March 2020 - Workshop Training Assistant, Promotion Manager** at AcuMicro Microneedling, Josh Neremberg, San Diego, CA , USA - United States, (Hospital / Medical Clinic)

**Duties included:**

Workshop Training Assistant, Promotion Manager, advertising, emailing, organizing venue

**Products worked with:**

Microneedling pen, LED light spectrums, AcuMicro microneedling serums

**January 2020 - March 2020 - Assistant to TCM doctor** at UC San Diego Neurological Institute, La Jolla, CA, USA - United States, (Hospital / Medical Clinic)

**Duties included:**

Acupuncture, TCM assistant in specialized integrative setting

**Products worked with:**

Celluma

**January 2020 - March 2020 - Assistant to TCM doctor** at UC San Diego Integrative Health Clinic, La Jolla, CA, USA - United States, (Hospital / Medical Clinic)

**Duties included:**

Acupuncture, TCM assistant in integrative health setting

**Products worked with:**

Celluma, Herbal prescriptions, supplement suggestions

**September 2019 - December 2019 - TCM Doctor internship** at Pacific College of Health and Science/ UCSD RIMAC, La Jolla, CA, San Diego, CA, USA - United States, (College)

**Duties included:**

Acupuncture practice including, orthopedic disorders, pain and stress management with a focus on Chinese herbal formulas - Provided adjunctive therapies; Qigong, Nutrition, Tui Na, Food Therapy, Gua Sha, Cupping, Moxibustion

**Products worked with:**

**August 2019 - November 2019 - Workshop Assistant, Promotion Manager** at Luminous Beauty, LLC by Virginia Doran New York, NY, New York, USA - United States, (Health Club)

**Duties included:**

Workshop Assistant, Promotion Manager

**Products worked with:**

Celluma, Herbal products

**April 2019 - August 2019 - Assistant to TCM doctor** at Kamwo Acupuncture Clinic, New York, NY, USA - United States, (Hospital / Medical Clinic)

**Duties included:**

acupuncture practice, including chronic conditions, geriatrics, orthopedic disorders, pain and stress management  
- Provided adjunctive therapies; qigong, nutrition, Tui Na, food therapy, deep tissue massage, and moxibustion

**Products worked with:**

Celluma, Kamwo Herbal prescriptions and products

**April 2019 - August 2019 - TCM Doctor internship** at Pacific College of Oriental Medicine, New York, NY, USA - United States, (College)

**Duties included:**

Acupuncture practice including fertility, orthopedic disorders, pain and stress management with a focus on Chinese herbal formulas -Provided adjunctive therapies; Qigong, Nutrition, Tui Na, Food Therapy, Gua Sha, Cupping, Moxibustion

**Products worked with:**

Celluma, Herbal prescriptions, supplement suggestions

**January 2019 - April 2019 - TCM Doctor internship** at Downtown Free Clinic, 1st Lutheran Church, San Diego, CA, USA - United States, (Hospital / Medical Clinic)

**Duties included:**

Integrative Clinic at 1st Lutheran Church, San Diego, CA  
acupuncture practice, including chronic conditions, geriatrics, orthopedic disorders, pain and stress management with a focus on Chinese herbal formulas  
-Provided adjunctive therapies; qigong, nutrition, Tui Na, food therapy and moxibustion

**Products worked with:**

Herbal Medicine prescriptions

**Career Break** - Back to school for my TCM doctor degree

**August 2014 - August 2016 - Holistic Therapist** at Fabshealing.com, Palm Springs, CA, USA - United States, (Home/Mobile)

**Duties included:**

Integrative Nutrition Health Coach, private one-on-one coaching sessions

**Products worked with:**

Nutritional supplements

**Career Break** - Training - industry-related

## **Education and Qualifications:**

### **2024 The Healing Order, Portland Oregon**

Certification

Classical Chinese Medicine Strategies for Effective Herbal Formulation

by Dr. Heiner Fruehauf

Mastery Course on herbal indications, action, and prescriptions modifications following the principles of Chinese Classical Medicine

### **2024 Bruxelles, Belgium**

Certificate

International Sculptural Face Lifting Academy

Yakow Gershkovich Method

### **2023 Florida College of Integrative Medicine, Orlando Florida**

Certification

Acupuncture Points Injections

A proven integrative therapy that uses sterile Chinese herbal medicine extracts, naturopathic, and homeopathic medicine compound that are applied on acupuncture points, to stimulate the synergistic effect of both the power of acupuncture and of biotherapeutic medicine

### **2023 The Institute for Functional Medicine Boston, MA (US)**

Certification program

- The Institute for Functional Medicine Jan.2023-Present Classes towards a Certificate Degree in Functional Medicine

Functional Medicine studies a precise methodology to determine illness causative factors and restores health by addressing the root causes of disease for each individual. The functional medicine model is an individualized, patient-centered, science-based approach that empowers patients and practitioners to work together to address the underlying causes of disease and promote optimal wellness.

### **2023 World Chinese Medicine Forum**

GI Certification

World Chinese Medicine Forum

- IBS
- Functional Dyspepsia
- Gastroesophageal Reflux Disease

### **2023 Classical Acupuncture Byron Bay (Australia)**

Non-Degree professional advanced course

- Eight Extraordinary Vessels

Chronic diseases treatment through the Complement Channels

by Ann-Cecil-Sterman

### **2023 FSOMA Florida Acupuncture Association**

Non Degree professional course

FSOMA Florida Acupuncture Association

- TCM Perspective on Andrology

## **2023**

## **2022 TCM Academy**

Certificate

Oncology TCM Certification

**2022 Sports Medicine Acupuncture, San Diego CA**

Certification

S.M.A. Level I Certification

**2022 The Han Shan Center, Portland, OR (US)**

PDA Certification

The Heart of Chinese Medicine: Essential Transmissions

from Senior Practitioners PDA Certification

by Dr. Heiner Fruehauf

**2022 EAM Atlanta, GA (US)**

Electro Medicine Acupuncture PDA Certification

Low voltage electricity for structured acupuncture treatments

**2022 AcuPro, Miridia Acupuncture Services (US)**

Auricular AcuPro Certification

A

Using Point-O-Select Digital technology for Auricular treatment

**2021 Acutonics**

Level I Certification

Acutonics

Meridian Points Sound Therapy

**2020 Marina del Rey, CA (US)**

PDA Certification

Jeffrey Yuen-Yang Sheng: Chinese Medical Wisdom for the Preservation of Life

Qi Gong, Nei Gong, and the Daoist tradition of self-cultivation practices for life preservation and health

**2020 San Diego Cosmetic Acupuncture, By Josh Nerenberg**

Micro-needling Certification

Effects and techniques of micro-needling & nano-needling, serums, herbal topical applications, sunspot treatment, and scalp treatment for hair restoration

**2019 Luminous Beauty, Virginia Doran NYC**

Certification

Facial Rejuvenation Acupuncture Certification

**2016 New York Reiki Center Reiki Usui**

Reiki Master

Reiki Level 1

Reiki Level 2

Reiki Master Level

**2014 Institute For Integrative Nutrition New York, NY United States**

Integrative Nutrition Health Coach Diploma

Integrative Nutrition Health Coach

**2014 Carol Tuttle Healing Center/Mindvalley Academy**

Mastery Healing Certificate

Emotional Freedom Technique

**2020 Pacific College of Health and Science**

NCCAOM (US)

CAB (CA, US)

Clean Needle Technique NCAOM

## **1993 Transformational Breath Institute**

Certificate Training for Transformational Breath Facilitator

### **Product Training:**

**July 2023 Traumeel, Vitamin B12, Guna, Heel, Zeel (Homeopathic, TCM herbal, and BioMed purified products for subcutaneus, intramuscular, and joint injections)**  
Florida College of Integrative Medicine  
60 hrs Acupuncture Injection Therapy, theory, products use, and practical clinical applications

### **Vocational Qualifications**

First Aid Certification, 2020

### **Hobbies and Interests**

Qigong, Meditation, calisthenics, writing, reading, swimming

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