

Curriculum Vitae

Female

Number of years working in industry: 6 years 2 months

Candidate ID Number: 136964

Nationality: British

Language Skills:

Fluent: English, Bulgarian

Basic: French

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Yoga / Pilates Teacher

Personal Statement

I am very well organised and self motivated. I like to learn.

Seeking work in national and international locations

Employment History:

December 2019 - Present - Massage Therapist at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

Duties included:

Thai yoga massage

Pregnancy massage

Oil on the back, neck and shoulders

Thai foot massage

Yoga classes

Career Break - Training - industry-related

Education and Qualifications:

2022 YogaU Online

Certificate

300h Yoga Teacher Training

2020 The School of Thai Yoga Massage

Certificate

Thai foot massage

2019 The School of Thai Yoga Massage

Certificate

Pregnancy Massage

2018 Mudita School of Thai Massage

Certificate

Thai yoga massage

2015 YogaCampus

Certificate

Pregnancy Yoga

2013 Ashtanga Yoga Paris

Certificate

200h Yoga Teacher Training

2012 Ashtanga Yoga Paris

200h Yoga Teacher Training

2002 Sofia University

I have a MA in Linguistics

Vocational Qualifications

First Aid

Hobbies and Interests

I have been practicing yoga for almost 20 years and I don't see it as a hobby as it is a huge part of my life. I sing in a choir. I love walking in nature and I love mountains and coastal paths. I go to the theatre a lot and I find that nowadays I read mostly books about how our bodies and minds work. I grow food.

CV created at www.spastaff.com

