

# Curriculum Vitae

**Female**

**D.O.B. 28 February 1987**

**Number of years working in industry: 14 years 5 months**

**Candidate ID Number:** 14034

**Nationality:** Indian

**Language Skills:**

Fluent: English, Hindi, malayalam

Good: tamil

Basic: German, Arabic

**Permitted to work in:** India

**Position Sought:** Spa Consultant, Spa Manager

## Personal Statement

- Thorough knowledge of Ayurvedic treatments, Medicine and Surgery.
- Thorough knowledge of yoga and pancha karma procedures.
- Have taken part in more than 30 medical camps.
- Good knowledge of Spa Management, principles and procedures.
- Excellent Communication skills to interact with clients and staff.
- Easily adaptable to any new environment with minimum training.
- Ability to treat and deal with all physically and mentally challenged personalities.
- Ability to train and motivate staff members.
- Solid knowledge of data analysis and interpretation.
- Strong ability to prioritize tasks and organise work schedule.
- Good decision making and problem solving ability
- Self motivated and self confidence.

Seeking work in Doha, Qatar

## Employment History:

**September 2011 - Present - Spa Consultant** at (most recent employer hidden for confidentiality) Ernamkulam, Kerala, India, (Day Spa)

### Duties included:

- Consult the guest regarding their disease, physical conditions and mental well being.
- Manages the entire Spa operations, cost of operations, performs all aspects of profit and loss, including services and product revenue, controllable expenses etc...
- Maintains good communication and relationship between the Spa owners, Spa staff and Company office personnels.
- Ensured the highest level of client satisfaction by managing client requests, anticipating client needs and resolving client criticisms.
- Performed recruiting, hiring, discipline, evaluation, pay right adjustments, termination, training and development and other aspects related to Spa personnels.
- Tried to maintain perfect Spa ambience.
- Planning and implementing new business ideas for propagation of the Spa to schools, offices etc..
- Monitor customer satisfaction with surveys, interaction and comment cards.
- Attend management meeting and conveys all relevant information through out the Spa.
- Hold regular staff meeting to keep the staff up-to-date on all aspects of Spa operations and ensure grooming standards of the staff and their behaviour.
- Conduct yoga classes for the client and trainees.

**September 2011 - Present - physician** at Govt. Ayurveda Medical College Trivandrum, Trivandrum - Kerala, India, (Hospital / Medical Clinic)

**Duties included:**

- Consulting patients.
- Prescribing different pancha karma procedures for patients according to their disease and their body nature.
- Supervision over the pancha karma procedures done in the hospital.
- Conduct Physiotherapy for physically challenged patients.
- Conduct counselling and meditation for mentally challenged patients.

Maintaining Causality

**Education and Qualifications:**

**2011 Govt. Ayurveda Medical College Trivandrum**

BAMS [Bachelor of Ayurvedic Medicine and Surgery]

- Spa Management
- Yoga
- Pancha Karma
- Counselling
- all Ayurvedic Treatment

**2011 Pure Touch Spa Ernakulam [Holistic Spa]**

Diploma

Holistic Spa Management [A+ Grade]

**2004 India**

Secondary School Living Certificate - 2002 [Distinction]

Higher Secondary Examination [Science with Maths] - 2004 [Distinction]

**Vocational Qualifications**

Ms Office [Word, Excel, Power Point]

**Hobbies and Interests**

Yoga

Dance

Reading

CV created at [www.spastaff.com](http://www.spastaff.com)

