

Curriculum Vitae

Female

D.O.B. 12 June 1957

Number of years working in industry:

16 years 0 months



Candidate ID Number: 14013

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Beauty Therapist, Massage Therapist, Holistic Therapist, Receptionist

Personal Statement

I am a dedicated, helpful and considerate person, who enjoys a challenge, hard working, with excellent communication skills at all levels. I am able to organise events to run efficiently and to use my initiative to address problems that might occur, in a creative and professional manner.

KEY ABILITIES AND SKILLS

- Good Team Player
- Ability to Prioritise Work
- Excellent Interpersonal Skills

Seeking work in UK and Europe

Employment History:

February 2010 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Manchester Airport, UK - United Kingdom, (Hotel Spa)

Duties included:

Preparing rooms for treatments, performing all treatments, dealing with clients. Offering refreshments, managing salon, cashing up, processing paperwork, tidying & cleaning.

Products worked with:

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May 2010 - Present - Massage Therapist at Corporate Relaxation, North west, UK - United Kingdom, (Home/Mobile)

Duties included:

Preparing room for 30 minute treatments in large corporate companies on site.

Products worked with:

Education and Qualifications:

2011 Trafford College, Manchester Road Timperley, Altrincham.

NVQ3 - Diploma

Sports Massage

2010 Trafford College

NVQ3 - Diploma Certificate NVQ3

Diploma Spa Holistic Therapy.

- Aromatherapy Massage,
- Babor Body Wraps/Scrubs,
- Body brushing,
- Spa Equipment,
- Reflexology,
- Indian Head Massage,
- Aroma facial,
- Swedish Body Massage.
- NVQ 3 - Diploma H&S. ~
- Certificate in Hands Free Massage.
- Certificate in Stone Therapy.

2010 Cheshire Massage Cheadle

Certificate

Stone Therapy - Certificate

2009 Trafford College, Manchester Road, Timperley, Altrincham.

NVQ 2&3 - Certificates

Beauty Therapy.

- Jessica manicure
- pedicure,
- eyebrow shaping/tinting,
- eyelash perming/tinting,
- Babor facials,
- hot/warm waxing,
- make-up.
- YMCA Circuits and Weights (2 weeks intensive) South Trafford College.

1973 Hereford Secondary Modern

QUALIFICATIONS: GCE 1968-1973

Secretarial, Maths, English, French, Pitman Elementary Typing, RSA 1, Pitman Shorthand, Office Procedures.

Hobbies and Interests

Walking, cycling, fitness classes, reading, running.

My main leisure activities are attending the gym on a regular basis, as well as aerobic classes. I enjoy experimenting at home with all types of cuisine. I have completed half marathons in 1 hour 42 minutes, climbed the Yorkshire 3 Peaks in 9 hours, the Three Peaks in 3 days, cycled the Ring of Kerry in 2 days and walked 42 miles over the Yorkshire Pennines in 13 hours.

CV created at www.spastaff.com