

Curriculum Vitae

Male

D.O.B. 01 January 1986

Number of years working in industry:

4 years 4 months



Candidate ID Number: 141719

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: Greece, UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

I am considerate and gentle. People say they immediately feel cared for and relaxed with me. I'm very invested in a healthy lifestyle. I don't drink or smoke. The benefits of good food, adequate supplementation, regular massage and quality self-care products are very clear to me - - and I have enjoyed taking a planned approach to getting fitter. I really enjoy helping other people feel as good as they possibly can!

Seeking work in international locations

Employment History:

October 2021 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Athens, Greece, (Home/Mobile)

Duties included:

- Welcoming clients, discussing their needs, explaining procedures
- Performing massage (relaxation, ayurvedic, deep tissue)
- Stocking my practice, keeping my space clean
- Marketing my business

Education and Qualifications:

2023 Trained in house

Not certified. I could not attend a school in Greece where I currently reside because I could not speak Greek - therefore I trained through private lessons.

Relaxation, deep tissue, ayurvedic (mardana style) massage

2023 Private tutor - Alexandros Petridis

I successfully completed the training and passed the final demonstration session.

2021 Private tutor - Antigone Tsegeli

I successfully completed the training.

Vocational Qualifications

- First Aid
- Food Hygiene

Hobbies and Interests

Pilates, yoga, meditation, reading, writing.

CV created at www.spastaff.com

