

Curriculum Vitae

Male

D.O.B. 14 February 1959

Number of years working in industry:

8 years 3 months



Candidate ID Number: 145056

Nationality: American, Italian

Language Skills:

Fluent: English, Italian

Basic: Spanish

Permitted to work in: European Union, Maldives, USA - United States

Position Sought: Holistic Therapist, Complementary Practitioner, Complementary Therapist, Doctor of Acupuncture, Integrative Medicine

Personal Statement

My vision is to foster each individual person into achieving their optimal state of health and wellbeing, where they can keep on thriving by feeling a zest for life, a true sense of fulfillment, and inner joy.

Seeking work in national and international locations and cruise ships

Employment History:

March 2025 - March 2025 - Holistic Therapist at (most recent employer hidden for confidentiality) Maldives, Maldives, (5 Star Hotel Spa)

Duties included:

Guest sessions, acupuncture therapy, Facial sculpting massage, facial rejuvination acupuncture, Microneedling, acupoint stimulation facial massage, facial guasha, Transformational breath, EFT, Hypnosis, Nutrition consultations, Qi Gong sessions, electroacupuncture, moxabustion, cupping, herbal medicine and supplements consultations

Career Break - Training - industry-related

August 2024 - September 2024 - Doctor of Acupuncture and Chinese Medicine at The One & Only Rethi Rah, Rethi Rah, Male Atoll, Maldives, (5 Star Hotel Spa)

Duties included:

Clients session, acupuncture therapy, Facial sculpting massage, facial rejuvination acupuncture, Microneedling, acupoint stimulation facial massage, facial guasha, Transformational breath, EFT, Nutrition consultations, Qi Gong sessions, electroacupuncture, moxabustion, cupping, herbal medicine and supplements consultations

Products worked with:

Espa beauty masks and facial serum

May 2024 - June 2024 - Qi Gong & Tai Chi teacher at Fabs-Health, Morphe Danza, Wudang Taoist Wellness Academy, Bologna Italy, Italy, (Health Club)

Duties included:

Workshop organized in collaboration with Master Gu, Tai Chi Master from Wudang mountain in China

February 2024 - March 2024 - Complementary Practitioner at Amilla Fushi Resort, Amilla Fushi, Baa Atoll, Maldives, (5 Star Hotel Spa)

Duties included:

Visiting Practitioner

-- Functional Medicine

Comprehensive consultation, develop personalized treatment plan focused on root causes. Utilizing the patient-centered FM framework identify and treat the root causes of any condition, not just symptoms. Unravel how and why unwellness did occur, and restore optimal health by addressing the specific underlying dysfunctions.

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

Celluma® Light Therapy Duration: 30 minutes

-- Microneedling:

Microneedling with Hyaluronic Acid Duration: 90 minutes

Microneedling with Human Growth Factor Duration: 90 minutes

Microneedling with Chinese Herbal Medicine Duration: 90 minutes

Nano needling Duration: 60 minutes

Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

Products worked with:

Celluma, BioMat, Theragun, Herbal prescriptions, nutritional supplements

October 2023 - January 2024 - Wellness Consultant at Wudang Taoist Wellness Academy, Wudang Shan, Hubei China, China, (College)

Duties included:

Apprenticeship in Taoist self-cultivation practices: Taiji, Qigong, Meditation, Calligraphy healing session with both international and Chinese students.

July 2023 - July 2023 - Holistic Therapist at Fabshealing.com, Nendaz, Swiss Alps, Canton of Valais, Switzerland, (Home/Mobile)

Duties included:

-- Functional Medicine

Comprehensive consultation, develop personalized treatment plan focused on root causes. Utilizing the patient-centered FM framework identify and treat the root causes of any condition, not just symptoms. Unravel how and why unwellness did occur, and restore optimal health by addressing the specific underlying dysfunctions.

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping
Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

Celluma® Light Therapy Duration: 30 minutes

-- Microneedling:

Microneedling with Hyaluronic Acid Duration: 90 minutes

Microneedling with Human Growth Factor Duration: 90 minutes

Microneedling with Chinese Herbal Medicine Duration: 90 minutes

Nano needling Duration: 60 minutes

Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

Products worked with:

Celluma, BioMat, Theragun, Herbal prescriptions, nutritional supplements

March 2022 - June 2023 - Holistic Therapist at Soneva, Soneva Fushi Resort, Maldives, (5 Star Hotel Spa)

Duties included:

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Electro-Acupuncture Duration: 60 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

Cranial Electrotherapy Stimulation (CES) Duration: 20 minutes

Blood electrification Duration: 30 / 60 / 90 minutes

Celluma® Light Therapy Duration: 30 minutes

BioMat® Duration: 30/60 minutes

-- Microneedling:

Microneedling with Hyaluronic Acid Duration: 90 minutes

Microneedling with Human Growth Factor Duration: 90 minutes

Microneedling with Chinese Herbal Medicine Duration: 90 minutes

Nano needling Duration: 60 minutes

Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

Acupuncture Points Injections Duration: 30 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

Remote Energy Transmission & Remote Acupuncture Treatment Duration: Overnight effect

Qi Gong Duration: 60 minutes

Products worked with:

Celluma, BioMat, Theragun, Herbal prescriptions, nutritional supplement suggestions

January 2022 - March 2022 - Holistic Therapist at Whispering Spirit, Tucson, AZ, USA - United States, (Day Spa)

Duties included:

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

Celluma® Light Therapy Duration: 30 minutes

-- Microneedling:

Microneedling with Hyaluronic Acid Duration: 90 minutes

Microneedling with Human Growth Factor Duration: 90 minutes

Microneedling with Chinese Herbal Medicine Duration: 90 minutes

Nano needling Duration: 60 minutes

Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

Products worked with:

Celluma, Theragun, Herbal prescriptions, supplement suggestions

Career Break - Getting new Arizona License

May 2021 - October 2021 - Holistic Therapist at Alianza Bellesa y Salut, Barcelona, Catalonia, Spain, (Day Spa)

Duties included:

-- Traditional Chinese Medicine

Comprehensive Initial Consultation Duration: 60 minutes

Comprehensive Initial Consultation Plus First Treatment Duration: 90 minutes

-- TCM Treatments

Acupuncture Duration: 60 minutes

Auricular acupuncture Duration: 30 minutes

Gua Sha Duration: 30 minutes

Cupping

Duration: Fire cupping - 45 mins, Stationary Cupping - 30 min

Moxibustion Duration: 30 minutes

Acutonics® Duration: 60 minutes

Dredging the Channels (Deep Tissue Massage in the tradition of Tui Na)

Duration: 60 minutes

Qi Gong Duration: 12/30/45/60 minutes

-- Regenerative Treatments:

Facial Rejuvenation with Acupuncture Duration: 120 minutes

Facial Massage with Cupping Duration: 60 minutes

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Facial acu-points stimulation massage Duration: 60 minutes

Scar Treatment with Moxa & Acupuncture Duration: 60 minutes

-- Psycho-emotional Support:

Reiki Duration: 90 minutes

Emotional Freedom Technique (EFT) Duration: 60 minutes

Transformational Breath Duration: 60 minutes

Products worked with:

Celluma, Theragun, Herbal prescriptions, supplement suggestions

Career Break - Pandemic lockdown

May 2020 - August 2020 - Clinic Internship at Pacific College of Health and Science, San Diego, USA - United States, (College)

Duties included:

General telemedicine practice, focusing mostly on anxiety and stress management due to coping with the Covid-19

pandemic with a focus on Chinese herbal formulas - Provided adjunctive therapies; Qi Gong, self-massage, acupressure, Nutrition, Food Therapy, lifestyle modification, psycho- emotional support

Products worked with:

Telemedicine Clinic, Nutrition support with supplements, herbal prescriptions

January 2020 - April 2020 - TCM Doctor internship at Pacific College of Health and Science/ UCSD RIMAC, La Jolla, CA, La Jolla, CA, USA - United States, (College)

Duties included:

Sports acupuncture practice focused on UCSD athletic teams. Provided adjunctive therapies, Qigong, Nutrition, Tui Na, Food Therapy, Gua Sha, Cupping, Moxibustion

Products worked with:

Massage oils, topical herbal extracts

September 2019 - March 2020 - Workshop Training Assistant, Promotion Manager at AcuMicro Microneedling, Josh Neremberg, San Diego, CA , USA - United States, (Hospital / Medical Clinic)

Duties included:

Workshop Training Assistant, Promotion Manager, advertising, emailing, organizing venue

Products worked with:

Microneedling pen, LED light spectrums, AcuMicro microneedling serums

January 2020 - March 2020 - Assistant to TCM doctor at UC San Diego Neurological Institute, La Jolla, CA, USA - United States, (Hospital / Medical Clinic)

Duties included:

Acupuncture, TCM assistant in specialized integrative setting

Products worked with:

Celluma

January 2020 - March 2020 - Assistant to TCM doctor at UC San Diego Integrative Health Clinic, La Jolla, CA, USA - United States, (Hospital / Medical Clinic)

Duties included:

Acupuncture, TCM assistant in integrative health setting

Products worked with:

Celluma, Herbal prescriptions, supplement suggestions

September 2019 - December 2019 - TCM Doctor internship at Pacific College of Health and Science/ UCSD RIMAC, La Jolla, CA, San Diego, CA, USA - United States, (College)

Duties included:

Acupuncture practice including, orthopedic disorders, pain and stress management with a focus on Chinese herbal formulas - Provided adjunctive therapies; Qigong, Nutrition, Tui Na, Food Therapy, Gua Sha, Cupping, Moxibustion

Products worked with:

Celluma, Herbal prescriptions, supplement suggestions

August 2019 - November 2019 - Workshop Assistant, Promotion Manager at Luminous Beauty, LLC by Virginia Doran New York, NY, New York, USA - United States, (Health Club)

Duties included:

Workshop Assistant, Promotion Manager

Products worked with:

Celluma, Herbal products

April 2019 - August 2019 - Assistant to TCM doctor at Kamwo Acupuncture Clinic, New York, NY, USA - United States, (Hospital / Medical Clinic)

Duties included:

acupuncture practice, including chronic conditions, geriatrics, orthopedic disorders, pain and stress management
- Provided adjunctive therapies; qigong, nutrition, Tui Na, food therapy, deep tissue massage, and moxibustion

Products worked with:

Celluma, Kamwo Herbal prescriptions and products

April 2019 - August 2019 - TCM Doctor internship at Pacific College of Oriental Medicine, New York, NY, USA - United States, (College)

Duties included:

Acupuncture practice including fertility, orthopedic disorders, pain and stress management with a focus on Chinese herbal formulas -Provided adjunctive therapies; Qigong, Nutrition, Tui Na, Food Therapy, Gua Sha, Cupping, Moxibustion

Products worked with:

Celluma, Herbal prescriptions, supplement suggestions

January 2019 - April 2019 - TCM Doctor internship at Downtown Free Clinic, 1st Lutheran Church, San Diego, CA, USA - United States, (Hospital / Medical Clinic)

Duties included:

Integrative Clinic at 1st Lutheran Church, San Diego, CA
acupuncture practice, including chronic conditions, geriatrics, orthopedic disorders, pain and stress management with a focus on Chinese herbal formulas
-Provided adjunctive therapies; qigong, nutrition, Tui Na, food therapy and moxibustion

Products worked with:

Herbal Medicine prescriptions

Career Break - Back to school for my TCM doctor degree

August 2014 - August 2016 - Holistic Therapist at Fabshealing.com, Palm Springs, CA, USA - United States, (Home/Mobile)

Duties included:

Integrative Nutrition Health Coach, private one-on-one coaching sessions

Products worked with:

Nutritional supplements

Career Break - Training - industry-related

Education and Qualifications:

2024 The Healing Order, Portland Oregon

Certification

Classical Chinese Medicine Strategies for Effective Herbal Formulation

by Dr. Heiner Fruehauf

Mastery Course on herbal indications, action,
and prescriptions modifications following the principles of Chinese Classical Medicine

2024 Bruxelles, Belgium

Certificate

International Sculptural Face Lifting Academy

Yakow Gershkovich Method

2023 Florida College of Integrative Medicine, Orlando Florida

Certification

Acupuncture Points Injections

A proven integrative therapy that uses sterile Chinese
herbal medicine extracts, naturopathic, and
homeopathic medicine compound that are applied on acupuncture points, to stimulate the synergistic effect of
both the power of acupuncture and of biotherapeutic medicine

2023 The Institute for Functional Medicine Boston, MA (US)

Certification program

- The Institute for Functional Medicine Jan.2023-Present Classes towards a Certificate Degree in Functional Medicine

Functional Medicine studies a precise methodology to determine illness causative factors and restores health by addressing the root causes of disease for each individual. The functional medicine model is an individualized, patient-centered, science-based approach that empowers patients and practitioners to work together to address the underlying causes of disease and promote optimal wellness.

2023 World Chinese Medicine Forum

GI Certification

World Chinese Medicine Forum

- IBS
- Functional Dyspepsia
- Gastroesophageal Reflux Disease

2023 Classical Acupuncture Byron Bay (Australia)

Non-Degree professional advanced course

- Eight Extraordinary Vessels

Chronic diseases treatment through the Complement Channels

by Ann-Cecil-Sterman

2023 FSOMA Florida Acupuncture Association

Non Degree professional course

FSOMA Florida Acupuncture Association

- TCM Perspective on Andrology

2023

2022 TCM Academy

- Certificate
- Oncology TCM Certification
- 2022 Sports Medicine Acupuncture, San Diego CA**
Certification
- S.M.A. Level I Certification
- 2022 The Han Shan Center, Portland, OR (US)**
PDA Certification
- The Heart of Chinese Medicine: Essential Transmissions
from Senior Practitioners PDA Certification
by Dr. Heiner Fruehauf
- 2022 EAM Atlanta, GA (US)**
Electro Medicine Acupuncture PDA Certification
- Low voltage electricity for structured acupuncture treatments
- 2022 AcuPro, Miridia Acupuncture Services (US)**
Auricular AcuPro Certification
- A
Using Point-O-Select Digital technology for Auricular treatment
- 2021 Acutonics**
Level I Certification
- Acutonics
- Meridian Points Sound Therapy
- 2020 Marina del Rey, CA (US)**
PDA Certification
- Jeffrey Yuen-Yang Sheng: Chinese Medical Wisdom for the Preservation of Life
- Qi Gong, Nei Gong, and the Daoist tradition of self-cultivation practices for life preservation and health
- 2020 San Diego Cosmetic Acupuncture, By Josh Nerenberg**
Micro-needling Certification
- Effects and techniques of micro-needling & nano-needling, serums, herbal topical applications, sunspot treatment, and scalp treatment for hair restoration
- 2019 Luminous Beauty, Virginia Doran NYC**
Certification
- Facial Rejuvenation Acupuncture Certification
- 2016 New York Reiki Center Reiki Usui**
Reiki Master
- Reiki Level 1
- Reiki Level 2
- Reiki Master Level
- 2014 Institute For Integrative Nutrition New York, NY United States**
Integrative Nutrition Health Coach Diploma
- Integrative Nutrition Health Coach
- 2014 Carol Tuttle Healing Center/Mindvalley Academy**
Mastery Healing Certificate
- Emotional Freedom Technique
- 2020 Pacific College of Health and Science**
NCCAOM (US)
- CAB (CA, US)
- Clean Needle Technique NCAOM

1993 Transformational Breath Institute

Certificate Training for Transformational Breath Facilitator

Product Training:

July 2023 **Traumeel, Vitamin B12, Guna, Heel, Zeel (Homeopathic, TCM herbal, and BioMed purified products for subcutaneous, intramuscular, and joint injections)**

Florida College of Integrative Medicine

60 hrs Acupuncture Injection Therapy, theory, products use, and practical clinical applications

Vocational Qualifications

First Aid Certification, 2020

Hobbies and Interests

Qigong, Meditation, calisthenics, writing, reading, swimming

CV created at www.spastaff.com

