

# Curriculum Vitae

## Female

**Number of years working in industry: 6 years 2 months**

**Candidate ID Number:** 136964

**Nationality:** British

**Language Skills:**

Fluent: English, Bulgarian

Basic: French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist, Yoga / Pilates Teacher

## Personal Statement

I am very well organised and self motivated. I like to learn.

Seeking work in national and international locations

## Employment History:

**December 2019 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

### Duties included:

Thai yoga massage

Pregnancy massage

Oil on the back, neck and shoulders

Thai foot massage

Yoga classes

**Career Break** - Training - industry-related

## Education and Qualifications:

### 2022 YogaU Online

Certificate

300h Yoga Teacher Training

### 2020 The School of Thai Yoga Massage

Certificate

Thai foot massage

### 2019 The School of Thai Yoga Massage

Certificate

Pregnancy Massage

### 2018 Mudita School of Thai Massage

Certificate

Thai yoga massage

### 2015 YogaCampus

Certificate

**2013 Ashtanga Yoga Paris**

Certificate

200h Yoga Teacher Training

**2012 Ashtanga Yoga Paris**

200h Yoga Teacher Training

**2002 Sofia University**

I have a MA in Linguistics

**Vocational Qualifications**

First Aid

**Hobbies and Interests**

I have been practicing yoga for almost 20 years and I don't see it as a hobby as it is a huge part of my life. I sing in a choir. I love walking in nature and I love mountains and coastal paths. I go to the theatre a lot and I find that nowadays I read mostly books about how our bodies and minds work. I grow food.

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