

# Curriculum Vitae

Male

D.O.B. 31 March 1965

Number of years working in industry:

26 years 0 months



**Candidate ID Number:** 136710

**Nationality:** Italian

**Language Skills:**

Fluent: German, Italian

Good: English

Basic: Spanish

**Permitted to work in:** European Union

**Position Sought:** Massage Therapist, Holistic Therapist, Shiatsu

## Personal Statement

A flexible, committed individual with excellent communication and customer care skills. Good team player with a positive outlook and the desire to learn. Conscientious and personable, dedicated to pursuing excellence in the workplace.

## Employment History:

**May 2020 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Ischia , Italy, ( Hotel Spa)

### Duties included:

- Working as a massage therapist, Performing different types of massages, sometimes on day or evening shifts as well.
- Explaining massages, treatments, and therapies to guests and providing suitable recommendations as needed.
- Keep work area clean and neat at all times.

**Career Break** - Training - industry-related

**March 2015 - October 2019 - Massage Therapist** at HOTEL TERME TRITONE RESORT & SPA , Ischia, Italy, ( Hotel Spa)

### Duties included:

- Performing 25, 50, 80, and 110-minute massage treatments.
- Maintain the highest standard of personal hygiene, appearance, and dress at all times.
- Performing cleaning duties.

### Products worked with:

Maria Galland

**Career Break** - Training - industry-related

**March 2006 - October 2014 - Massage Therapist** at Hotel Miramare e Castello, Ischia, Italy, (5 Star Hotel Spa)

**Duties included:**

Working as a massage therapist, sometimes on day or evening shifts as well. Acknowledging and responding to relevant customer queries, needs and expectations. Consulting with clients to gauge their massage needs and preferences and adjusting techniques to meet their individual needs Advising with clients to schedule appointment and sessions.

- Informing the client about available massage treatments and providing advice as to which treatments may be the most beneficial to the client.

- Performing therapeutic massages and applying the correct level of pressure to specific areas of the body

- Providing clients with advice about things like posture, relaxation techniques and stretching, for improved general wellbeing

- Maintain the team work, keep the work place tidy and clean therapy rooms.

**Products worked with:**

[ comfort zone ] Italy® - Skin Care and SPA Treatments ...

**Career Break** - Training - industry-related

**January 2006 - February 2006 - Massage Therapist** at Winter Olympics Games Torino 2006, Torino, Italy, (5 Star Hotel Spa)

**Duties included:**

2006 Winter Season

WINTER OLYMPIC GAMES (Shiatsu)

TORINO, ITALY

(Working with Participants at the Olympic Games) as Shiatsu Therapist

**December 2003 - April 2005 - Massage Therapist** at SPORHOTEL EUROPA, Saas Fee, Switzerland, ( Hotel Spa)

**Duties included:**

- Scheduling appointments with clients and developing individual treatment plans to address their issues and reach health goals delivering a full range of holistic treatments to clients.
- Maintain massage room with supplies and ensure neatness across shift
- Attending training sessions for treatment techniques

**Products worked with:**

La Prairie Massage Cream

**Career Break** - Training - industry-related

**May 2000 - November 2002 - Massage Therapist** at Excelsior Belvedere Hotel & Spa, Ischia, Italy, (5 Star Hotel Spa)

**Duties included:**

- Performing therapeutic massages and applying the correct level of pressure to specific areas of the body.
- Maintain the provision of amenities and towels, this includes stocking fresh ones and collecting used ones and delivering them to the needful delivery points.
- Maintaining high standards of cleanliness inside and outside the spa.

**Career Break** - Training - industry-related

**December 2000 - March 2001 - Massage Therapist** at Hotel Sonne , Zermatt, Switzerland, ( Hotel Spa)

**Duties included:**

- Performing 25, 50, 60, and 90-minute massage treatments.
- Guiding clients through the service offerings, helping them to choose what type of massage would be most appropriate for them.
- Attending training sessions for treatment techniques.
- Keep work area clean and neat at all times.

**Career Break** - Training - industry-related

**December 1998 - April 1999 - Massage Therapist** at Kulm Hotel , St. Moritz , Switzerland, (5 Star Hotel Spa)

**Duties included:**

- Working as a massage therapist, Performing different types of massages, sometimes on day or evening shifts as well.
- Acknowledge and respond to relevant customer queries, needs and expectations.
- Uphold hygiene standards and follow health and safety regulations

**Education and Qualifications:**

**1995 Sem Aesthetics and Massage School Ischia (Italy)**

Professional skills

Shiatsu, Swedish classic massage, Foot reflexology, Manual lymphatic drainage, Traditional Thai massage, Ayurvedic massage, Shirodhara Indian massage, Anti-cellulite massage, Aroma massage, Sports massage, Candle massage, Californian massage, Cupping therapy, moxibustion therapy, Body Scrub

**1979 Scuola Media Statale Giovanni Scotti**

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**Hobbies and Interests**

My hobbies

Hiking, cycling, reading, travelling, sport.

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