

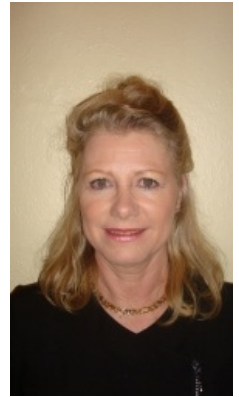
# Curriculum Vitae

**Female**

**D.O.B. 12 June 1957**

**Number of years working in industry:**

**16 years 0 months**



**Candidate ID Number:** 14013

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Beauty Therapist, Massage Therapist, Holistic Therapist, Receptionist

## Personal Statement

I am a dedicated, helpful and considerate person, who enjoys a challenge, hard working, with excellent communication skills at all levels. I am able to organise events to run efficiently and to use my initiative to address problems that might occur, in a creative and professional manner.

## KEY ABILITIES AND SKILLS

- Good Team Player
- Ability to Prioritise Work
- Excellent Interpersonal Skills

Seeking work in UK and Europe

## Employment History:

**February 2010 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) Manchester Airport, UK - United Kingdom, ( Hotel Spa)

### Duties included:

Preparing rooms for treatments, performing all treatments, dealing with clients. Offering refreshments, managing salon, cashing up, processing paperwork, tidying & cleaning.

### Products worked with:

Guinot, Jessica, Espa.

**May 2010 - Present - Massage Therapist** at Corporate Relaxation, North west, UK - United Kingdom, (Home/Mobile)

### Duties included:

Preparing room for 30 minute treatments in large corporate companies on site.

### Products worked with:

Aroma olis, tiger balm, manicure/pedicure products

## Education and Qualifications:

### **2011 Trafford College, Manchester Road Timperley, Altrincham.**

NVQ3 - Diploma

Sports Massage

### **2010 Trafford College**

NVQ3 - Diploma Certificate NVQ3

Diploma Spa Holistic Therapy.

- Aromatherapy Massage,
- Babor Body Wraps/Scrubs,
- Body brushing,
- Spa Equipment,
- Reflexology,
- Indian Head Massage,
- Aroma facial,
- Swedish Body Massage.
- NVQ 3 - Diploma H&S. ~
- Certificate in Hands Free Massage.
- Certificate in Stone Therapy.

### **2010 Cheshire Massage Cheadle**

Certificate

Stone Therapy - Certificate

### **2009 Trafford College, Manchester Road, Timperley, Altrincham.**

NVQ 2&3 - Certificates

Beauty Therapy.

- Jessica manicure
- pedicure,
- eyebrow shaping/tinting,
- eyelash perming/tinting,
- Babor facials,
- hot/warm waxing,
- make-up.
- YMCA Circuits and Weights (2 weeks intensive) South Trafford College.

### **1973 Hereford Seconday Modern**

QUALIFICATIONS: GCE 1968-1973

Secretarial, Maths, English, French, Pitman Elementary Typing, RSA 1, Pitman Shorthand, Office Procedures.

## Hobbies and Interests

Walking, cycling, fitness classes, reading, running.

My main leisure activities are attending the gym on a regular basis, as well as aerobic classes. I enjoy experimenting at home with all types of cuisine. I have completed half marathons in 1 hour 42 minutes, climbed the Yorkshire 3 Peaks in 9 hours, the Three Peaks in 3 days, cycled the Ring of Kerry in 2 days and walked 42 miles over the Yorkshire Pennines in 13 hours.

CV created at [www.spastaff.com](http://www.spastaff.com)

