

Curriculum Vitae

Male

D.O.B. 18 March 1980

Number of years working in industry: 22 years 5 months

Candidate ID Number: 14442

Nationality: Polish

Language Skills:

Fluent: English

Basic: Russian

Permitted to work in: European Union

Position Sought: Spa Consultant, Assistant Manager, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Fitness Professional, Swim / Aqua Fit Teacher

Personal Statement

Seeking work in international locations and cruise ships

Employment History:

January 2009 - Present - Manager of Physiotherapy Clinic at (most recent employer hidden for confidentiality)
Opole, Poland, (Hospital / Medical Clinic)

Duties included:

- Appoint and train the physiotherapy staff and assign patients to each physiotherapist.
- Conduct various tests and assess the treatment level as well as the activities required to heal individual patients.
- Test different equipment for functioning and safety on a daily basis.
- Ensure that a professional and healthy work environment is maintained in the clinic.
- Participate in the programs aimed at employee relationships and interpersonal development.
- Conducted training sessions to teach about different techniques of performing physiotherapy

Products worked with:

Pevonia, Eris, Argol, Ziaja, snail garden, Eris, Ericson

March 2007 - February 2010 - Head Therapist at Hafs-Clinic, Opole, Poland, (Hospital / Medical Clinic)

Duties included:

- Manage a varied caseload of sports injuries, back and neck conditions.
- Specialise in musculoskeletal conditions.
- Participate as a key member of a multidisciplinary team ensuring the best outcomes for clients
- Successfully manage four physical therapy graduates.
- Work with Gwardia Judo Team handling the many sports injuries of players and developing individual recovery programs.

Products worked with:

Argol Cosmetics

March 2006 - June 2007 - Massage Therapist at Le Meridien Hotel , Dubai, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

- Provided massage services to clients using safe, appropriate and effective techniques.
- Explained procedures and applied techniques appropriate to client needs and preferences.
- Observed client reaction to massage and modified as necessary.
- Solicited feedback and responded accordingly.
- Documented all sessions performed according to established guidelines

Products worked with:

Pevonia

Career Break - Training - industry-related

September 2003 - February 2006 - Head Therapist at Sport Club, The Builders, Opole, Poland, (Health Club)

Duties included:

- Conducting physiotherapy fitness sessions of the players.
- Developing and implementing strength and conditioning programs for the players.
- Assisting them in fitness camps and fitness therapies.
- Giving exercises and therapies to use in daily routine to maintain health.
- Assisting in the physiotherapy camps with new updated instruments of exercising.
- Evaluating surgeries of players and assisted them in their recovery healing therapies.

Products worked with:

Lito, Ben

Career Break - Training - industry-related

Education and Qualifications:**2011 OFC Manual Therapy School**

Certificate of Anatomy Trains

- improving stability and coordination by practical new holistic strategies
- resolving long standing compensation in postural and movement patterns

2006 Bali School

Hot Stone Massage Certificate Italy

2004 Ackermann College

Certificate of Structural Osteopathy and Soft Chiropractic:

- Biomechanics of the spine: indications and contraindications
- Pelvis and lumbar spine
- Specific diagnosis: examination session, palpation, tests
- Reflex phenomena, cause-effect chains
- The most effective therapy concepts and techniques
- Thoracic spine, shoulder girdle
- Lower cervical spine, axis, atlas, occiput -gentle and very specific techniques
- Extremity joints
- Clinical cases, differential diagnosis
- Diagnostic radiology
- Holistic treatment

2003 Massage College of Opole

Diploma

- Head massage
- full body massage
- sport massage
- relaxing massage
- swedish massage

2009 University of Opole, Poland

Master : Biological Renoval

1999 High School VI, Opole

A level: English, History. Polish

Vocational Qualifications

swimming instructor, climbing instructor, personal trainer

Hobbies and Interests

cycling, hiking, crossfit, karate, aikido, music, books, traveling, biology, medicine

CV created at www.spastaff.com

